



## **D.12 COPIES OF THE SCHOOL PAPER PUBLISHED**



The Mindanao Tech

April 12 at 9:12 PM · 🌐



### **Congratulations, USM Delegates!**

Your achievements in the recently concluded 12th PASUC National Culture and Arts Festival are a true reflection of your dedication and commitment to excellence.

Your discipline and passion have led you to this well-deserved success.

As you continue your journey, may you uphold the values and pride of **#GreatUSM**.

You—the participants and your coaches—have brought immense honor to the entire USM community and Region XII.

[#TheMindanaoTech](#)

[#PASUC2026](#)

👉: Chrisanta Stenile Tamerlagne Olpoc

👤: Lovely Mae Dimalanta & Dee Jay Gumaso

# *Congratulations.* **USM DELEGATES!**



**PASUC NCAF AWARDS**

- Jovannah Natalie Abeilar  
Ms. PASUC 2026,  
Best in Production Number
- Rhever Jude Ansing  
Mr. PASUC 2026, Mr. Photogenic,  
Best in Talent, Best in Uniform, Best in  
Regional Attire, Best in Official Pageant Attire
- Jessibel Pabilonia  
5<sup>th</sup> place (Oratorio)
- Contemporary Dance Team  
Silver Medal
- Wincy Salandanan  
2<sup>nd</sup> Place (Classical Guitar Solo)
- Dawn Jamel Caritan  
5<sup>th</sup> Place (In-Situ painting)
- USM Live Band  
Silver Medal
- Festival Dance  
3<sup>rd</sup> Runner up





## Making the First Move Against Bullying

The bravest “first move” has nothing to do with romance.

At first glance, Make The First Move Day may seem like the perfect occasion to finally send that carefully drafted message or reveal a long-concealed admiration. However, this day is a stand against one of the prevailing issues among children and adolescents—bullying.

Observed every April 7, it is not centered on romance, but on taking the initiative to fight bullying and to help foster a safer, more compassionate environment for all.

Bullying affects many children worldwide. According to UNICEF, a large number of students aged 13–15 report being bullied by their peers at least once in recent months, showing how common it is in schools.

Cyberbullying is also on the rise, with a recent United Nations report noting that about two-thirds of children say online bullying has increased, and many do not know how to access support when targeted.

In this context, making the first move is about having the compassion to recognize when someone is suffering, the courage to speak out against harm, and the willingness to provide support to those affected. It calls on all of us to help nurture environments—both online and offline—where empathy, respect, and safety are the norm.

Sometimes, the boldest first move is not a confession of affection, but the courage to say: “I see you, and I will act.”

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[#MakeTheFirstMoveDay](#)

👉: Arzl Eunice Mellomida

👈: Reden Genova

The bravest “*first move*”  
**has nothing to do**  
**with romance.**

**MAKE THE FIRST MOVE DAY**  
APRIL 7, 2026

