

C. GUIDANCE PROGRAM

C.6 LIST OF STUDENTS WHO AVAILED OF THE COUNSELING SERVICE

SEMESTER/YEAR	NAME OF STUDENT	YEAR/COURSE/SECTION	DATE OF COUNSELING	REMARKS
1 ST SEM. 2022-23	ADDIE BENZONAN	1 BSBIO-C	SEPT. 6, 2022	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES
	SHOWIE HENOLDA	2 BS CHEM-A	SEPT. 6, 2022	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
	DANE SADORAL	1BSBIO-A	SEPT 19, 2022	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES
	JESAMINE ONG	2 BS MICRO -A	NOVEMBER 23, 2022	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES
2 ND SEM. 2022-23	4 BSBIO class	4 BSBIO-A	JANUARY 17, 2022	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES
	MR. CELIS	1 BSAM-A	JANUARY 19, 2023	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
	REY JOHN CORTEZ	3 BSBIO	MAR. 7, 2023	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
	JESSA SABANAL	1 BSBIO-B	AUGUST 29, 2023	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
	JOSHUA ESTIMADA	2 BS ENSCI	DECEMBER 11, 2023	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
2 ND SEM 23-24	BENIE ANGGA	4 BS AM	FEB. 12, 2024	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
	HELGA LINTONGAN	2 BSBIO	APR. 11, 2024	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES

	SITTIE RHEA DIMANALAO	2 BSMICRO-A	JUNE 19, 2024	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES
	JACINTH BILLONES	3 BSCEM	SEPT 23, 2024	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
	PRINCESS CAJUCOM CHRISTIAN CALFOFORO RONABAI MANTIL NORHANI MAULA CITADEL PONGOS HANS RUFEROS	4 BSMICRO	SEPT 24, 2024	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES
	DANETH ROSE ABRIGANA	3 BSCEM-A	OCT. 24, 2024	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES
2 ND SEM 2024-25	LANCE AMIR GO	3 BSBIO-ECO	FEBRUARY 27, 2025	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
	KC LERIN	4 BSBIO-ECO	MARCH 4, 2025	ADVISED FOR REFERRAL TO COUNSELING AND CAREER DIVISION FOR PROFESSIONAL INTERVENTION
	NIVEA SHEEN TABARA	4 BSBIO-ECO	MAR 22, 2025	ADVISED AS PER STUDENT HANDBOOK AND UNIVERSITY POLICIES

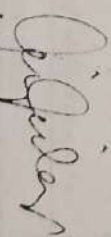
Prepared by:

 Digitally signed by Ele Renee Jane
Alvaro
Date: 2025.07.10
10:15:19
+08'00'

PROF. RENEE JANE A. ELE
CSM Guidance Coordinator

COUNSELING RECORD; January 2025- April 2025

Code	Department		Name of the Client	Home Address	Contact Details	CONCERNS/ ISSUES
2025.ISPEAR.01.07	ISPEAR	Referred		Alamada, Cotabato		grief/security concern/sole witness death of her lolo
2025.UIS.01.23	UIS	Referred		Kabacan, Cotabato		excessive worrying/academic difficulty/risk of failing
2025.CEIT.01.24	CEIT	Referred		Aringay, Kabacan, Cot.		suicidal thoughts, academic difficulties/ ES anxiety
2025.UIS.02.20	UIS	Referred		Poblacion Kabacan, Cot.		suicidal thoughts/extreme sadness/ES Depression
2025.CSM.02.27	CSM	Referred		Pop. Kabacan, Cot.		Excessive worrying/family concern/severe depression
2025.CEIT.03.04	CEIT	Referred		Pop. Kabacan, Cot.		Excessive worrying/suicidal thoughts/Severe dep. symp
2025.CED.03.07	CED	Referred		Makilala, Cotabato		trauma/fear of earthquake
2025.ISPEAR.3.13	ISPEAR	Referred		Pop. Kabacan, Cot.		bullying/ES, anxiety/ES, stress/sexual harassment


 Marjory D. Sibulo, RGC
 Mind. Guidance Counselor

COUNSELING RECORD; January 2024- December 2024

Code	Department	Name of the Client	Home Address	Contact Details	CONCERNS/ ISSUES
2024.CMAHS.01.12	Medicine		Polomok, South Cotabato		Anxiety/she had prev. test results from outside testing
2024.CED.02.15	CED/BEED		Kayaga, Kabacan, Cotabato		DASS, ES/WHO 5, 32%, extreme sadness, suicidal thoughts
2024.CASS.02.15	CASS		Dagupan, Kabacan, Cot.		suicidal thoughts/extreme severe anxiety
2024.UIS.02.15	UIS		Osiat, Kabacan, Cotabato		DASS, MSM/who 5, 56%, grief, extreme sadness, fam concerns
2024.CED.02.24	CED/BEED		E. Cajelo, Pres. Roxas, NC		DASS, SES S/WHO 5, 44%, Withdrawn, relationship concerns
2024.NTP.03.04	NTP		not known		air-out issues and concerns related to work family
2024.Parents.03.08	P		Lika, Mlang, Cot.		case conference with the CGC of the referred student
2024.CMAHS.01.12	Medicine		Polomok, South Cotabato		Anxiety/she had prev. test results from outside testing
2024.CASS.06.29	CASS		Tacurong, Sultan Kudarat		Broke up in a relationship
2024.UIS.9.4	UIS		not stated		excessive worrying/identity crisis/family concerns
2024.CMAHS.09.06	Nursing		Antipas, Cot.		depression/brought with her psych tests
2024.CA.12.06	CA		Pigcawayan, Cotabato		suicidal thoughts/extreme severe anxiety

Defelara
MARINA D. SILADO, RGC
 Univ. Buena Vista Counselor

COUNSELING RECORD: 2022-2023

Code	Department	Name of the Client	Home Address	Contact Data	CONCERNS/ISSUES
2023.CSM.12.13	1/BSCHEM		Bagumbayan, Sultan Kud		father problem; DASS, ES ES M/ WHO5, 32%
2023.CHEFS.11	2/BSHM		Lika, Miang, Cotabato		suicidal thoughts, bullying/DASS, 5 ES ES/WHO5, 4%
2023.CEIT.1.18	2/BSECE		Carmen, Cotabato		DASS-Moderate/Mild
2023.CSM.1.20	1/BSAM		Luhak, Sultan Kudarat		video taking (BH)
2023.CEIT.2.2	3/BSCS		Kidapawan City		fam concerns, suicidal thoughts/DASS, ES
2023.CBDEM.2.1	1/BSAccy	Walk-in	Pigcawayan, Cot		trust issues to parents
2023.CEIT.3.2	3/BSCCE	Referred	Presbitero, Pigcawayan		DASS, ES, WHO 5 12%, excessive worrying
2023.CHEFS.3.1	2/BSTM	Referred			excessive worrying
2023.CEIT.3.8	4/BSCCE	Referred	S. Manuangan, Pigcawayan		excessive worrying/DASS, MSS
2023.CED.3.24	Faculty	Referred			Anxiety/ family concerns
2023.CEIT.3.28	2/BSInfoSys	Referred	P. 6 Pop. Carmen		Family separation/DASS, ESS/WHO 5-48%
2023.CEIT.3.28	4/BSECE	Referred	Poblacion Kabacan		DASS, MESES/ WHO5, 32%/ Emotional & Acad
2023.CHEFS.3.1	2/BSTM	Referred	Pikit, Cotabato		went to a Specialist and provided management plan
2023.CEIT.4.25	3/BSCS	Referred	Ginatilian, Kidapawan City		DASS, ES ES S. WHO5, 12%
2023.CTI.5.5	4/BTVTED	Referred	Kayaga, Kabacan		DASS, ES ES S/WHO5, 16%

2022. CVM. 09. 3/VetTech	Walk-in		Tulunan, Cot.	adopted child, academic difficulties
2022. CED. 10. 2/1/BSE	Referred		Brgy Kiaring, Bantisan	visited a specialist, with meds
2022. CASS. 10. 2/BScrim	Referred		Ranzo, Carmen, NC	suicidal thoughts, sexual harassment
2022. ULS. 10. 12	Grade 9	Referred	Malvar St, Kabacan	dysfunctional family, traumatic experience
2022. CSM. 11. 1/1/BSMicrobio	Walk-in		Rangayen, Alamada	acad & financial difficulties, DASS, ES/WHO5, 40%
2022. CED. 10. 1/1/BSE	Referred		Mercedo St, Kabacan	attempted suicide, DASS21, ES ES S/WHO5, 20%
2022. CEIT. 11. 1/1/BSCE	Referred		South Cotabato	suicidal thoughts, bullying/DASS, ES/WHO5, 18%
2022. GSM. 11. 1/2/BSChem	Referred		Lebak, SK	visited a specialist, with meds
2022. CASS. 12. 1/1/PolSci	Referred	by GAD & OSA	Isulan, SK	DASS, S M N/WHO5, 44%/ Bullying
2022. CSM. 10. 1/3/BSBiology	Referred		Pikt, Cot.	suicidal thoughts, family concerns
2022. CTI. 9. 12	1/BSIT	Referred	Piggawayan, Cot.	living on their own/dysfunctional fam

Arifolera
 INFERRAT D. SILVA, RGC
 Senior, Guidance Counselor