



**Maria Angelika T. Balungay, MSPsy, Rpm**

Assistant Professor

University of Southern Mindanao – Main Campus

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## EDUCATION



**De La Salle University** | 2017 - 2022

Master of Science in Psychology

Major in Clinical Psychology

### *Training(s):*

- St. Luke's Medical Center | Practicum in Counseling & Therapy
- Bahay Pagbabago ni Apung Pilar | Practicum in Testing & Assessment



**Ateneo de Davao University** | 2011 - 2015

Bachelor of Arts in Psychology



**University of Southern Mindanao - University Laboratory School** |  
2007-2011

Enhanced Science Curriculum

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## CERTIFICATIONS

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### **Registered Psychometrician**

July 2015

### **Civil Service Commission (*Prof.*) Examination Passer**

October 2013

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## RELEVANT WORK EXPERIENCE

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### **College Instructor**

**University of Southern Mindanao** | August 2016 – Present

- **Teaches Psychology courses to undergraduate students**
- **Performs other functions in the department/college/university**
  - Designated as Head of Counseling and Career Department of the Office of Student Affairs (August 2023-Present)
  - Serves as the research and curriculum coordinator of the Department
  - Serves as a member of the University Committee on Decorum and Investigation (CODI) and Committee on Anti-Illegal Drugs
  - Facilitates trainings in and outside the university (Psychological First Aid and other mental health-related trainings)

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## RESEARCH, EXTENSION, AND OTHER RELEVANT ACTIVITIES

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### **Extension Project**

Title: *Towards A Healthy Wellbeing: Psychoeducation and Psychosocial Intervention for High Scoring High School Students in DASS-21 in Kabacan, Cotabato*

**Served as a study leader of the Project (January 2024 - December 2024)**

### **University-wide Program on Students' Wellbeing (co-proponent)**

Title: *Brief Psychosocial Wellbeing Screening and Coaching Program for USM Students*

**Served as one of the proponents of the approved program, which aims to conduct a rapid assessment of their wellbeing as well as provide immediate intervention for students in need (Approved proposal in 4<sup>th</sup> quarter of 2023; for implementation in 1<sup>st</sup> quarter of 2024)**

### **Extension Project**

Title: *WRAP: Wholistic Recovery Approach for PWUDs (Persons Who Used Drugs): An After Care Project*

**Served as a resource person (managing stress and anxiety) and administered psychological tests among persons who used (illegal) drugs in Matalam, Cotabato, Philippines (July 2023-September 2023)**

## Conference Paper

Title: *In the Wake of the 2019 Earthquakes in Cotabato, Philippines: The Impact of the COVID-19 Pandemic on Survivor-Evacuees' Mental Health*

Presented in the Psychological Association of the Philippines (PAP) Convention (September 22-24, 2022) and in the WSF-ISA RC 55 Conference in Melbourne, Australia (June 23-June 24, 2023)

## Graduate Thesis

Thesis Title: *Poor Mental Health as a Correlate of Perceived Unmet Needs of Earthquake Survivors in Evacuation Camps: Posttraumatic Stress and Growth as Parallel Mediators*

Presented in the De La Salle University (DLSU) Research Congress 2022 in Manila, Philippines (July 6-8, 2022) and in the XX ISA World Congress of Sociology in Melbourne, Australia (June 25-July 1, 2023)

## Undergraduate Thesis (co-author)

Thesis Title: *In the Wake of the Summary Killings: A Thematic Network Analysis of the Experiences of the Self-Claimed Families of Victims of Extralegal Killings Attributed to the Davao Death Squad*

Awarded as Best Undergraduate Thesis - Psychological Association of the Philippines – Junior Affiliates (PAPJA) Annual Convention (January 2015)

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## AFFILIATIONS/ORGANIZATIONS

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### Member

Psychological Association of the Philippines (PAP) | May 2016 – Present

### Member/Philippine Delegate

ASEAN-India Students Exchange Program - Philippines | May 2018

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## REFERENCES

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### MELISSA LUCIA LOPEZ REYES, PhD

De La Salle University – Manila  
Manila, Metro Manila 1004 Philippines  
melissa.reyes@dlsu.edu.ph

### KHRISTINE JOY B. GARCIA, MSc., RPsy

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