

RESEARCH RESULTS DISSEMINATED/PRESENTED IN FORA, CONFERENCE, SYMPOSIA, ETC.

Presenter	Title of Research	Activity/Event Where Presented	Date and Place
Ruben L. Tagare, Jr.	Interests, Characteristics, and Preferences of Generation Z Students in Rural Communities: Basis for Contextualizing the Philippine PATH-Fit Program	8th IOHSK International Conference	May 22-24, 2025 - Hybrid
Ruben L. Tagare, Jr.	PATH-Fit in Philippine Higher Education: Exploring Challenges and Suggestions of Physical Education Teachers Towards Strategic Interventions	7th IOHSK International Conference	July 2024 – UST, Manila
Kenneth G. Gallego Ruben L. Tagare, Jr.	The Nutritional Awareness and Eating Habits of Generation Z Students: A Cross Comparative and Correlation Analysis	2nd Physical Education and Exercise and Sports Sciences Student Research Conference	May 4, 2024 - Zoom
Ruben L. Tagare, Jr.	Navigating Excellence in Physical Education: Threading the Challenges, Suggestions, and Insights of Teachers Towards an Improved PATH-Fit Implementation	2nd Physical Education and Exercise and Sports Sciences Student Research Conference	May 4, 2024 - Zoom
Ruben L. Tagare, Jr.	Activity Preferences of Generation Z Students for Tertiary Physical Education: Implications for Curriculum Enhancement	National Physical Education Teachers' Convention	December 1-3, 2022 – Baguio City, Philippines

Ruben L. Tagare, Jr.	Back to In-Person Classes in the Philippine Basic Education: Threading the Opportunities and Limitations in the Teaching of Physical Education	4th International Conference of Arts and Sciences	September 21-2022 - Zoom
Datu Ibrahim S. Angkay II Ruben L. Tagare, Jr.	Teaching Tertiary Physical Education in the New Normal: Gains, Drawbacks, and Suggestions	IOHSK International Virtual Conference	March 17-19, 2022
Danie John S. Asio Ruben L. Tagare, Jr.	Probing the Early Teaching Experiences of Newly Hired Physical Education Teachers: Implication for Curriculum Enhancement	IOHSK International Virtual Conference	March 17-19, 2022
Rhealen P. Camariñas Ruben L. Tagare, Jr.	Private Tertiary Students' Unspoken Thoughts in Learning Physical Education Amidst COVID-19 Pandemic Implications for Intervention	IOHSK International Virtual Conference	March 17-19, 2022
Izle Jane Gapa Ruben L. Tagare, Jr.	Dropped Interest: Generation Z Students' Demotivating Reasons on Gradual Dislike of Sports and Recreation	IOHSK International Virtual Conference	March 17-19, 2022
Kathleen Pascua Ruben L. Tagare, Jr.	New Normal Education in Action: The Untold Stories of Senior High School Physical Education Teachers	IOHSK International Virtual Conference	March 17-19, 2022

Izle Shane Gapa Helen Grace D. Lopez	Challenges Experience on Online Learning in Physical Education Course Among Tertiary Students Amidst COVID-19 Pandemic	IOHSK International Virtual Conference	March 17-19, 2022
Karen Faith Lotino Helen Grace D. Lopez	Activity Promotion Behaviors of Secondary School Teachers During COVID-19	IOHSK International Virtual Conference	March 17-19, 2022
Queen Norhanna M. Choy Marlene E. Orfrecio	Online Learning in Action: A Qualitative Inquiry on the Computer Operation and Technology Integration in Teaching Tertiary Physical Education	IOHSK International Virtual Conference	March 17-19, 2022
Ian Mark Pasaquian Marichu A. Calixtro	The Teaching Strategies, Drawbacks, and Coping Mechanism of College Physical Education Teachers Amidst New Normal Education: A Phenomenological Inquiry	IOHSK International Virtual Conference	March 17-19, 2022
Ruben L. Tagare, Jr.	Generation Z Students' Concepts on Physical Education: Basis for Course Contextualization	Research Colloquium for K To 12 AY 2016 and 2017 Scholarship for Graduate Studies Local (SGS – L) Scholars	August 24, 2021
Steffany Anne C. Poblador Ruben L. Tagare, Jr.	The Travails of Senior High School Teachers in Teaching Sports Track During the K to 12 Transition Years: A Phenomenological Analysis	3rd International Conference of Arts and Sciences	September 22 & 23, 2021

Ruben L. Tagare, Jr.	Physical Education Engagement and Adaptability of Gen Z Learners: Implications for Curriculum Enhancement	7th International Teacher Education Student Conference	November 23 – 24, 2020 – Zoom Conference
Ruben L. Tagare, Jr.	Physical Education Activity Preferences of Generation Z Learners: Implications For Course Contextualization	7th International Teacher Education Student Conference	November 23 – 24, 2020 – Zoom Conference
Ruben L. Tagare, Jr.	Understanding Cultural Values and Symbols of the Gen Z Learners: Basis for Course Contextualization	3rd International Conference on Future of Education	October 23 – 30, 2020 – Zoom Conference
Ruben L. Tagare, Jr.	Implementation of RA 10533: Drawbacks in the Delivery of Tertiary Physical Education among the Generation Z Learners	2nd International Conference of Arts and Sciences	September 29 – 30, 2020
Cheeze R. Janito	State of Learning Resources in the Implementation of Special Program in the Arts of Third Congressional District of North Cotabato, Philippines	International Conference on Education, Environment and Agriculture (ICEEA 2020)	November 19-20, 2022
Cheeze R. Janito	State of Learning Resources in the Implementation of Special Program in the Arts of Third Congressional District of North Cotabato, Philippines	APCORE 2020 INTERNATIONAL VIRTUAL CONFERENCE	December 2-4, 2020

Cheeze R. Janito	Evaluation of Learning Objectives on the Implimentation of Special Program in the Arts: Basis for Contextualization	18th International Student Scientific Conference	December 19, 2020
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University of the Immaculate Conception
GRADUATE SCHOOL

DGS - FO – 012A
Rev. 01 / 10/01/2016
Approved by: IQAC

Final DEFENSE ENDORSEMENT FORM

Control No. _____

Jegger Mata

Name of Student/ Candidate

Date: December 4, 2023

Master of Arts in Education major in Physical Education

Program of Study

Title of the Thesis / Dissertation:

**BODY IMAGE, EATING HABITS AND STUDENTS' MOTIVATION TOWARD
PHYSICAL ACTIVITY: A CORRELATIONAL STUDY**

Dear **Dr. Dayaganon,**

I have reviewed and fully endorsed the **proposal** manuscript attached for evaluation.

Thank you.

DR. PORFERIA S. PORALAN

Thesis / Dissertation Adviser
(Signature over Printed Name)

Date/Time of Defense: **December 11, 2023 10, AM**
(Onsite)

Panel Chair: Dr. Thelma Alderite

Panel Member: Dr. Sylvia Pidor

Panel Member: Dr. Nida Matutino (Online)

Panel Member: Mr. Ruben Tagare (External) (Online)

Approved by:

Dr. Mary Jane Amoquis

Dean, Graduate School

An applicant for Thesis / Dissertation Proposal Defense should have accomplished the following before s/he is granted approval:

1. Completed all academic requirements vouched by a Certificate of Completion issued by the Registrar
2. Taken review class with the major subject teachers
3. Passed the Comprehensive Examinations in all required subjects vouched by a Certification from the Graduate School Dean
4. For Doctoral students, must have conducted a Public Forum
5. Enrolled and attended classes in Thesis / Dissertation Writing and assigned to an adviser
6. Written the Thesis / Dissertation proposal following the prescribed UIC format

Procedure for Proposal Defense:

1. Secures and fills up a proposal defense endorsement form from the Administrative Assistant to be signed by the adviser.
2. Pays the proposal defense fee at the cashier
3. Submits the receipt to the Administrative Assistant and the manuscript, (7) for Doctorate student (5) for Masteral student to the assigned panels and adviser.
4. Endorses the candidate to the Program Coordinator for the schedule.
5. Asks the Program Coordinator on the proposed member of the panel to be approved by the Dean
6. Schedules the proposal oral defense.



University of the Immaculate Conception
GRADUATE SCHOOL

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Rev. 01 / 10/01/2016
Approved by: IQAC

APPLICATION PROPOSAL DEFENSE

Control No. _____

I, **JEGGER MATA** a student of **Master of Arts in Education major in Physical Education**

Name of Applicant

Course

respectfully request the office of the dean of graduate school that I be given APPROVAL to present my thesis/ dissertation proposal before the members of the examination/ defense panel for **proposal defense**.

I swear to the best of my knowledge that I had passed the comprehensive examinations given on
AUGUST 15-17, 2022 covering all required subjects.

Furthermore, I am aware that I have to submit my manuscript with the photocopy of the receipt of payments, not later than seven (7) days before the tentative date of my defense. I further know that if I fail to submit my manuscript on the specified period, the university reserves the right to reschedule the defense in such a way that it would not be prejudicial to either party; and that I am solely responsible for the delay of my defense.

JEGGER MATA

Applicant

Date: December 5, 2022

Recommended by:

Endorsed by:


DR. PORFERIA S. PORALAN
Adviser


DR. PORFERIA S. PORALAN
Course Coordinator

Approved by:


DR. MARY JANE B. AMOGUIS
Dean, Graduate School



University of the Immaculate Conception
GRADUATE SCHOOL

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Approved by: IQAC

PROPOSAL DEFENSE ENDORSEMENT FORM

Control No. _____

Mr. Lester B. Biscayno

Name of Student/ Candidate

Date: January 24, 2024.

Master of Arts Education Major in Physical Education

Program of Study

Title of the Thesis / Dissertation: Basic Psychological Needs of Students in Physical Education:
The role of Inclusive Teaching Practices and Differentiated Instruction of Physical Education
among Private Universities.

Dear **Dr. Amoguis**,

I have reviewed and fully endorsed the final manuscript attached for evaluation.

Thank you.

JO-ANN Y. SOLOMON EdD

Thesis / Dissertation Adviser

(Signature over Printed Name)

Date/Time of Defense: January 27, 2024

Panel Chair: Dr. Avee Joy Dayaganon

Panel Member: Dr. Porferia S. Poralan

Panel Member: Prof. Ronell Cervera

Panel Member: Prof. Ruben Tagare

Panel Member:

Approved by:


DR. MARY JANE B. AMOGUIS
Dean, Graduate School

An applicant for Thesis / Dissertation Proposal Defense should have accomplished the following before s/he is granted approval:

1. Completed all academic requirements vouched by a Certificate of Completion issued by the Registrar
2. Taken review class with the major subject teachers
3. Passed the Comprehensive Examinations in all required subjects vouched by a Certification from the Graduate School Dean
4. For Doctoral students, must have conducted a Public Forum
5. Enrolled and attended classes in Thesis / Dissertation Writing and assigned to an adviser
6. Written the Thesis / Dissertation proposal following the prescribed UIC format

Procedure for Proposal Defense:

1. Secures and fills up a proposal defense endorsement form from the Administrative Assistant to be signed by the adviser.
2. Pays the proposal defense fee at the cashier
3. Submits the receipt to the Administrative Assistant and the manuscript, (7) for Doctorate student (5) for Masteral student to the assigned panels and adviser.
4. Endorses the candidate to the Program Coordinator for the schedule.
5. Asks the Program Coordinator on the proposed member of the panel to be approved by the Dean
6. Schedules the proposal oral defense.



University of the Immaculate Conception
GRADUATE SCHOOL

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APPLICATION PROPOSAL DEFENSE

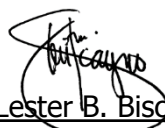
Control No. _____

I, **Lester B. Biscayno** a student of **MAED-PE**, respectfully request the office of the dean of graduate school that I be given APPROVAL to present my thesis/ dissertation proposal before the members of the examination/ defense panel for **Proposal Defense**.

I swear to the best of my knowledge that I had passed the comprehensive examinations given on July-August 2023, covering all required subjects; that I had conducted my public forum on November 11, 2023, at University of the Immaculate Conception, Graduate School.

Venue

Furthermore, I am aware that I have to submit my manuscript with the photocopy of the receipt of payments, not later than seven (7) days before the tentative date of my defense. I further know that if I fail to submit my manuscript on the specified period, the university reserves the right to reschedule the defense in such a way that it would not be prejudicial to either party; and that I am solely responsible for the delay of my defense.

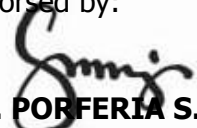

Mr. Lester B. Biscayno
Applicant

Date January 24, 2024

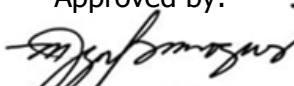
Recommended by:

JO-ANN Y. SOLOMON EdD
Adviser

Endorsed by:


DR. PORFERIA S. PORALAN
Course Coordinator

Approved by:


DR. MARY JANE B. AMOGUIS
Dean, Graduate School



University of the Immaculate Conception
GRADUATE SCHOOL

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Approved by: IQAC

PROPOSAL DEFENSE ENDORSEMENT FORM

Control No. _____

KLYDE RAFFY M. PACRES

Name of Student/ Candidate
MAEd – PE

Program of Study

January 20, 2024

Date

Title of the Thesis / Dissertation:

SPORTS ENGAGEMENT AND LEADERSHIP IN SPORTS AS DETERMINANTS OF SELF-EFFICACY AMONG STUDENT-ATHLETES IN PUBLIC SCHOOLS

Dear **Dr. Amoguis**

I have reviewed and fully endorsed the final manuscript attached for evaluation.

Thank you.

Mr. Ronell C. Cervera

Thesis / Dissertation Adviser
(Signature over Printed Name)

Date/Time of Defense: **Jan. 27, 2024, 10AM (F2F)**

Panel Chair: Dr. Jo-ann Y. Solomon

Panel Member: Dr. Avee Joy B. Dayaganon

Panel Member: Dr. Porferia S. Poralan

Panel Member: Dr. Ruben Tagare

Panel Member:

Approved by:

Dr. Mary Jane B. Amoguis

Dean, Graduate School

An applicant for Thesis / Dissertation Proposal Defense should have accomplished the following before s/he is granted approval:

1. Completed all academic requirements vouched by a Certificate of Completion issued by the Registrar
2. Taken review class with the major subject teachers
3. Passed the Comprehensive Examinations in all required subjects vouched by a Certification from the Graduate School Dean
4. For Doctoral students, must have conducted a Public Forum
5. Enrolled and attended classes in Thesis / Dissertation Writing and assigned to an adviser
6. Written the Thesis / Dissertation proposal following the prescribed UIC format

Procedure for Proposal Defense:

1. Secures and fills up a proposal defense endorsement form from the Administrative Assistant to be signed by the adviser.
2. Pays the proposal defense fee at the cashier
3. Submits the receipt to the Administrative Assistant and the manuscript, (7) for Doctorate student (5) for Masteral student to the assigned panels and adviser.
4. Endorses the candidate to the Program Coordinator for the schedule.
5. Asks the Program Coordinator on the proposed member of the panel to be approved by the Dean
6. Schedules the proposal oral defense.



University of the Immaculate Conception
GRADUATE SCHOOL

DGS - FO – 012B
Rev. 01 / 10/01/2016
Approved by: IQAC

APPLICATION PROPOSAL DEFENSE

Control No. _____

I, Klyde Raffy M. Pacres, a student of Master of Arts in Education major in PE, respectfully
Name of Applicant Course
request the office of the dean of graduate school that I be given APPROVAL to present my thesis/
dissertation proposal before the members of the examination/ defense panel for
Thesis I.

I swear to the best of my knowledge that I had passed the comprehensive examinations given
on August 10, 11, and 12, 2023 covering all required subjects; that I had conducted my public
Forum on (inclusive dates & year)

November 11, 2023 at UNIVERSITY OF THE IMMACULATE CONCEPTION-BONIFACIO CAMPUS
Date Venue

Furthermore, I am aware that I have to submit my manuscript with the photocopy of the receipt
of payments, not later than seven (7) days before the tentative date of my defense. I further
know that if I fail to submit my manuscript on the specified period, the university reserves the
right to reschedule the defense in such a way that it would not be prejudicial to either party; and
that I am solely responsible for the delay of my defense.


KLYDE RAFFY M. PACRES
Applicant

Date: January 20, 2024

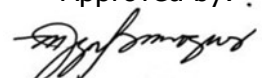
Recommended by:


Mr. Ronell C. Cervera
Adviser

Endorsed by:


Dr. Porferia S. Poralan
Course Coordinator

Approved by: .


Dr. Mary Jane B. Amoguis
Dean, Graduate School

ENDORSEMENT FORM

Control No. _____

KARA ANGELA E. OPISO

Name of Student/ Candidate

Date: JANUARY 27, 2024

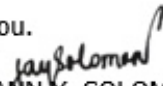
Master of Arts Education Major in Physical Education
Program of Study

Title of the Thesis / Dissertation: Grit and Situational Motivation in Physical Education as Predictors of Leisure Activity Participation among College Students.

Dear **Dr. Amoguis**,

I have reviewed and fully endorsed the final manuscript attached for evaluation.

Thank you.


JO-ANNY Y. SOLOMON (d)
Thesis / Dissertation Adviser
(Signature over Printed Name)

Date/Time of Defense: January 26, 2024, 5PM Onsite
Panel Chair: Dr. Porferia S. Poralan
Panel Member: Prof. Regine Micalbin
Panel Member: Dr. Edna T. Salva
Panel Member: Prof. Ruben Taqare (Online)
Panel Member:



Approved by:

DR. MARY JANE B. AMOGUIS
Dean, Graduate School

An applicant for Thesis / Dissertation Proposal Defense should have accomplished the following before s/he is granted approval:

1. Completed all academic requirements vouched by a Certificate of Completion issued by the Registrar.
2. Taken review class with the major subject teachers.
3. Passed the Comprehensive Examinations in all required subjects vouched by a Certification from the Graduate School Dean.
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5. Asks the Program Coordinator on the proposed member of the panel to be approved by the Dean.
6. Schedules the proposal oral defense.