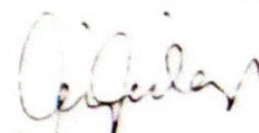




**C.6. LIST OF STUDENTS WHO
AVAILED WHO AVAILED
THE COUNSELLING
SERVICE**

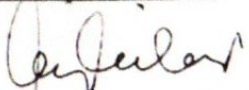
COUNSELING RECORD; January 2025- April 2025

Code	Department		Name of the Client	Home Address	Contact Details	CONCERNS/ ISSUES
2025.ISPEAR.01.07	ISPEAR	Referred		Alamada, Cotabato		grief/security concern/sole witness death of her lolo
2025.ULS.01.23	ULS	Referred		Kabacan, Cotabato		excessive worrying/academic difficulty/risk of failing
2025.CEIT.01.24	CEIT	Referred		Aringay, Kabacan, Cot.		suicidal thoughts, academic difficulties/ ES anxiety
2025.ULS.02.20	ULS	Referred		Poblacion Kabacan, Cot.		suicidal thoughts/extreme sadness/ES Depression
2025.CSM.02.27	CSM	Referred		Pob. Kabacan, Cot.		Excessive worrying/family concern/severe depression
2025.CEIT.03.04	CEIT	Referred		Pob. Kabacan, Cot.		Excessive worrying/suicidal thoughts/Severe dep.symp
2025.CED.03.07	CED	Referred		Makilala, Cotabato		trauma/fear of earthquake
2025.ISPEAR.3.13	ISPEAR	Referred		Pob. Kabacan, Cot.		bullying/ES,anxiety/ES, stress/sexual harassment


 MARY D. SILAO, R.
 Univ. Guidance Counselor

COUNSELING RECORD; January 2024- December 2024

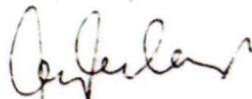
Code	Department		Name of the Client	Home Address	Contact Details	CONCERNS/ ISSUES
2024.CMAHS.01.12	Medicine	Referred		Polomok, South Cotabato		Anxiety/she had prev. test results from outside testing
2024.CED.02.15	CED/BEED	Referred		Kayaga, Kabacan, Cotabato		DASS, ES/WHO 5, 32%, extreme sadness, suicidal thoughts
2024.CASS.02.15	CASS	Referred		Dagupan, Kabacan, Cot.		suicidal thoughts/extreme severe anxiety
2024.ULS.02.15	ULS	Referred		Osiyas, Kabacan, Cotabato		DASS, MSM/Who 5, 56%, grief, extreme sadness, fam concerns
2024.CED.02.24	CED/BEED	Referred		F. Cajelo, Pres. Roxas, NC		DASS, SES 5, WHO 5, 44%, Withdrawn, relationship concerns
2024.NTP.03.04	NTP	Walk-in		not known		air out issues and concerns related to work, family
2024.Parents.03.08	P	Call-in		Lika, Mlang, Cot.		case conference with the CGC of the referred student
2024.CMAHS.01.12	Medicine	Referred		Polomok, South Cotabato		Anxiety/she had prev. test results from outside testing
2024.CASS.06.29	CASS	Referred		Tacurong, Sultan Kudarat		Broke up in a relationship
2024. ULS.9.4	ULS	Referred		not stated		excessive worrying/identity crisis/family concerns
2024.CMAHS.09.06	Nursing	Referred		Antipas, Cot.		depression/brought with her psych tests
2024.CA.12.06	CA	Referred		Pigcawayan, Cotabato		suicidal thoughts/extreme severe anxiety


 MERVIA D. SILAO, RC
 Univ. Cebuante Counsel

COUNSELING RECORD: 2022-2023

Code	Department	Name of the Client	Home Address	Contact Data	CONCERNS/ ISSUES
2023.CSM.12.13	1/BSCHEM	Referred	Bagumbayan, Sultan Kudat		father problem, DASS, ES ES M/ WHO5 32%
2023.CHEFS.11	2/BSHM	Referred	Lika, Mlang, Cotabato		suicidal thoughts, bullying/DASS, S ES ES/WHO5, 4%
2023. CEIT.1.18	2/BSECE	Referred	Carmen, Cotabato		DASS-Moderate/Mild
2023.CSM.1.20	1/BSAM	Referred	Lebak, Sultan Kudarat		video taking (BH)
2023 CEIT.2.2	3/BSCS	Referred	Kidapawan City		fam concerns, suicidal thoughts/DASS, ES
2023 CBDEM.2	1/BSAccty	Walk-in	Pigcawayan, Cot		trust issues to parents
2023 CEIT.3.2	3/BSECE	Referred	Presbitero, Pigcawayan		DASS, ES, WHO 5 12%, excessive worrying
2023.CHEFS.3.7	2/BSTM	Referred			excessive worrying
2023.CEIT.3.8	4/BSECE	Referred	S.Manuangan, Pigcawayan		excessive worrying/DASS, MSS
2023.CED.3.24	Faculty	Referred			Anxiety/ family concerns
2023.CEIT.3.28	2/BSInfoSys	Referred	P.6 Pob. Carmen		Family separation/DASS, ESS/WHO 5-48%
2023.CEIT.3.28	4/BSECE	Referred	Poblacion Kabacan		DASS, MESES/ WHO5, 32%/ Emotional & Acad
2023.CHEFS.3.3	2/BSTM	Referred	Pikit, Cotabato		went to a Specialist and provided management plan
2023.CEIT.4.25	3/BSCS	Referred	Ginatilan, Kidapawan City		DASS, ES ES S, WHO5, 12%
2023.CTI.5.5	4/BTVTED	Referred	Kayaga, Kabacan		DASS, ES ES S/WHO5, 16%

2022. CVM. 09.03/VetTech	Walk-in		Tulunán, Cot.	adopted child, academic difficulties
2022. CED. 10.201/BSE	Referred		Brng Kiaring, Banisilan	visited a specialist, with meds
2022. CASS. 10.22/BS-Crim	Referred		Ranzo, Carmen, NC	suicidal thoughts, sexual harassment
2022. ULS. 10.12 Grade 9	Referred		Malvar St, Kabacan	dysfunctional family, traumatic experience
2022. CSM. 11.01/BS-Microbio	Walk-in		Rangayen, Alamada	acad & financial difficulties, DASS, ES/WHO5, 40%
2022. CED. 10.11/BSE	Referred		Mercado St. Kabacan	atemptd suicide, DASS21, ES ES S/WHO5, 20%
2022. CEIT. 11.11/BSCE	Referred		South Cotabato	suicidal thoughts, bullying/DASS, ES/WHO5, 18%
2022. CSM 11.12/BS-Chem	Referred		Lebak, SK	visited a specialist, with meds
2022. CASS. 12.11/PolSci	Referred		Isulan, SK	DASS, SMI N/WHO5, 44%/ Bullying
			by GAD& OSA	
2022. CSM. 10.13/BS-Biology	Referred		Pikit, Cot.	suicidal thoughts, family concerns
2022. CTI. 9.12 1/BSIT	Referred		Pigcawayan, Cot.	living on their own/dysfunctional fam


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 Univ. Guidance Counselor

UNIVERSITY OF SOUTHERN MINDANAO
COUNSELING & CAREER DEPARTMENT
OFFICE OF STUDENT AFFAIRS

COUNSELING NOTES FOR SY 2017-2022

(Referrals that were academic in nature were referred back to the College Guidance Facilitator)

Year	College/Program	Code	Case Description	Action Taken	Remarks
2017	CHS	2017.CHS.03.27	Attempted to commit suicide because of so many factors: parents are separated; mother is an OFW; she did not attend to her classes; failing grades; money sent by her mother were not paid at the cashier's office at school.	The student was given a call slip through the CGF; On 03 16 27 the student came at the UGC for counseling and narrated the factors why she behaves that way. A follow-up counseling were done on March 30 and Sept. 4, 2017. Her aunt and grandmother were also called for a case conference. The college guidance facilitator monitored this case every now and then.	Case/c'ling terminated
2017	CVM	2017.CVM.07.23	The counselee was referred by the college guidance facilitator. The counselee lacks interest and focus on his studies manifested by having many class absences.	A call slip was given and had our 1st c'ling session. Given her tips on time management and how to study effectively. Let her make a plan on how to make use of her time more productive. Another 2 sessions were done.	Case, counseling terminated
2017	CBDEM	2017.CBDEM.06.01	The student/counselee has formally made a letter of complaint submitted to the college guidance facilitator. Her husband who is also a student of USM is accused of seeing someone (a female	A case conference was called on June 01, 2017 at the Dean's Office with the two College guidance facilitators. On June 7, 2017, the parents were called to inform	Case terminated

			student) after she gave birth to their first child.	them of their childrens' situation and also the female student was also present in the meeting to settle the case. Another meeting was set with the OSA Director to inform them of the policies and rules stipulated in the Student Handbook which they will follow and abide.	
Year	College/Program	Code	Case Description	Action Taken	Remarks
2018	CHS	2018.CHS.03.15	The counselee was physically hurt by the wife of her ex-boyfriend at a public place. The wife is also a student of USM.	The parents of the counselee were called for a meeting. They wanted to settle the case of their daughter because they were worried of what will happen again. They want protection and safety of their daughter. Another meeting was called with the presence of the OSA Director, the parents, the college guidance facilitator and the university guidance counselor. The following week, I had 2 counseling sessions with the counselee and the female student.	Case was terminated
2019	CTI	2019.CTI.8.28	The counselee was referred to the office by the college guidance facilitator because she has history of stealing money and this was revealed by her classmates.	The counselee was given call slip but she did not appear at the UCC on the date and time specified. It was referred back to the CGF for possible ways to reach and meet the student.	The counselee drop school
2019	CTI	2019.CTI.8.29	The counselee did not go home for 8 days. He was scolded by his mother because he goes	A call slip was given but the student did not appear to the date and time	Case was terminated. Referred back to the

				interjects and clarifies about his lifestory.	
				Gave him 4 possible options to decide	
				what course to take. I get his mobile #	
				for follow-up.	
2022	CEIT	2022.CEIT.01.29	The counselee was referred by the GCF because she was observed having signs that she might need further help.	I let the counselee fill-in the Client history form, data privacy consent form and Informed consent form. Had initial interview and scheduled follow-up counseling session.	On-going follow-up tele/ f2f counseling C'ling terminated
2022	ULS	2022.ULS.02.07	The counselee is referred by her Guidance Facilitator because of absenteeism, risk of failing, withdrawn and excessive worrying.	Let her fill-in the forms needed before the start of the c'ling session, building rapport and giving her options on what to do. I gave her an assignment on how to use her time productively at home and in school. Got her mobile # and scheduled a meeting with her mother. Had 2 sessions; 1 with the mother and 1 follow-up counseling with the counselee	On-going follow-up tele or f2f counseling Referred back to her Guidance Fac for f-up and monitoring
Year	College/Program	Code	Case Description	Action Taken	Remarks
2022	CA	2022.CA.02.08	A referred student by the CGF. Parents are separated when she was still 5 years old. Her father has another family. Her mother work as a househelp in Manila. She has an older sister whom she stayed with in their Lola's house.	She filled-in the important forms before the c'ling session. Getting to know the client by letting her narrate her story and how she copes with her situation, how she was able to enrol at USM, her friends and all. Two succeeding c'ling sessions were done	On-going follow-up tele counseling
2022	CBDEM	2022.CBDEM.02.09	A referred client by her CGF. She wants to stop school because of risk of failing because she cannot	She fills-in the forms needed. Had given her alternatives to take and for her to	Counseling terminated

			cope with all the requirements. She also has financial and personal problems.	decide. After the first session, another two counseling sessions were done	
2022	ULS	2022.ULS.03.24	The student was referred by her CGF. She is sick for more than a week that hinders her studies. Her parents are separated. Has difficulties to cope with the challenges she encountered especially finances.	Has initial interview after she has done the necessary protocol before the counseling session. Draws alternatives after hearing her story, she decides what course to take and scheduled another session with the mother.	On-going follow-up tele and f2f counseling
2022	CASS	2022.CASS.04.19	A walk-in client. He wants to stop school to help his family's finances	Let him fill-in the necessary forms before the counseling session starts. The reasons why he wants to stop school. He is confused between his family's needs and his studies. After giving some options the client chose to stay school and not stop.	Counseling terminated
Year	College/Program	Code	Case Description	Action Taken	Remarks
2022	CASS	2022.CASS.04.27	It has a referral from the CGF and attached to it a medical record from her previous consultation with a specialist. She also cannot sleep because of excessive worrying and family concerns.	Has done protocols before the counseling session. Told her to continue taking the medicines prescribed by her doctor. She needs to share her medical findings to her parents as they are not aware of her condition. Scheduled another c'lina sessions thru chat or tele counseling.	On-going follow-up tele counseling Case terminated on 06.6.22
2022	CASS	2022.CASS.05.11	A referred client by the OSA Director. She has manifestations of anxiety	The client was given time to nap because she has headache. After 15 minutes, the counseling session started after the client felt okay. It was in the 2nd session that we went to the USM hospital for physical check-up. She was further advised to undergo	On-going follow-up tele counseling Counseling terminated on 7.18.22

