

PROFILE OF THE RESEARCH AND DEVELOPMENT HEADS

The table below illustrates the profile of research and development heads of the University and of the program under survey.

Head	Name	Educational Attainment	Specialization	No. of Years of R & D Experience
1. Institution' s R & D Head				
Vice Presidents for Research and Extension	Debbie Marie B. Verzosa	PhD	Mathematics Education	15
Director, USM Research and Development	Lydia Pascual	PhD	Chemistry	23
Director, Research Publication Services Office	Florence Roy P. Salvaña	PhD	Biology	13
2. Academic Unit's R&D Head				
Department Research Coordinator, Institute of Sports, Physical Education, and Recreation	Marlene E. Orfrecio	RN, EdD	Physical Education	11
College Research Coordinator, Institute of Sports, Physical Education, and Recreation	Ruben L. Tagare, Jr.	PhD	Physical Education and Sports	7

Prepared by:



RUBEN L. TAGARE, JR., PhD
College Research Coordinator

CURRICULUM VITAE



FLORENCE ROY P. SALVAÑA

PERSONAL DETAILS

Birthdate: May 28, 1990

Age: 34 yrs. Old

Present Address: Ma. Clara St., Poblacion Kabacan Cotabato

Permanent Address: Purok Kagitingan, Poblacion, Sta. Cruz, Davao del Sur

INSTITUTION:

Department of Biological Sciences

College of Science and Mathematics

UNIVERSITY OF SOUTHERN MINDANAO

9407 Kabacan, Cotabato

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Education

2017-2020 PhD in Botany (Economic Botany)

University of the Philippines Los Baños, College, Laguna

Dissertation Title: Toxicity of Selected Forages for Goats Raised in Halal Production System in SOCCSKSARGEN (Region XII)

2012-2015, MSc. in Botany (Plant Systematics)

University of the Philippines Los Baños, College, Laguna

Thesis title: A taxonomic reassessment of genus *Podocarpus* in the Philippines

2006-2011, BS Biology (Ecology)

University of Southern Mindanao, Kabacan, Cotabato

Thesis title: Benthic nematode community in the Regional Fisheries Research and Development Center, Brgy. Tagabuli, Sta. Cruz, Davao del Sur

Positions held

Associate Professor V- Department of Biological Sciences, College of Science and Mathematics, University of Southern Mindanao, Kabacan, Cotabato- (March 2024-Present)

Director- Research Publication Services Office, University of Southern Mindanao, Kabacan, Cotabato- (April 2025-Present)

Dean- Graduate School, University of Southern Mindanao, Kabacan, Cotabato- (June 2024-March 2025)

Associate Dean- Graduate School, University of Southern Mindanao, Kabacan, Cotabato- (January 2023-May 2024)

CURRICULUM VITAE

Project Leader (Extension)- BIONihan Para Sa Kalikasan 2.0: Community Empowerment Towards Conservation Extension Project- (January- December 2023)

Component Leader (Extension)- BIONihan Para sa Kalikasan in Columbio: Promoting Holistic Biodiversity Conservation through community partnership- (August 2023- Present)

Department Chairperson- Department of Biological Sciences, College of Science and Mathematics, University of Southern Mindanao, Kabacan, Cotabato- (August 2021-December 2022)

Component Leader- BIONihan Para sa Kalikasan: Promoting Holistic Biodiversity Conservation Through Community Partnership Extension Project- (January- December 2022)

Project Staff, Biodiversity Assessment in Key Areas for Wildlife And Nature Project (BAKAWAN Project): Assessment of Structural and Functional Biodiversity in Mangrove Ecosystem of Timaco Mangrove Swamp, Cotabato City, MOST BARMM (October 2022- March 2023)

Project Leader, Food for Life: Assessment of Wild Food Resources for Sustainable and Safe Food Production Among Local Communities in Ligawasan Marsh, NRCP-NSTEP Minda 2 (July 2022-October 2022)

Study Leader- Carbon Stock Potential of Agroforests in University of Southern Mindanao (USM) and Arakan Valley Agricultural School (AVAS) University of Southern Mindanao (January 2023-Present)

Study Leader- Assessment of Wildlife Encounters, Rescue and Trading in Protected Biodiversity Landscapes in North Cotabato. University of Southern Mindanao (January 2022-December 2022)

Project In-charge- University of Southern Mindanao Wildlife Rescue and Research Center (USM-WRRC) (January 2021- present)

Project Staff- Innovative Systems in Advancing Halal Goat Production in Region XII and ARMM, DOST-PCAARRD funded project (2016-2019)

External Thesis Reviewer- Graduate School, University of the Philippines Los Baños, College, Laguna- 1st Semester, 2016-2017; 1st Semester, 2019

Peer Reviewer- Bangladesh Journal of Plant Taxonomy (BJPT), The Thailand Natural History Museum Journal, Biodiversitas, Journal of Biological Diversity, Journal of Agricultural Research, Development, Extension and Technology (JARDET), Bicol University R&D Journal, Indian Journal of Agricultural Research- Agricultural Research Communication Center, Philippine Journal of Science (PJS)

Consultant for Flora- Biodiversity Assessment in Ligawasan Marsh Project (Research Project of University of Southern Mindanao and Maguindanao Development Foundation; Funded by: USAID through the Gerry Roxas Foundation)- (2016-2017)

Consultant/Field Researcher- Establishment of Permanent Monitoring Plot DENR-Kidapawan, South Cotabato, and Midasap, (July 18, 2016- December 22, 2016)

CURRICULUM VITAE

Adviser- USM Biology Club, University of Southern Mindanao (2015-2016, 2016-2017)

Technical Field Researcher/ Consultant for Plants- Wildlife Inventory and Biodiversity Assessment Project at the Impact Areas within Mt. Apo Natural Parks of Sibulan (Hedcor Biodiversity Project together with UP Mindanao)- (August 29-31, 2015; October 10-11, 2015)

Thesis Examiner- Institute of Biology, College of Science, University of the Philippines Diliman, Quezon City (2015)

Lecturer I- Institute of Biology, College of Science, University of the Philippines Diliman, Quezon City. (2014-2015)

Technical Field Researcher on Plants- Philippine Eagle Foundation, Malagos, Baguio District, Davao City (March-June, 2014)

Techniques and Skills Acquired

plant identification and nomenclature, plant distribution data gathering and processing, habitat description, simple statistics, teaching biology concepts, thesis and article review

Membership in Academic Societies

Wildlife Conservation Society of the Philippines
Philippine Network of Educators on Environment, Inc.
Association of Systematic Biologists of the Philippines
Philippine Native Plants Conservation Society, Inc.
Phi Sigma Biological Sciences Honor Society
National Research Council of the Philippines-Associate Member
IUCN SCC-Conifer Specialist Group

Research and Development Related Publications

1. Abler, C. C., Eril, S. M., Jaquias, L. B., Yabut, R. A., Domondon Jr, L. V., & **Salvaña, F. P.** (2024). New distribution record of *Podocarpus rumphii* Blume in the Philippines. *Thailand Natural History Museum Journal*, 18(2), 13-19.
2. Eril S.J., C.C. Abler., R.A. Yabut., D.E. Tabar., L.B. Jaquias., **F.P. Salvaña.**, B.P. Breñaña., C.M. Jumao-as., L.S. Manceras., L.V. Domondon., and C. Cano-Mangaoang. 2024. Pteridophytes in four key biodiversity areas of Columbio, Sultan Kudarat, Philippines. *Thailand Natural History Museum Journal* 18(2): 55–65.
3. Ambel, B. N. K., Matandog, N. D. A., Sumaya, N. P. D. N., **Salvaña, F. R. P.**, Bretana, B. L. P., & Cabasan, M. T. N. (2024). Nematode Community Structure in *Musa acuminata* Colla (Lakatan) Farms with Continuous Cropping System. *Pakistan Journal of Nematology*, 42(1), 66-80.

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4. Demapitan, M., **Salvaña, FRP**, Cano-Mangaoang, C. 2023. Community structure and regeneration capacity of mangrove forests. *Environ Exp Biol* (2023) 21: 111–117
5. Emejas Jr, D.P., Jumao-As, C.M. and **Salvaña, F.R.P.** 2023. Identification of common fungal pathogens of dragon fruit (*Hylocereus undatus*) in Sarangani Province, Philippines. *Environ Exp Biol* (2023) 21: 93–99.
6. Jumao-as, C.M., **Salvaña, F.R.P.**, Flores, A.B.A., Eril, S.J.M., Yabut, R.F.A., Abler, C.A.C., Tanabe, M.E.N., Amino, Z.C. and Cano-Mangaoang, C. 2023. New Distribution Record of Golden-crowned Flying Fox Roost (Pteropodidae: *Acerodon jubatus*) in Timaco Hill, Cotabato City, Bangsamoro Autonomous Region in Muslim Mindanao (BARMM). Philippines. *Philippine Journal of Science*. 152(5): 1847-1850.
7. **Salvaña FRP**. 2023. Histochemical Analysis of *Gmelina arborea* Roxb. and its Implications as Forage for Goats. *Agricultural Science Digest*. 43(1): 28-33.
8. **Salvaña FRP**, Sepelagio EG, Sanchez CB, Cardenas LB. 2021. A survey of forage-related toxicities in goats in Region XII, Philippines. *Journal of Livestock Science* 12: 170-175.
9. Sanchez CB, **Salvaña FRP**, Sepelagio EG, Cardenas LB. 2020. Challenges in goat production faced by Halal goat raisers in Region XII (SOCCSKSARGEN), Philippines. *Agricultural Science Digest* 40(1): 77-83.
10. **Salvaña FRP**, Sepelagio EG, Sanchez CB. 2020. A new record of ethno-veterinary practice using *Tinospora rumphii* Boerl. among goat raisers in Southern Mindanao, Philippines. *Journal on New Biological Reports* 9(1): 60-63.
11. **Salvaña FRP**. 2019. Morphological and histochemical characterization of callus from leaf explant of *Tagetes lucida* Cav. (Asteraceae). *Journal on New Biological Reports* 8(3): 172-178.
12. **Salvaña FRP** and Arnibal SLT. 2019. Importance of indigenous communities' knowledge and perception in achieving biodiversity conservation: A case study from Manobo tribe of Southern Mindanao, Philippines. *Asian Journal of Ethnobiology* 2(2): 21-28.
13. **Salvaña FRP**, Sepelagio EG, Sanchez CB, Besana CM, Kamamang JS, Cardenas LB. 2019. Inventory and diversity of forages utilized by farmers raising goats in Halal way: The case of Region XII, Philippines. *Journal of Livestock Science* 10: 118-125.
14. **Salvaña FRP**, Dacutan CJJ, Mangaoang CC, Bretaña BLP. 2019. Comparison of aboveground biomass estimation in two forest types using different allometric equations. *Journal on New Biological Reports* 8(3): 155-163.
15. Zapanta BR, Achondo MJM, Raganas AFM, Camino F, Delima AG, Mantiquilla J, Puentespina R, Jr., **Salvaña FRP**. 2019. Species richness of trees in disturbed habitats within a protected area and its implications conservation: The case of Mt. Apo Natural Park (MANP), Mindanao Island, Philippines. *Biodiversitas: Journal of Biological Diversity* 20(7): 2081-2091.
16. **Salvaña FR**, Lopez CK, Mangaoang CC, Bretaña BLP. 2019. Diversity and Community Structure of Trees in Two Forest Types in Mt. Apo Natural Park (MANP), Philippines. *Biodiversitas: Journal of Biological Diversity* 20(7): 1794-1801.
17. **Salvaña FR**, Eco K, Madarcos NR, Bautista N. 2019. Leaf morphology characterization and cluster analysis of *Vitex negundo* morphotypes. *Environmental and Experimental Biology* 17(2): 75-83.

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18. Navarra G, **Salvaña FRP**, Sepelagio EG, Sanchez CB, Besana CM, Manceras LS, Bra S. Species of forages utilized by farmers producing Halal goats in Bangsamoro Autonomous Region in Muslim Mindnao (BARMM), Philippines. *Asian Journal of Ethnobiology* 2(1): 1-7.
19. **Salvaña FR**, Gruezo WSm. 2018. Threatened Species of Genus *Podocarpus* in the Philippines. *Asian Journal of Conservation Biology* 7(2): 125-127.
20. **Salvaña FR**, Gruezo WSm, Hadsall A. 2018. Recent Taxonomic Notes and New Distribution Localities of *Podocarpus* Pers. Species in the Philippines. *SIBBALDIA: The Journal of Botanic Garden Horticulture* No.16: 99-120.
21. Tanalgo KC, Teves R, **Salvaña FRP**, Baleva R, and Tabora JAG. 2016. Human-Bat Interaction in Caves of South Central Mindanao, Philippines. *Wildlife Biology in Practice* 12(1): 1-14.
22. **Salvaña, FRP**, Buot Jr. IE. 2014. Leaf Architectural Study of *Hoya coriacea*, *Hoya halconensis* and *Hoya buotii* (Apocynaceae). *International Research Journal of Biological Sciences* 3(3):37-44.
23. Agduma AR, Achondo MJMM, Bretana BLP, Bello VP, Remollo LL, Mancao LS, Supremo JP, Salem JGC, **Salvaña FRP**. Diversity of Vascular Plant Species in an Agroforest: The Case of a Rubber (*Hevea brasiliensis*) Plantation in Makilala, North, Cotabato. *Philippine Journal of Crop Science* 36(3): 57-64.



EDUCATION:

Doctor of Education major in Physical Education
2017 (Southwestern University, Cebu City)

Master of Arts in Teaching Human Kinetics
2014 (Southwestern University, Cebu City)

Bachelor of Science in Nursing
2006 (North Valley College Foundation Incorporated)

Bachelor of Secondary Education major in Physical Education: 1997 (University of Southern Mindanao)

Contact

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HBF Compound, Purok 1, Binoligan,
Kidapawan City

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Work Experience:

Faculty (June 2007- Present) – Institute of Sports Physical Education and Recreation, University of Southern Mindanao, Kabacan Cotabato.

Research and Extension Coordinator — Institute of Sports Physical Education and Recreation (ISPEAR)

Internal Auditor: International Standards Organization (University of Southern Mindanao)

Fellow: International Federation Physical Education, Fitness and Sports Science Association

Member: International Organization for Health, Sports and Kinesiology

Member: International Association of Physical Education and Sports Incorporated

Volunteer: Philippine Red Cross

Resource Speaker: International Seminar on Utility of Physical Education, Fitness, Wellness and Health in Present Scenario Department of Physical Education, University of Lucknow, U.P. India

Virtual Speaker: International E-conference: Promoting a Bright Active Future for Tomorrows Youth

: Online International Faculty Development Program: 'Futuristic Approach for Quality in Education, Innovation and Assessment with New and Normal COVID-19

: International Webinar on Latest Trends in Physical Education

: 1st Regional Teacher Education Research Conference on May 27, 2022: Capacitating the Fourth Industrial Revolution (FIR) Skills of Educators in the New Normal.

: Advancement for Physical Education Curriculum Development in the New Normal; The Key to Successful Implementation.

Over-all Chairperson: International Webinar on Physical Education, Sports Science, and Fitness for Better Normal

AWARDS:

: Outstanding Faculty-Student Research Presentation - IOHSK International Virtual Conference on 17-19 March 2022

: Presidential Award - International Organization for Health, Sports, and Kinesiology April 2, 2022



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Associate Professor IV

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Birthdate: June 4, 1994
Birthplace: Lambayong, Sultan Kudarat, Philippines
Sex: Male
Civil Status: Single
Present Address: Door 3, ATI Bldg., Blk. 1, USM Faculty Housing, Poblacion, Kabacan, Cotabato, Philippines 9407



ACADEMIC HISTORY

ADAMSON UNIVERSITY – Manila, Philippines
Doctor of Philosophy in Education (Physical Education and Sports)
Meritissimus / Summa Cum Laude
2021 – 2025

UNIVERSITAS NEGERI YOGYAKARTA – Yogyakarta, Indonesia
Doctor of Philosophy in Sports Science (Units Earned)
KNB International Scholarship Program
2020 – 2021

UNIVERSITY OF SAN CARLOS – Cebu City, Philippines
Master of Arts in Education major in Physical Education
CHED K-12 Graduate Program Scholarship
2017 – 2020

UNIVERSITY OF SOUTHERN MINDANAO – Kabacan, Cotabato, Philippines
Bachelor of Physical Education major in School Physical Education
2011 – 2016



WORK EXPERIENCE

UNIVERSITY OF SOUTHERN MINDANAO – Senior High School
Kabacan, Cotabato, Philippines
Instructor 1 (Contract of Service)
2016 – 2017

UNIVERSITY OF SOUTHERN MINDANAO – Institute of Sports, Physical Education, and Recreation
Kabacan, Cotabato, Philippines
Instructor 1 (June 20, 2018 – January 22, 2022)
Assistant Professor III (January 23, 2022 – March 21, 2024)
Associate Professor IV (March 22, 2024 – Present)



ELIGIBILITY

LICENSED PROFESSIONAL TEACHER
PRC License Number: 1533349

LICENSED MESSAGE THERAPIST
Technical Education and Skills Development Authority National Certification II



SERVICE RECOGNITIONS AND AWARDS

2024	Outstanding Research Presentation Award – 7 th IOHSK International Conference
2022	Best Research Presenter, National Physical Education Teachers Convention
2016	10 Outstanding Students of the Philippines Finalist
2016	President Garcia Outstanding Leadership Awardee
2016	Most Outstanding Student Leader of the Year



INTERNATIONAL EXCHANGE PROGRAMS AND FELLOWSHIPS

ASEAN - India Students Exchange Program *Bangalore; Hyderabad; Agra; New Delhi, India*
Fully Funded by the Confederation of Indian Industries and Philippine National Youth Commission
May 1 - 11, 2018

Global Youth Leaders Training and Learning Camp *National University of Singapore*
Organized by the National University of Singapore
August 6 – 10, 2015



LEADERSHIP BACKGROUND AND AFFILIATIONS

International Organization for Health, Sports, and Kinesiology (IOHKS)

Member (2020 – Present)

Board of Director (2025 – Present)

International Federation of Physical Education, Fitness, and Sports Science Association

Lifetime Member (2019 – Present)

Philippine Association of Researchers and Statistical Software Users, Inc.

Lifetime Member (2019 – Present)

Ten Outstanding Students of the Philippines Alumni Community

Lifetime Member (2016 – Present)

Philippine Folk Dance Society

Lifetime National Member (2017 – Present)

University of Southern Mindanao Board of Regents

Member, Student Regent (2015 – 2016)

University of Southern Mindanao - University Student Government

USG President (2015 – 2016)

USG Vice President (2014 – 2015)

Secretary of Internal and External Affairs (2014 – 2015)

Secretary of Budget and Finance (2011 – 2012)

Philippine Association of Campus Student Leaders

Mindanao President (2015 – 2016)

National Vice Chairman for Mindanao (2015 – 2016)

Institute of Sports, Physical Education, and Recreation - Local Student Government

LSG Governor for 2 Consecutive Terms (2012 – 2014)

University of Southern Mindanao - University Performing Arts Guild

Member (2014 – 2016)



RESEARCH PUBLICATIONS

Empowerment in Action: Exploring Social Self-Efficacy among Mindanawon's Adolescents

Multidisciplinary Reviews (SCOPUS) – April 2025

Strengthening future educators: How school climate shapes academic resilience in Physical Education teacher education students

Scientific Technical Journal of School Sports, Physical Education, and Psychomotricity (SCOPUS) – April 2025

The influence of teacher emotional support on academic engagement of university students: Examining the mediating role of academic motivation through the lens of Self-determination theory

Scientific Technical Journal of School Sports, Physical Education, and Psychomotricity (SCOPUS) – April 2025

It's Hard to Quit: The Exploration of the Reasons for Trouble Withdrawal with Smoking Habits Among Filipino Early Adult Men

Health and Addictions/Salud Y Drogas (SCOPUS) - March 2025

Navigating Excellence in Physical Education: Insights and Suggestions of Teachers Towards an Improved PATH-Fit Implementation in Philippine Higher Education

Research in Education and Learning Innovation Archives (Web of Science) - January 2025

Preparing for Face-to-Face Classes after COVID-19: Experiences and Best Practices of Elementary School Teachers

The International Journal of Interdisciplinary Educational Studies (SCOPUS) - January 2025

Investigating the Effect of a 12-Week Game Skill-based Activity in Physical Education to Enhance Movement Competence of Students: A Randomized Trial

Pedagogy of Physical Culture and Sports (SCOPUS) - January 2025

Interweaving Perceived Instructors' Emotional Support and Students' Academic Resilience in the Physical Education Context Through the Lens of Mindset and Attachment Theories

Scientific Technical Journal of School Sports, Physical Education, and Psychomotricity (SCOPUS) – January 2025

Driven by Grit, Inspired by Curiosity: Enhancing Students' Academic Engagement in Physical Education in the Higher Education System

Scientific Technical Journal of School Sports, Physical Education, and Psychomotricity (SCOPUS) – January 2025

Investigating the Local Culture and Characteristics of Gen Zs in Rural Communities: Insights in Improving Students' Physical Education Experience

Physical Culture and Sport. Studies and Research (SCOPUS) - December 2024

A Review on How the COVID-19 Pandemic Shaped Philippine Physical Education Teachers in the Grassroots

Croatian Journal of Education (SCOPUS) - November 2024

Evaluation of Hand-eye Coordination Fitness Test Performance in Folk Dance

Polish Journal of Physiotherapy (SCOPUS) - October 2024

Experiences, Motivation, Commitment, and Suggestions of Physical Education Teachers Amidst COVID-19 Crisis

EĞİTİM VE BİLİM (SCOPUS) - July 2024

The Role of Social Support in Shaping Students' Goal Achievement

The International Journal of Learner Diversity and Identities (SCOPUS) – July 2024

The Experiences of Non-Physical Education Generalist Teachers in Implementing PE in the Primary Grades: Implications for Capability Development Initiatives

International Electronic Journal of Elementary Education (SCOPUS) - March 2024

Probing the Early Teaching Experiences of Newly Hired Physical Education Teachers: Implications for Curriculum Enhancement

The Physical Educator (Web of Science) - April 2024

Probing the Early Teaching Experiences of Newly Hired Physical Education Teachers: Implications for Curriculum Enhancement

The Physical Educator (Web of Science) - April 2024

Back to In-person Classes in the Philippine Basic Education: Threading the Opportunities and Limitations in the Teaching of Physical Education

Retos - New Trends in Physical Education, Sports, and Recreation (SCOPUS) - January 2023

Exploring the Positive Experiences of Senior High School Teachers in Teaching the Sports Track during the K-12 Transition Years in Southern Philippines

Realia: Research in Education and Learning Innovation Archives (Web of Science) - July 2023

Phenomenological Probe on Senior High School Teachers' Experiences in Teaching Sports Track During the Transition Years of Philippine K To 12

Sportis (Web of Science Indexed) - January 2023

Dropped Interest: Generation Z Students' Demotivating Reasons on Gradual Dislike on Sports and Recreation

Sportis (Web of Science Indexed) - January 2023

Gen Z's Fitness Concepts and Ways to be Fit: Insights to Strengthen Students' Learning Experiences in Tertiary Physical Education

Journal for Educators, Teachers, and Trainers (Web of Science) - December 2022

Teaching Tertiary Physical Education in the New Normal: Gains, Drawbacks, and Suggestions

European Online Journal of Natural and Social Sciences 2022 (Web of Science) - August 2022

K to 12 Transition in Action: Threading the Opportunities and Challenges on the Implementation of Senior High School Sports Track in Southern Philippines

Edu Sportivo: Indonesian Journal of Physical Education - April 2022

Private Tertiary Students' Unspoken Thoughts in Learning Physical Education amidst COVID-19 Pandemic: Implications for intervention

Edu Sportivo: Indonesian Journal of Physical Education - April 2022

An Ethnographic Probe on the Cultural Values and Symbols of Generation Z Students: Implications for Course Contextualization

European Online Journal of Natural and Social Sciences 2022 (Web of Science) - March 2022

Activity Preferences of Generation Z Students for Tertiary Physical Education: Implications for Curriculum Enhancement

Multidisciplinary Journal for Education, Social and Technological Sciences (Web of Science) - March 1, 2021

Probing the Delivery of Tertiary Physical Education among the Gen Z Students in the Transition Years of Philippine K to 12

International Journal of Physical Education, Sports and Health - June 6, 2021

The Effectiveness of Existing Teaching Styles in the Teaching of Tertiary Physical Education to the Generation Z Learners

European Journal of Physical Education and Sport Science - September 2019



RESEARCH PRESENTATIONS

Interests, Characteristics, and Preferences of Generation Z Students in Rural Communities: Basis for Contextualizing the Philippine PATH-Fit Program

8th IOHSK International Conference – May 2024

PATH-Fit in Philippine Higher Education: Exploring Challenges and Suggestions of Physical Education Teachers Towards Strategic Interventions

7th IOHSK International Conference – July 2024

It's Hard to Quit: The Exploration on the Root Causes on Trouble Withdrawal with Smoking Habits among Early Adult Men

The Nutritional Awareness and Eating Habits of Generation Z Students: A Cross Comparative and Correlation Analysis

Navigating Excellence in Physical Education: Threading the Challenges, Suggestions, and Insights of Teachers Towards an Improved PATH-Fit Implementation

2nd Physical Education and Exercise and Sports Sciences Student Research Conference - May 4, 2024

Activity Preferences of Generation Z Students for Tertiary Physical Education: Implications for Curriculum Enhancement

2022 National Physical Education Teachers' Convention - December 1-3, 2022

Back to In-Person Classes in the Philippine Basic Education: Threading the Opportunities and Limitations in the Teaching of Physical Education

4th International Conference of Arts and Sciences - September 21-2022, 2022

New Normal Education in Action: The Untold Stories of Senior High School Physical Education Teachers Dropped Interest: Generation Z Students' Demotivating Reasons on Gradual Dislike of Sports and Recreation Private Tertiary Students' Unspoken Thoughts in Learning Physical Education Amidst COVID-19 Pandemic Implications for Intervention

Probing the Early Teaching Experiences of Newly Hired Physical Education Teachers: Implication for Curriculum Enhancement

Teaching Tertiary Physical Education in the New Normal: Gains, Drawbacks, and Suggestions

International Organization for Health, Sports, and Kinesiology Virtual Conference - March 17-19, 2022

The Travails of Senior High School Teachers in Teaching Sports Track During the K to 12 Transition Years: A Phenomenological Analysis

3rd International Conference of Arts and Sciences - September 22 & 23, 2021

Generation Z Students' Concepts on Physical Education: Basis for Course Contextualization

Research Colloquium for K To 12 AY 2016 and 2017 Scholarship for Graduate Studies Local (SGS – L) Scholars - August 24, 2021

Implementation of RA 10533: Drawbacks in the Delivery of Tertiary Physical Education among the Generation Z Learners

2nd International Conference of Arts and Sciences - September 29 – 30, 2020

Understanding Cultural Values and Symbols of the Gen Z Learners: Basis for Course Contextualization

3rd International Conference on Future of Education - October 23 – 30, 2020

Physical Education Activity Preferences of Generation Z Learners: Implications for Course Contextualization

Physical Education Engagement and Adaptability of Gen Z Learners: Implications for Curriculum Enhancement

7th International Teacher Education Student Conference - November 23 – 24, 2020



COMMUNITY SERVICES

Youth Against Illegal Drugs and Terrorism (KKDAT-KKK)

Component Leader and Resource Speaker for Infographic Making - *September 4 – October 5, 2020*

Intervention Program for Persons Withdrawn from Using Drugs (PWUD)

Facilitator - *October 12 – 24, 2020*

Assistance Initiative for Mindanao Earthquake Victims and Relief Distribution

Founding Head, Young Professionals of University of Southern Mindanao - *November 2 – 11, 2019*