



## **C.5. LIST OF TESTS AND EVALUATIVE TOOLS USED IN GUIDANCE AND COUNSELING SERVICES.**



**LIST OF PSYCHOLOGICAL TEST MATERIALS AND SCREENING TOOLS**  
**A.Y. 2025-2026**

Name	Purpose	Author/s	Administered to
Filipino Intelligence Test (FIT)	To estimate the aptitude and potential of individuals in schools, business and industry and in different other types of environments where one's capability for doing a given task becomes an issue and needs assessment.  Serve as basis for screening, classifying and identifying needs that will enhance the learning process.	Aurora R. Palacio, Ed.D. Vicentita M. Cervera, Ed.D., RGC (2007)	First-year students & Transferees
Career Competency Scale for College Students (CCS-CS)	To gather baseline data on the competencies students of an educational institution has acquired at certain levels of education and training. For career pathing and career counseling.	Vicentita M. Cervera, Ed.D. (2004)	Second-year students
Manchester Personality Questionnaire (MPO)	To identify and explore the implications of personality dimensions which is likely to have a high potential impact on behavior at work.	Alan P. Cameron (1996)	Third-year students
Work Habits, Attitudes and Productivity Scale (WHAPS) for College Students	To measure a student's work habits and attitudes, as well as the factors that may contribute to his/her productivity.	Vicentita M. Cervera, Ed.D. (2002)	Fourth-year students

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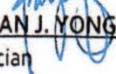





**Intake Tests (for CCD Use Only)**

<b>Name</b>	<b>Purpose</b>
Depression, Anxiety, Stress Scale - 21	A self-report measure designed to assess the severity of general psychological distress and symptoms related to depression, anxiety, and stress in adults older adolescents (17 years +).
WHO-5 Well-being Index	A short self-reported measure of current mental wellbeing.
Brief Resilience Scale	Assesses the ability to bounce back or recover from stress.
Major Depression Inventory (ICD-10)	Assesses the presence of depressive symptoms in individuals over the course of two weeks prior to assessment.

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