

RESEARCH RESULTS DISSEMINATED/PRESENTED IN FORA, CONFERENCE, SYMPOSIA, ETC.

Presenter	Title of Research	Activity/Event Where Presented	Date and Place
Ruben L. Tagare, Jr.	Interests, Characteristics, and Preferences of Generation Z Students in Rural Communities: Basis for Contextualizing the Philippine PATH-Fit Program	8th IOHSK International Conference	May 22-24, 2025 - Hybrid
Ruben L. Tagare, Jr.	PATH-Fit in Philippine Higher Education: Exploring Challenges and Suggestions of Physical Education Teachers Towards Strategic Interventions	7th IOHSK International Conference	July 2024 – UST, Manila
Kenneth G. Gallego Ruben L. Tagare, Jr.	The Nutritional Awareness and Eating Habits of Generation Z Students: A Cross Comparative and Correlation Analysis	2nd Physical Education and Exercise and Sports Sciences Student Research Conference	May 4, 2024 - Zoom
Ruben L. Tagare, Jr.	Navigating Excellence in Physical Education: Threading the Challenges, Suggestions, and Insights of Teachers Towards an Improved PATH-Fit Implementation	2nd Physical Education and Exercise and Sports Sciences Student Research Conference	May 4, 2024 - Zoom
Ruben L. Tagare, Jr.	Activity Preferences of Generation Z Students for Tertiary Physical Education: Implications for Curriculum Enhancement	National Physical Education Teachers' Convention	December 1-3, 2022 – Baguio City, Philippines

Ruben L. Tagare, Jr.	Back to In-Person Classes in the Philippine Basic Education: Threading the Opportunities and Limitations in the Teaching of Physical Education	4th International Conference of Arts and Sciences	September 21-2022 - Zoom
Datu Ibrahim S. Angkay II Ruben L. Tagare, Jr.	Teaching Tertiary Physical Education in the New Normal: Gains, Drawbacks, and Suggestions	IOHSK International Virtual Conference	March 17-19, 2022
Danie John S. Asio Ruben L. Tagare, Jr.	Probing the Early Teaching Experiences of Newly Hired Physical Education Teachers: Implication for Curriculum Enhancement	IOHSK International Virtual Conference	March 17-19, 2022
Rhealen P. Camariñas Ruben L. Tagare, Jr.	Private Tertiary Students' Unspoken Thoughts in Learning Physical Education Amidst COVID-19 Pandemic Implications for Intervention	IOHSK International Virtual Conference	March 17-19, 2022
Izle Jane Gapa Ruben L. Tagare, Jr.	Dropped Interest: Generation Z Students' Demotivating Reasons on Gradual Dislike of Sports and Recreation	IOHSK International Virtual Conference	March 17-19, 2022
Kathleen Pascua Ruben L. Tagare, Jr.	New Normal Education in Action: The Untold Stories of Senior High School Physical Education Teachers	IOHSK International Virtual Conference	March 17-19, 2022

Izle Shane Gapa Helen Grace D. Lopez	Challenges Experience on Online Learning in Physical Education Course Among Tertiary Students Amidst COVID-19 Pandemic	IOHSK International Virtual Conference	March 17-19, 2022
Karen Faith Lotino Helen Grace D. Lopez	Activity Promotion Behaviors of Secondary School Teachers During COVID-19	IOHSK International Virtual Conference	March 17-19, 2022
Queen Norhanna M. Choy Marlene E. Orfrecio	Online Learning in Action: A Qualitative Inquiry on the Computer Operation and Technology Integration in Teaching Tertiary Physical Education	IOHSK International Virtual Conference	March 17-19, 2022
Ian Mark Pasaquian Marichu A. Calixtro	The Teaching Strategies, Drawbacks, and Coping Mechanism of College Physical Education Teachers Amidst New Normal Education: A Phenomenological Inquiry	IOHSK International Virtual Conference	March 17-19, 2022
Ruben L. Tagare, Jr.	Generation Z Students' Concepts on Physical Education: Basis for Course Contextualization	Research Colloquium for K To 12 AY 2016 and 2017 Scholarship for Graduate Studies Local (SGS – L) Scholars	August 24, 2021
Steffany Anne C. Poblador Ruben L. Tagare, Jr.	The Travails of Senior High School Teachers in Teaching Sports Track During the K to 12 Transition Years: A Phenomenological Analysis	3rd International Conference of Arts and Sciences	September 22 & 23, 2021

Ruben L. Tagare, Jr.	Physical Education Engagement and Adaptability of Gen Z Learners: Implications for Curriculum Enhancement	7th International Teacher Education Student Conference	November 23 – 24, 2020 – Zoom Conference
Ruben L. Tagare, Jr.	Physical Education Activity Preferences of Generation Z Learners: Implications For Course Contextualization	7th International Teacher Education Student Conference	November 23 – 24, 2020 – Zoom Conference
Ruben L. Tagare, Jr.	Understanding Cultural Values and Symbols of the Gen Z Learners: Basis for Course Contextualization	3rd International Conference on Future of Education	October 23 – 30, 2020 – Zoom Conference
Ruben L. Tagare, Jr.	Implementation of RA 10533: Drawbacks in the Delivery of Tertiary Physical Education among the Generation Z Learners	2nd International Conference of Arts and Sciences	September 29 – 30, 2020
Cheeze R. Janito	State of Learning Resources in the Implementation of Special Program in the Arts of Third Congressional District of North Cotabato, Philippines	International Conference on Education, Environment and Agriculture (ICEEA 2020)	November 19-20, 2022
Cheeze R. Janito	State of Learning Resources in the Implementation of Special Program in the Arts of Third Congressional District of North Cotabato, Philippines	APCORE 2020 INTERNATIONAL VIRTUAL CONFERENCE	December 2-4, 2020

Cheeze R. Janito	Evaluation of Learning Objectives on the Implimentation of Special Program in the Arts: Basis for Contextualization	18th International Student Scientific Conference	December 19, 2020
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Prepared by:



RUBEN L. TAGARE, JR., PhD
College Research Coordinator

RESEARCH TRAINING (IN-SERVICE)

The table below shows the opportunities for research development and capacity building supported by the University.

Type of Activity (e.g., advanced studies, upgrading, retooling, etc.)	Title of Training	Sponsoring Agency	Year Conducted	No. of Trained Faculty/Staff
Upgrading	Training-Workshop on Project Design and Evaluation	USM	2025	50
Upgrading	Training on Organic Coffee and Cacao Production Management	USM	2025	120
Upgrading	Training-Workshop on Bookmaking	USM	2025	80
Upgrading	Traditional Language Documentation	USM	2025	70
Upgrading	Crop Protection Training Workshop	USM	2024	142
Upgrading	Impact Assessment Training	USM, DOST-PCAARRD	2024	47
Upgrading	Data Analytics Training	USM, UPLB	2024	30
Upgrading	Training on Research Design, Extension, and Micro-credentials	USM, UPLB	2023	100
Upgrading	Webinar on Outcomes-ased Teaching & Learning Design & Development of Courses Adapting Flexible Delivery Modes	USM	2020	50
Retooling	Seminar-Workshop on Developing Print-Based Instructional Materials	Extension Services Center-USM	2020	30
Upgrading	Magazine Writeshop of the SOXAARRDEC knowledge Management Cluster	SOCCSKSARGEN Agriculture, Aquatic and Natural Resources Research	2020	1

		and Development Consortium		
Upgrading	Write shop for External Funding	USM	2020	15
Upgrading	Conceptualization and Workshop for CASS Journal	CASS	2020	20
Upgrading	Workshop on IEC Materials Development	University Extension Services Office	2020	25
Upgrading	Workshop on IEC Materials Development	University Extension Services Office	2020	25
Upgrading	Training-Workshop on Showcasing Your rand: Enhancing Persuasive Presentation Skills	SOCCSKSARGEN Agriculture, Aquatic and Natural Resources Research and Development Consortium	2020	1
Retooling	Research Publication Workshop	Research Publication Services Office & Research And Development Office, USM	2020	20
Retooling	Writeshop on Technical and Scientific Writing	Research and Development Office-USM	2019	30
Upgrading	Training Workshop on Plagiarism Prevention Policies	USM	2019	100
Upgrading	Gender Mainstreaming in the Curriculum Seminar- Workshop	USM	2019	50
Retooling	Seminarr-Workshop on Outcomes-Based Education and Outcomes-ased Teaching and Learning	USM	2019	100

Upgrading	Training Workshop on Plagiarism Prevention Policies	USM	2019	150
Upgrading	Planning, Monitoring and Evaluation for Development Results	CAARRDEC	2019	100
Retooling	Seminar-Workshop on Outcomes-Based Education and Outcomes-based Teaching and Learning (Syllabus Design)	USM	2019	100
Upgrading	Seminar-Training on Tourism Management	Research and Development Office-USM	2019	30
Retooling	Online Indexing System	USM	2019	25
Upgrading	Seminar on Harmonization, Coordination and Cooperation of Research, Extension & Publication Services in University of Southern Mindanao	Research and Development Office-USM	2018	47
Upgrading	Research Proposal Writeshop For Internal and External Funding	Research and Development Office-USM	2018	38
Retooling	Faculty Training for the New General Education Courses (Purposive Communication)	USM	2018	21
Upgrading	Research Proposal Writeshop	Research and Development Office	2018	42

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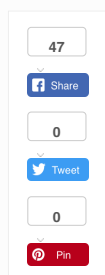
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USM-SERDAC, ESO Conduct Training-Workshop on Project Design and Evaluation

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Published by Rey John Cortez at June 3, 2025



Kabacan, Cotabato — The University of Southern Mindanao Satellite Socio-Economic Research and Data Analytics Center (USM-SERDAC), in coordination with the Extension Services Office (ESO), successfully conducted a three-day Training-Workshop on Project Design and Evaluation on May 26-28, 2025, at the Kundo E. Pahm Learning Resource Center, USM.

The training-workshop gathered College Extension Coordinators (CECs), faculty members, and staff from various colleges to strengthen their capabilities in planning, designing, and evaluating extension projects—an essential part of ensuring that the university's extension programs and research have a meaningful and lasting impact on its partner communities.

Sessions were led by Atty. Karlo Martin C. Caramugan, EnP, and Dr. Roberto S. Deluna Jr., who delivered in-depth lectures on project design frameworks, evaluation tools, and strategies for evidence-based planning.

Participants engaged in hands-on workshops, group exercises, and output presentations, which were followed by critiquing and feedback from the resource speakers. These interactive sessions allowed attendees to apply their learning directly and refine their proposed project plans based on expert input.

The workshop supports USM's commitment to inclusive, data-informed development and reinforces SERDAC and ESO's mission to promote research-based planning and responsive community programs.



Rey John Cortez



Extension Editor and Staff

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Carmen Agriculture Office Partners USM on Organic Coffee, Cacao Training

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Published by Rey John Cortez at April 15, 2025

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Kabacan, Cotabato—To strengthen local capacity in sustainable agriculture, the Office of the Municipal Agriculturist of Carmen tapped the University of Southern Mindanao (USM) to provide a lecture and venue for specialized training on organic coffee and cacao production and management on April 15, 2025, at USM, Kabacan.

The requested training aims to equip farmers, agricultural technicians, and local entrepreneurs with best practices and essential knowledge in sustainable coffee and cacao farming. Topics include soil management, pest control, post-harvest processing, and value chain enhancement.



The training was facilitated by Mr. Rezin C. Cabantug and Ms. Sheena Lucena—both USM Science Research Specialists, as requested by the Local Government Unit (LGU) of Carmen. Twenty-five organic farmers and farm owners participated in a field demonstration on the proper maintenance, propagation, and post-harvest processing of organic coffee and cacao. The participants engaged in hands-on activities covering correct crop propagation, fertilization practices, pruning and sleaving techniques, and post-production methods.

As part of the training, they also visited the Rubber-Based Cacao System (RBCS) site, where they learned about intercropping methods and how these can enhance farm productivity.

Mrs. Judilyn B. Española, Organic Agriculture Focal Person of the Office of the Municipal Agriculturist, shared that the training aims to provide farmers with much-needed knowledge and practical inputs to address low production in the field.

"Our farmers are facing major production challenges due to limited knowledge in crop management, that's why we partnered with USM—to help them learn proper techniques in managing their cacao and coffee farms," she said.

The training concluded with an open forum, where participants shared insights, raised questions, and clarified techniques discussed during the sessions.

This initiative marks another step in fostering collaboration between academic institutions and local government units in advancing sustainable and inclusive agricultural development in Region XII.





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USM-ESO Conducts Training-Workshop on Bookmaking, Invites Language Experts from SIL

Home > News > USM-ESO Conducts Training-Workshop on Bookmaking, Invites Language Experts from SIL

Published by Rey John Cortez at March 21, 2025



Kabacan, Cotabato – The University of Southern Mindanao Extension Services Office (USM-ESO) successfully hosted a three-day Training-Workshop on Bookmaking and Bloom App User's Training-Workshop from March 17 to 19, 2025, at the USM Commercial Building.

The workshop aimed to equip participants with the skills to create and develop big books, decodable books, leveled books, and other instructional materials essential for academic content. This initiative aligns with the *Unibersidad at Kuminidad* (UniK) program of ESO for 2025, which seeks to document and preserve the cultural heritage of the Bagobo-Tagabawa in Kasunayan, Makilala, along with other communities supported by the university.



A total of 35 participants attended the event, representing various offices and colleges, including the College of Social Sciences – Department of English Language and Literature (CASS-DELL), Graduate School, Research Development Office (RDO), College of Business, Development, Economics, and Management (CBDEM), and faculty extension implementers.



Language experts from the Summer Institute of Linguistics (SIL)—the world's largest linguistic organization—led the sessions. Maria Cecilia Osorio-Van Zante, MA, Literary and Education Consultant of SIL-Phils, and Manuel S. Tamayao, Senior Archivist at SIL-Phils,

served as the resource persons. SIL-Phils Training Specialist Ricky A. Agdahan also joined the workshop, facilitating afternoon sessions.

The event provided a valuable platform for educators and professionals to enhance their expertise in Instructional Educational Communication (IEC) material development, reinforcing USM's commitment to quality education and innovation.



Rey John Cortez
Extension Editor and Staff

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USM-RDE Hosts Crop Protection Training Workshop By NCPC Los Baños

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Published by Rahima A. Cabunto at October 31, 2024

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USM-RDE Hosts Crop Protection Training Workshop By NCPC Los Baños

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The University of Southern Mindanao-Research, Development & Extension (USM-RDE), headed by Dr. Debbie Marie B. Verzosa, hosted a two-day training workshop titled *Upskilling of Crop Protection Practitioners and Teachers: Updates on Biological Control Agents and Rapid Test Kits*, conducted free by the National Crop Protection Center (NCPC) of UP Los Baños. This training commenced on October 28, 2024, at the University of Southern Mindanao Agricultural Research and Development Center (USMARDC) Auditorium.

The resource persons for this training were Dr. Barbara L. Caoli, NCPC director, along with NCPC researchers, including Scientist Melissa P. Montecalvo, Ms. Joedel dG. Padilla, Mr. Randolph N. Candano, Mr. Jasper A. Sarmiento, and Ms. Arra Gaylon. The training aimed to enhance the skills of educators and technical personnel in using biological control agents and rapid test kits for detecting pesticide residues.

Participants included faculty members from agriculture colleges across various state universities and colleges in Mindanao, along with practitioners from local agricultural offices.

On the final day of the training, October 29, 2024, NCPC provided participants with hands-on activities involving biological control agents and the rapid test kit (RTK) at the USM Commercial Building. A post-test was administered to all participants afterward. Additionally, all participants who passed the exam and completed the sessions were awarded Continuing Professional Development (CPD) certificate.



GRATULATIONS





Rahima A. Cabunto

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USM-RDE Hosts Impact Assessment Training by DOST-PCAARRD

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Published by Rahima A. Cabunto at October 10, 2024

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The University of Southern Mindanao (USM) through the Office of the Vice President for Research, Development & Extension hosted a three-day **Impact Assessment Training and Research Proposal Development Workshop** on October 9, 2024, at the USM Skyroom, Administration Building, Kabacan, Cotabato.

The resource persons for this activity were Assoc. Prof. Angelo R. Agduma, Assoc. Prof. Jennet R. Mag-aso, and Prof. Willie Jones B. Saliling, who attended a three-week intensive training conducted by the Department of Science and Technology (DOST) – Philippine Council for Agriculture, Aquatic, and Natural Resources Research and Development (PCAARRD). Consequently, DOST-PCAARRD identified the three USM participants as potential recipients of funding for conducting impact assessments and sent Joville Andrea P. Foliente and Kyle Cristel D. Morada, project training specialists from the Socio-Economic Research Division (SERD) of DOST-PCAARRD, to extend further support to the University.



College Extension Coordinators (CECs) and College Research Coordinators (CRCs), including those from the USM-PALMA Cluster Campuses and USM Kidapawan City Campus (USM-KCC), were invited to join the training in order to develop their capacity to conduct impact assessments, ensuring that government research funds are utilized effectively and transparently.

Glyn G. Magbanua, PhD, Director of the Extension Services Office (ESO), and Lydia C. Pascual, PhD, Director of the Research Development Office (RDO), were also in attendance.

During the first day, Prof. Agduma and Prof. Saliling, shared their expertise on the basic concepts of IA during the initial sessions.

"Impact assessment is increasingly important because we want to be accountable to how government funds are used. It involves a lot of measurements... You have to know what kind of measurements are required in IA so that in future projects, we can provide documentation showing where the government's money is going." Debbie Marie B. Verzosa, PhD, Vice President for Research, Development & Extension uttered in her opening remarks.

Further topics and discussions will be handled by PCAARRD in the upcoming sessions until the final day.



Rahima A. Cabunto



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CERTIFICATE OF PRESENTATION

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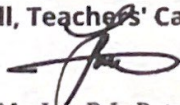
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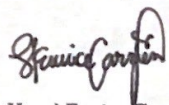
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for his meritorious role as PRESENTER of his research titled: "Activity preferences of generation Z students for tertiary physical education: Implications for curriculum enhancement"
during the conduct of
2022 National Physical Education Teachers Convention
with the theme: "Cultivating the Philippine Physical Education Community into Greater Heights"
on December 1-3, 2022 at Teachers' Camp, Baguio City.

Given this 3rd day of December, in the year of our Lord, Two Thousand and Twenty Two
at Benitez Hall, Teachers' Camp, Baguio City.


Mr. Joshua Ben Villareal
Technical Manager
1PhysEd.Ph


Mr. Jay-R L. Beterbo
Founder/Program Director
1PhysEd.Ph


Ms. Hazel Eunice Carmen
Program and Events Manager
1PhysEd.Ph

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Certificate of Presentation

International Organization for Health, Sports, and Kinesiology

This Certificate is Awarded to

Ruben L. Tagare, Jr.

In Recognition of the **Oral Presentation** at the IOHSK International Virtual Conference on March 17-19, 2022, Entitled ***“Probing the Early Teaching Experiences of Newly Hired Physical Education Teachers: Implication for Curriculum Enhancement”***

March 25, 2022

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Ruben Lagunero Tagare Jr <tagareruben@usm.edu.ph>

[Track A29] Conference Proposal: Accepted

2 messages

IOHSK JOHSK <office@iohsk.org>

Thu, Mar 3, 2022 at 4:27 PM

To: tagareruben@usm.edu.ph, datuibrahimangkay@usm.edu.ph, IOHSK JOHSK <office@iohsk.org>



Notification Date: March 3, 2022

Assigned Proposal No: **Track A29**

Dear Datu Ibrahim S. Angkay & **Ruben L. Tagare, Jr.**,

Congratulations! We are pleased to inform you that your proposal, entitled "Teaching Tertiary Physical Education in the New Normal: Gains, Drawbacks, and Suggestions", submitted to the international virtual conference on March 17-19 is accepted for oral presentation, a maximum of 12 minutes!

1. Your pre-recorded video file in mp4 format should be uploaded by **Monday, March 7, 6:00 pm in the US Pacific Time** (Los Angeles Time Zone). Please upload your video file in mp4 format and up to 800 megabytes (MB) in size to <https://www.iohsk.org/submission2022-video>. The video file should provide a maximum of 12-minute recorded presentation using PowerPoint slides. The author(s) should be present and shown in the video. Audio only files will not be accepted and will be asked to resubmit. Your submitted presentation file in mp4 will be uploaded to <https://webinar.iohsk.org> that allows registered conference attendees to register and attend your presentation for 24 hours on March 17-19, 2022, using automated webinar technology. Registered conference attendees will register and wait for 5 minutes to enter your session. Live chat function will be added that will provide an active participation platform. You are not required to attend all sessions on March 17-19; however, your participation in your session will be highly expected and appreciated, which will also provide you with a great opportunity to interact with your audience, including Q&As. All presenting authors will receive a direct link to attend for their own session without webinar registration:

Sample A: Link required for conference attendees: <https://webinar.iohsk.org/webinar/registration/615ff966b2b4100018550010>

Sample B: Direct link without registration: <https://webinar.iohsk.org/webinar/watch/615ff966b2b4100018550010>

2. Attached please find your submitted proposal in the pdf that was used for the review process. You will have one time revision if necessary, prior to publication in JOHSK, 2022, Volume 3, Issue 1(s), at www.johsk.com.

3. All authors/presenters listed are required to register for the conference at <https://bit.ly/33by2M0> and pay the conference registration fee at <https://www.iohsk.org/2022payment>. Registration fees vary depending on country category (country areas 1 to 4) and current member status (faculty, graduate student, undergraduate, or general) - please see page 4 at <https://bit.ly/3eKpWwp>

4. Conference Presenter's Headshot Request: Please fill out the form <https://bit.ly/33QRoqn> with your **headshot by March 6, 2022, 6:00 pm** in the US Pacific Time. Your headshot will be used for the conference program and Webinar speaker information seen in Sample A & B in Item 1 above.

5. Again, congratulations! We thank you for your excellent proposal and look forward to receiving your presentation video file. If you have any questions, please feel free to contact us at office@iohsk.org.

Sincerely,

Conference Organizing Committee & Board of Directors, IOHSK (www.iohsk.org)



RV_Track A29_030122_Datu A_Teaching Tertiary Physical Education in the New Normal.pdf

79K

Datu Ibrahim Angkay II <datuibrahimangkay@usm.edu.ph>

Thu, Mar 3, 2022 at 5:00 PM

To: IOHSK JOHSK <office@iohsk.org>

Cc: tagareruben@usm.edu.ph

I accept the invitation.

[Quoted text hidden]

Confidentiality Note:

TA-29

Teaching Tertiary Physical Education in the New Normal: Gains, Drawbacks, and Suggestions

The difficulty on the current situation brought by the COVID-19 Pandemic around the globe resulted in the students' insufficient knowledge, most especially in Physical Education subjects. It happens as the closure of institutions, colleges, and universities are closed immediately. In the Philippines, there are studies concerning medical fields and other necessary fields on front in fighting with the virus; however, few chose to talk about the gains, drawbacks, and suggestions based on teachers teaching at the tertiary level. Hence, this research was realized, and it aimed to identify the favorable experiences of Tertiary Physical Education Teachers; determine the problems and challenges of Tertiary Physical Education Teachers; and generate sensible and feasible suggestions from the research participants to further improve the delivery of tertiary Physical Education and Health courses amidst the COVID-19 Pandemic. The data gathering method used was an In-Depth Interview. Research participants from selected schools in Cotabato Province in Mindanao, Philippines, were involved in an informal, unstructured, and open-ended type of interview to make the participants comfortable conceptualizing their thoughts and have the freedom to organize them into essential categories. In this paper, the tertiary physical education teachers have seen to cope with the fast-paced new normal era and developed the character of resiliency. Thus, the tertiary physical education teachers have been creative than ever as they make the subject engaging despite the unfitted mode of teaching required for physical education. Moreover, conclusions and recommendations are based on the research findings.

Keywords: Gains and Drawbacks; Tertiary Physical Education Teachers; New Normal; COVID-19 Pandemic; Lived Experiences; Phenomenology

Comments:

1. Re-Format the proposal for publication with subheadings (Introduction, Purpose, Methods....)



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International Virtual Conference



March | 17-19 | 2022

California/USA

Webinar 00:00-24:00 (72 Hours)



WEBINAR

CONFERENCE PROGRAM

Coping with COVID-19: Physical Education, Sports, Kinesiology, & Health

Dr. James F. Sallis
University of California, San Diego
www.drjmsallis.org

KEYNOTE PRESENTATION
Why Keep the Multiple Benefits of Physical Activity During the COVID-19 Pandemic a Secret?

International Conference
March 17-19, 2022

COVID-19's Effects on Sport Marketing

Virtual March 17-19, 2022

Dr. Brian Turner
Professor & Coordinator of the Graduate Sport Management
Department of Human Sciences
College of Education and Human Ecology
The Ohio State University, USA
<https://ohio.osu.edu/human-sciences/>

International Conference
March 17-19, 2022

Physical Activity & Cognitive Neuroscience

Virtual March 17-19, 2022

Dr. Yu-Kai Chang
Research Chair Professor
Department of Physical Education & Sport Sciences
National Taiwan Normal University

International Conference
March 17-19, 2022

International Development & Peace Through Sport: University of Tsukuba Program

Virtual March 17-19, 2022

Dr. Takahiro Sato
Professor & Chair
International Development & Peace Through Sport
Faculty of Health and Sport Sciences
University of Tsukuba, Japan
<https://hsp.tsukuba.ac.jp/>

International Conference
March 17-19, 2022

Thailand Olympic Academy

Virtual March 17-19, 2022

Dr. Supit Samahito
Vice President
National Olympic Committee
Thailand

Dr. Suriyan Somphong
Thailand Olympic Academy &
Suan Sunandha Rajabhat
University

Dr. Nipat Ungpakornkaew
Committee Member
Thailand Olympic Academy

International Conference
March 17-19, 2022

Pediatric Exercise, Behavioral Intervention and Mental Health

Virtual March 17-19, 2022

Dr. Wagner Prado
Department of Kinesiology
California State University, San Bernardino, USA

Dr. Mara Cristina Lofrano do Prado
Department of Kinesiology
California State University, San Bernardino, USA

International Conference
March 17-19, 2022

COVID-19 and Teaching Physical Education in Schools

Virtual March 17-19, 2022

Dr. Ferman Kuskman
Assistant Professor, Department of Physical Education
College of Education
Sakarya University, Turkey
<http://teachphys.edu.tr/~fckuskman/>

TITLE	PRESENTER	REGISTRATION
1. Keynote Speak: Why Keep the Multiple Benefits of Physical Activity During the COVID-19 Pandemic a Secret?	Dr. James F. Sallis , Distinguished Professor Emeritus, University of California, San Diego & Australian Catholic University, Melbourne	WEBINAR
2. Invited Session Speak: COVID-19's Effects on Sport Marketing	Dr. Brian Turner , The Ohio State University, USA	WEBINAR
3. Invited Session Speak: Physical Activity and Cognitive Neuroscience	Dr. Yu-Kai Chang , National Taiwan Normal University, Taiwan)	WEBINAR
4. Invited Session Speak: Introduction of Joint Master's Program of International Development and Peace Through Sport at University of Tsukuba and National Institute of Fitness and Sport in Kanoya	Dr. Takahiro Sato , Professor & Chair, International Development & Peace Through Sport, Faculty of Health and Sport Sciences, University of Tsukuba, Japan)	WEBINAR
5. Invited Session Speak: The Academy of Olympism: Thailand Olympic Academy	Dr. Suriyan Somphong , Thailand Olympic Academy & Suan Sunandha Rajabhat University, Dr. Supit Samahito , Vice President National Olympic Committee Thailand, Dr. Nipat Ungpakornkaew , Committee Thailand Olympic Academy)	WEBINAR

6.	Invited Session Speak: Pediatric Exercise, Behavioral Intervention, and Mental Health	Dr. Wagner Prado (California State University, San Bernardino, USA)	 WEBINAR
7.	Invited Session Speak: Behavioral Intervention and Mental Health in Adolescents with Obesity	Dr. Mara Cristina Lofrano do Prado (California State University, San Bernardino, USA)	 WEBINAR
8.	Invited Session Speak: COVID-19 and Teaching Physical Education in Schools	Dr. Ferman Konukman (Qatar University, Qatar)	 WEBINAR

A/B. ORIGINAL RESEARCH ORAL/POSTER PRESENTATION

9.	Attitudes of Selected Filipino High School Students Toward Physical Education (A01)	Jovy D. Gallardo (Colegio San Agustin-Makati, Philippines)	 WEBINAR
10.	The Relationship Between Functional Movement Screening Test (FMS) and Upper Limb Function in Female Players (A02)	Hamid Abdulsada Kadhlm Al_Akrh (Iraq) (University Tehran, Iran)	 WEBINAR
11.	Effect of Ball Handling Drills on Developing Eye-Hand Coordination among University level Netball Players (A03)	Welikala S.H., Samarakoon H.L.S.P., Athauda A.M.S., Jayarathna B.A.S.D.D., Wijethunga W.M.N. (University of Sri Jayewardenepura, Sri Lanka)	 WEBINAR
12.	Self-Identity and Empowerment Mechanism of Physically Challenged Student Athlete (A04)	Ma. Windee N. Ireneo (Moscote-Rios National High School, Philippines)	 WEBINAR
13.	Challenges and Opportunities in Remote Learning Physical Education (A05)	Niño Yu Ybañez (University of the Philippines Cebu, Philippines)	 WEBINAR
14.	The UAAP Schools Quality Assurance Program as Correlate to Athletes' Academic Performance and Sports Standing: An Input for a Proposed Enhanced Quality Assurance Athletics Program (A08)	Rebecca L. Adri (University of Santo Tomas, Philippines)	 WEBINAR
15.	Examining the Relationship Between Concussion Incidence and Mental Health in Active Collegiate Athletes (A09)	Srdjan Lemez & Jordan Hernandez (California State Polytechnic University, Pomona, USA)	 WEBINAR
16.	Who am I? Exploring the transition out of sport of a former National Football League player (A10)	Srdjan Lemez (California State Polytechnic University, Pomona, USA)	 WEBINAR
17.	Reference Value for Active Healthy Adults Ages 19-29: Normative Data and Differences Between Sex (A14)	Skye Cho & Young Sub Kwon (California State Polytechnic University, Humboldt, USA)	 WEBINAR
18.	Assessing Learners' Performances in Physical Education in the New Normal: Teachers' Experiences (A15)	Alvin Francis B. Ambe (Notre Dame of Dadiangas University, Philippines), Cesar J. Pagulong (Holy Name University, Philippines) Rovie Gretchel P. Bucad (Mindanao State University-Iligan Institute of Technology, Philippines)	 WEBINAR
19.	Driven to Drive: The Relationship Between the Demographic Characteristics and Motivation of Filipino Cycling Enthusiasts During the COVID-19 Pandemic (A18)	Michael David T. Lopez, Marco Israel V. Erlano, Josh Royce RC. Garcia, Gabriell R. Viado, Arniel Y. Villariquez, Carlo Miguel P. Deocareza (University of Santo Tomas, Philippines)	 WEBINAR
20.	Physical Education Teachers' Body Type: Its Influence to Health Information (A19)	Darwin Conrad Delizo (Baguio City National Science High School, Philippines)	 WEBINAR
21.	Online Learning in Action: A Qualitative Inquiry on the Computer Operation and Technology Integration in Teaching Tertiary Physical Education (A20)	Queen Norhanna M. Choy & Marlene E. Orfecio (University of Southern Mindanao, Philippines)	 WEBINAR
22.	Perceived Social Support as an Antecedent of Sport Confidence Among Selected University of Santo Tomas (UST) Collegiate Student-Athletes (A22)	Michael David T. Lopez, Erwin Rommel A. Ramilo, Terence Gerard G. Dantay, Mika Lorenzo M. Galarosa, Jamaicah DM. Ramos, Steven Xavier C. Talag (University of Santo Tomas, Philippines)	 WEBINAR

23.	Physical Activity and Psychological Well-Being Among Selected Academic Staff of the University of Santo Tomas (A24)	Louie Rein Becasio, Kelvin, Rheigner Chan, Angelo Raphael Abella, Ian Joseph Herrera, Miguel Nicolas, Jesse Kirei Tan (University of Santo Tomas, Philippines)	 WEBINAR
24.	The Effect of Online Coaching on Basic Dribbling Skills in Basketball (A25)	Richmond S. Soriano, John Israel M. Antonio, Lathrell John G. Castro, Jose Rafael T. Cuya, Kenneth Brian C. Saita (University of Santo Tomas, Philippines)	 WEBINAR
25.	The Impact of the COVID-19 Pandemic on the Sports Science Undergraduates Education (A26)	Srinath Udayachandran, Wijethunga W.M.N. (University of Sri Jayewardenepura, Sri Lanka)	 WEBINAR
26.	The Effects of Descending Resistance Sets Compared to Constant Resistance Sets on the Volume Completed During a Back Squat Exercise (A27)	Jason Meyer, Young Sub Kwon (California State Polytechnic University, Humboldt, USA)	 WEBINAR
27.	Teaching Tertiary Physical Education in the New Normal: Gains, Drawbacks, and Suggestions (A29)	Ruben L. Tagare, Jr, Datu Ibrahim S. Angkay (University of Southern Mindanao, Philippines)	 WEBINAR
28.	Probing the Early Teaching Experiences of Newly Hired Physical Education Teachers: Implication for Curriculum Enhancement (A30)	Ruben L. Tagare, Jr, Danie John C. Asio (University of Southern Mindanao, Philippines)	 WEBINAR
29.	Effects of Parental Separation to the Learning of Tertiary Students: A Qualitative Inquiry (A31)	Genevieve B. Redlfin (University of Southern Mindanao, Philippines)	 WEBINAR
30.	Activity Promotion Behaviors of Secondary School Teachers During COVID-19 (A32)	Karen Faith Lotino, Helen Grace D. Lopez (University of Southern Mindanao, Philippines)	 WEBINAR
31.	Challenges Experience on Online Learning in Physical Education Course Among Tertiary Students Amidst COVID-19 Pandemic (A33)	Izle Shane Gapa, Helen Grace D. Lopez (University of Southern Mindanao, Philippines)	 WEBINAR
32.	Magnesium Supplementation to Professional Athletes: Optimal Types of Magnesium and Their Doses (B01: Poster Presentation) – Webinar Link will be updated	Igor G. Bondarenko, Tomasz Jagielka (Polish Association for the Study of Magnesium, Poland), Krzysztof Wiktorowicz (Poznań University of Medical Sciences, Poland)	 WEBINAR
33.	Private Tertiary Students' Unspoken Thoughts in Learning Physical Education Amidst COVID-19 Pandemic: Implications for Intervention (A35/C03)	Rhealen P. Camariñas, Ruben Lagunero Tagare Jr. (University of Southern Mindanao, Philippines)	 WEBINAR
34.	Interest: Generation Z Students' Demotivating Reasons on Gradual Dislike of Sports and Recreation (A36/C04)	Izle Jane Maygay Gapa, Ruben L. Tagare, Jr (University of Southern Mindanao, Philippines)	 WEBINAR
35.	New Normal Education in Action: The Untold Stories of Senior High School Physical Education Teachers (A37/C05)	Kathleen M. Pascua, Ruben L. Tagare, Jr (University of Southern Mindanao, Philippines)	 WEBINAR
36.	The Teaching Strategies, Drawbacks, and Coping Mechanism of College Physical Education Teachers amidst New Normal Education: A Phenomenological Inquiry (A38/C08)	Ian Mark Pasaquian, Marichu A. Calixtro (University of Southern Mindanao, Philippines)	 WEBINAR

C. RESEARCH CRITIQUE ORAL PRESENTATION

37.	Research Critique on “What dose of Caffeine to Use: Acute Effects of 3 Doses of Caffeine on Muscle Endurance and Strength” (C06)	Jinkyung Park, Mary Griggers, Alexis Thompson, Grace Jackson, Jordan Ashcraft (Georgia College & State University, USA)	 WEBINAR
38.	Research Critique on “Effects of Home Confinement Due to COVID-19 Pandemic on Eccentric Hamstring Muscle Strength in Football Players” (C09)	Soon-Mi Choi, Lydia Acuna, Billie Roberts (Midwestern State University, USA)	 WEBINAR
39.	Research Critique on “COVID-19 and Its Impact on Student-Athlete Depression and Anxiety: The return to campus” (C10)	Casey J. Kimbro, Young Sub Kwon (California State Polytechnic University, Humboldt, USA)	 WEBINAR
40.	Research Critique on “Changes in OGTT-Derived Biomarkers in Response to Lifestyle Interventions Among Latino Adolescents with Obesity” (C11)	Joon Young Kim, Nathan Redmond (Syracuse University, NY, USA)	 WEBINAR

41.	Research Critique on “Visceral Adiposity Index Predicts the Conversion of Metabolically Healthy Obesity to an Unhealthy Phenotype” (C12)	Joon Young Kim, Sydney Davis (Syracuse University, NY, USA)	
42.	Research Critique on “Normative Values of College-Aged Men and Women for the YMCA Bench Press Test for Muscular Endurance” (C13)	Young Sub Kwon, Stephen Powers (California State Polytechnic University, Humboldt, USA)	
43.	Research Critique on “Higher Cardiorespiratory Fitness is Strongly Associated with Lower Cardiovascular Risk Factors in Firefighters: A Cross-Sectional Study in a German Fire Brigade” (C14)	Joon Young Kim, Sewina Yu (Syracuse University, NY, USA)	
44.	Research Critique on “Physical Activity and Screen Time among Youth with Autism: A Longitudinal Analysis from 9 to 18 Years” (C15)	Joon Young Kim, Emily Thiel (Syracuse University, NY, USA)	
45.	Research Critique on “Effect of University Students’ Sedentary Behavior on Stress, Anxiety and Depression” (C16)	Joon Young Kim, Leah Rozumov (Syracuse University, NY, USA)	
46.	Research Critique on “The Psychological Impact of Injury: Effects of Prior Sport and Exercise Involvement” (C17)	Jaeman Chung, Karlie Jones, Nathan Fitzpatrick, Hosung So (California State University San Bernardino, USA)	
47.	Research Critique on “Altered Nutrition Behavior during COVID-19 Pandemic Lockdown in Young Adults” (C18)	Chance Cadena, Vanessa Lozada, Jose Hernandez, Ralph Rivera, Hosung So (California State University San Bernardino, USA)	
48.	Research Critique on “The Meta-Analysis of the Relationship Between Children’s Physical Activity and Mental Health” (C19)	Betsaida Borjas, Jeannette Solorzano, Hosung So (California State University San Bernardino, USA)	
49.	Research Critique on “Physiological Adaptations to Resistance Training in Prepubertal Boys” (C20)	John Nombrado, Hosung So (California State University San Bernardino, USA)	
50.	Research Critique on: “Effects of Regular Classes in Outdoor Education Settings: A Systematic Review on Students’ Learning, Social and Health Dimensions” (C21)	Cory Simmons, Lilianna Espinoza, Salvador Torres, Vanessa Uribe, Hosung So (California State University San Bernardino, USA)	
51.	Research Critique on “Physical Activity and Mental Health” (C22)	Cayley Oravets, Luis Torres, Cristian Alvarez, Hosung So (California State University San Bernardino, USA)	

E. PEDAGOGICAL PRACTICES AND IDEAS

52.	Project 3Is (Least Learned Lesson): A New Normal Video Instruction Intervention in Teaching MAPEH 9 (E01)	Mark Nel Guerrero (Barobo National High School, Philippines)	
53.	Introduction of Kho-Kho : A Traditional Indian Sport (E02)	Chindhiyaa R S (YMCA College of Physical Education, India), Hosung So, Ph.D. (California State University, San Bernardino, USA)	
54.	Introduction of Boli Khela : A Traditional Game of Bangladesh (E03)	K.M. Tha-Ha Owasif Aurnob (University of Chittagong, Bangladesh), Hosung So, Ph.D. (California State University, San Bernardino, USA)	
55.	Introduction of Patintero (Block the Enemy Game): A Traditional Game of the Philippines (E04)	Louie Rein Becasio, Kelvin Rheigner Chan, Jose Rafael Cuya, Paul Raeioux Mendinueto, Jamaica Ramos (University of Santo Tomas, Philippines), Hosung So, Ph.D. (California State University, San Bernardino, USA)	
56.	Popular & Traditional Games in Kosovo (E05)	Eron Hoxha (University of Prishtina, Kosovo), Hosung So, Ph.D. (California State University, San Bernardino, USA)	