

PRELIMINARY SURVEY VISIT

**Area IV -
Support to
Students**

**C. GUIDANCE
PROGRAM**





C.1. PROFILE OF THE GUIDANCE AND COUNSELING HEAD



Maria Angelika T. Balungay, MSPsy, RPm

Assistant Professor

University of Southern Mindanao – Main Campus
Kabacan, Cotabato 9407

+639162694304

mabalungay@usm.edu.ph

EDUCATION



De La Salle University | 2017 - 2022

Master of Science in Psychology

Major in Clinical Psychology

Training(s):

- St. Luke's Medical Center | Practicum in Counseling & Therapy
- Bahay Pagbabago ni Apung Pilar | Practicum in Testing & Assessment



Ateneo de Davao University | 2011 - 2015

Bachelor of Arts in Psychology



University of Southern Mindanao - University Laboratory School |

2007-2011

Enhanced Science Curriculum

CERTIFICATIONS

Registered Psychometrician

July 2015

Civil Service Commission (*Prof.*) Examination Passer

October 2013

RELEVANT WORK EXPERIENCE

College Instructor

University of Southern Mindanao | August 2016 – Present

- Teaches Psychology courses to undergraduate students
- Performs other functions in the department/college/university
 - Designated as Head of Counseling and Career Department of the Office of Student Affairs (August 2023-Present)
 - Serves as the research and curriculum coordinator of the Department
 - Serves as a member of the University Committee on Decorum and Investigation (CODI) and Committee on Anti-Illegal Drugs
 - Facilitates trainings in and outside the university (Psychological First Aid and other mental health-related trainings)

RESEARCH, EXTENSION, AND OTHER RELEVANT ACTIVITIES

Extension Project

Title: *Towards A Healthy Wellbeing: Psychoeducation and Psychosocial Intervention for High Scoring High School Students in DASS-21 in Kabacan, Cotabato*

Served as a study leader of the Project (January 2024 - December 2024)

University-wide Program on Students' Wellbeing (co-proponent)

Title: *Brief Psychosocial Wellbeing Screening and Coaching Program for USM Students*

Served as one of the proponents of the approved program, which aims to conduct a rapid assessment of their wellbeing as well as provide immediate intervention for students in need (Approved proposal in 4th quarter of 2023; for implementation in 1st quarter of 2024)

Extension Project

Title: *WRAP: Wholistic Recovery Approach for PWUDs (Persons Who Used Drugs): An After Care Project*

Served as a resource person (managing stress and anxiety) and administered psychological tests among persons who used (illegal) drugs in Matalam, Cotabato, Philippines (July 2023-September 2023)

Conference Paper

Title: *In the Wake of the 2019 Earthquakes in Cotabato, Philippines: The Impact of the COVID-19 Pandemic on Survivor-Evacuees' Mental Health*

Presented in the Psychological Association of the Philippines (PAP) Convention (September 22-24, 2022) and in the WSF-ISA RC 55 Conference in Melbourne, Australia (June 23-June 24, 2023)

Graduate Thesis

Thesis Title: *Poor Mental Health as a Correlate of Perceived Unmet Needs of Earthquake Survivors in Evacuation Camps: Posttraumatic Stress and Growth as Parallel Mediators*

Presented in the De La Salle University (DLSU) Research Congress 2022 in Manila, Philippines (July 6-8, 2022) and in the XX ISA World Congress of Sociology in Melbourne, Australia (June 25-July 1, 2023)

Undergraduate Thesis (co-author)

Thesis Title: *In the Wake of the Summary Killings: A Thematic Network Analysis of the Experiences of the Self-Claimed Families of Victims of Extralegal Killings Attributed to the Davao Death Squad*

Awarded as Best Undergraduate Thesis - Psychological Association of the Philippines – Junior Affiliates (PAPJA) Annual Convention (January 2015)

AFFILIATIONS/ORGANIZATIONS

Member

Psychological Association of the Philippines (PAP) | May 2016 – Present

Member/Philippine Delegate

ASEAN-India Students Exchange Program - Philippines | May 2018

REFERENCES

MELISSA LUCIA LOPEZ REYES, PhD

De La Salle University – Manila
Manila, Metro Manila 1004 Philippines
melissa.reyes@dlsu.edu.ph

KHRISTINE JOY B. GARCIA, MSc., RPsy

University of Southern Mindanao – Main
Kabacan, Cotabato Philippines
khristinegarcia@usm.edu.ph

PERSONAL DATA SHEET

WARNING: Any misrepresentation made in the Personal Data Sheet and the Work Experience Sheet shall cause the filing of administrative/criminal case/s against the person concerned.

READ THE ATTACHED GUIDE TO FILLING OUT THE PERSONAL DATA SHEET (PDS) BEFORE ACCOMPLISHING THE PDS FORM.

Print legibly if accomplished through own handwriting. Tick appropriate boxes and use separate sheet if necessary. Indicate N/A if not applicable. **DO NOT ABBREVIATE.**

PERSONAL INFORMATION

1. SURNAME	BALUNGAY		
2. FIRST NAME	MARIA ANGELIKA	NAME EXTENSION (JR., SR)	N/A
MIDDLE NAME	TOLENTINO		
3. DATE OF BIRTH (dd/mm/yyyy)	19/11/1994	16. CITIZENSHIP	<input checked="" type="checkbox"/> Filipino <input type="checkbox"/> Dual Citizenship <input checked="" type="checkbox"/> by birth <input type="checkbox"/> by naturalization Pls. indicate country.
4. PLACE OF BIRTH	KABACAN, COTABATO	If holder of dual citizenship, please indicate the details.	
5. SEX AT BIRTH	<input type="checkbox"/> Male <input checked="" type="checkbox"/> Female		
6. CIVIL STATUS	<input checked="" type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Separated <input type="checkbox"/> Other/s:	17. RESIDENTIAL ADDRESS	1099 SINAMAR 1 STREET House/Block/Lot No. Street N/A POBLACION Subdivision/Village Barangay KABACAN COTABATO City/Municipality Province
7. HEIGHT (m)	1.5748 m	ZIP CODE	9407
8. WEIGHT (kg)	75 kg	18. PERMANENT ADDRESS	1099 SINAMAR 1 STREET House/Block/Lot No. Street N/A POBLACION Subdivision/Village Barangay KABACAN COTABATO City/Municipality Province
9. BLOOD TYPE	B+	ZIP CODE	9407
10. UMID ID NO.	N/A	19. TELEPHONE NO.	N/A
11. PAG-IBIG ID NO.	121157254737	20. MOBILE NO.	(+63)916-269-4304
12. PHILHEALTH NO.	170255936304	21. E-MAIL ADDRESS (if any)	matbalungay@gmail.com
13. PhilSys Number (PSN):	5489-7268-2406-2367		
14. TIN NO.	316-942-571-000		
15. AGENCY EMPLOYEE NO.	16-00036		

FAMILY BACKGROUND

1. SPOUSE'S SURNAME	N/A		23. NAME OF CHILDREN (Write full name and list all)	DATE OF BIRTH (dd/mm/yyyy)
FIRST NAME		NAME EXTENSION (JR., SR)	N/A	
MIDDLE NAME				
OCCUPATION				
EMPLOYER/BUSINESS NAME				
BUSINESS ADDRESS				
TELEPHONE NO.				
4. FATHER'S SURNAME	BALUNGAY			
FIRST NAME	FERDIE MAR	NAME EXTENSION (JR., SR) SR.		
MIDDLE NAME	SANTOS			
MOTHER'S MAIDEN NAME				
SURNAME	TOLENTINO			
FIRST NAME	JINKY			
MIDDLE NAME	BEL		(Continue on separate sheet if necessary)	

EDUCATIONAL BACKGROUND

6. LEVEL	NAME OF SCHOOL (Write in full)	BASIC EDUCATION/DEGREE/COURSE (Write in full)	PERIOD OF ATTENDANCE		HIGHEST LEVEL/ UNITS EARNED (if not graduated)	YEAR GRADUATED	SCHOLARSHIP/ ACADEMIC HONOR RECEIVED
			From	To			
ELEMENTARY	BEREAN CHRISTIAN SCHOOL, USM AVENUE, KABACAN, COTABATO 9407	ELEMENTARY EDUCATION	06/2001	03/2007	N/A	2007	CONSISTENT IN HONOR LIST
SECONDARY	UNIVERSITY LABORATORY SCHOOL - UNIVERSITY OF SOUTHERN MINDANAO, KABACAN, COTABATO 9407	HIGHSCHOOL	06/2007	03/2011	N/A	2011	SECOND HONORS (S.Y. 2008-2009)
VOCATIONAL / TRADE COURSE	N/A						
COLLEGE	ATENEO DE DAVAO UNIVERSITY, JACINTO ST., DAVAO CITY 8099	BACHELOR OF ARTS IN PSYCHOLOGY	06/2011	03/2015	N/A	2015	DEAN'S LISTER (S.Y. 2012-2013, 1ST SEMESTER)
GRADUATE STUDIES	DE LA SALLE UNIVERSITY, TAFT AVENUE, MANILA, METRO MANILA 1004	MASTER OF SCIENCE IN PSYCHOLOGY, MAJOR IN CLINICAL PSYCHOLOGY	09/2017	07/2022	N/A	2022	CHED K-12 SCHOLARSHIP

(Continue on separate sheet if necessary)

SIGNATURE	DATE
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29.	NAME & ADDRESS OF ORGANIZATION (Write in full)	INCLUSIVE DATES (dd/mm/yyyy)		NUMBER OF HOURS	POSITION / NATURE OF WORK
		From	To		
	TELEPSYCHOLOGY FOR THE LASALLIAN COMMUNITY - DE LA SALLE UNIVERSITY (FREE ONLINE COUNSELING SERVICES DURING COVID-19 PANDEMIC)	16/04/2020	30/06/2020	400 HOURS	COORDINATOR/FIRST RESPONDER
	NOTHING FOLLOWS				

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VII. LEARNING AND DEVELOPMENT (L&D) INTERVENTIONS/TRAINING PROGRAMS ATTENDED

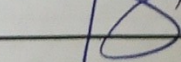
30.	TITLE OF LEARNING AND DEVELOPMENT INTERVENTIONS/TRAINING PROGRAMS (Write in full)	INCLUSIVE DATES OF ATTENDANCE (dd/mm/yyyy)		NUMBER OF HOURS	Type of L&D (Managerial/ Supervisory/ Technical/etc)	CONDUCTED/ SPONSORED BY (Write in full)
		From	To			
	TRAINING ON GENDER SENSITIVITY AND BASIC COUNSELING TECHNIQUES FOR SERVICE PROVIDERS (ASSISTANT LEARNING FACILITATOR)	20/10/2025	21/10/2025	16 HOURS	TECHNICAL	MSWDO - LGU OF KALAMANSIG, SULTAN KUDARAT
	PAP SOUTHERN MINDANAO SKILL-BUILDING SESSIONS (WORKSHOP)	21/06/2025	21/06/2025	8 HOURS	TECHNICAL	PSYCHOLOGICAL ASSOCIATION OF THE PHILIPPINES (PAP) SOUTHERN MINDANAO REGIONAL CHAPTER (SMRC)
	USM 10TH IN-HOUSE REVIEW (WORKING COMMITTEE)	30/05/2025	30/05/2025	8 HOURS	OTHER	UNIVERSITY OF SOUTHERN MINDANAO - RESEARCH, DEVELOPMENT, AND EXTENSION
	1ST GENERAL ASSEMBLY AND LEARNING SESSION OF THE PAP SOUTHERN MINDANAO REGIONAL CHAPTER	26/04/2025	26/04/2025	4 HOURS	TECHNICAL	PSYCHOLOGICAL ASSOCIATION OF THE PHILIPPINES (PAP) SOUTHERN MINDANAO REGIONAL CHAPTER (SMRC)
	INTERNATIONAL CONFERENCE ON ARTS AND SCIENCES 2024	22/11/2024	23/11/2024	16 HOURS	TECHNICAL	UNIVERSITY OF SOUTHEASTERN PHILIPPINES
	PGCA 59TH MIDYEAR CONFERENCE	17/10/2024	18/10/2024	16 HOURS	TECHNICAL	PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.
	TRAINING ON MONITORING AND EVALUATION	27/7/2024	27/7/2024	8 HOURS	TECHNICAL	UNITED NATION-WORLD FOOD PROGRAMME/USM EXTENSION SERVICES OFFICE
	GAD STRATEGIC PLANNING AND GENDER TOOLS ANALYSIS ON GENDER MAINSTREAMING AND EVALUATION FRAMEWORK WORKSHOP	10/5/2024	11/5/2024	16 HOURS	TECHNICAL	UNIVERSITY OF SOUTHERN MINDANAO - GENDER AND DEVELOPMENT OFFICE
	PAGLILINAW SA MGA ALINGAWNGAW: BREAKING STIGMAS IN MENTAL HEALTH THROUGH RESEARCH AND DEVELOPMENT	11/4/2024	11/4/2024	8 HOURS	TECHNICAL	DEPARTMENT OF SCIENCE AND TECHNOLOGY - PHILIPPINE COUNCIL FOR RESEARCH AND DEVELOPMENT
	INTRODUCTION TO SOLUTION-FOCUSED BRIEF THERAPY	7/2/2024	7/2/2024	8 HOURS	TECHNICAL	IN TOUCH COMMUNITY SERVICES
	AN INTRODUCTION TO THE 6-STEP RATIONAL APPROACH TO DESIGNING AND DEVELOPING PSYCHOLOGICAL SCREENING ASSESSMENTS	9/12/2023	9/12/2023	4 HOURS	TECHNICAL	PSYCHOLOGICAL ASSOCIATION OF THE PHILIPPINES (PAP)
	TRAINING ON RESEARCH DESIGN, EXTENSION, AND MICRO-CREDENTIALS	26/07/2023	27/07/2023	16 HOURS	TECHNICAL	UNIVERSITY OF THE PHILIPPINES - LOS BANOS
	USM 2023 MIDYEAR IN-HOUSE REVIEW (EMCEE/FACILITATOR)	20/07/2023	20/07/2023	4 HOURS	TECHNICAL	UNIVERSITY OF SOUTHERN MINDANAO - RESEARCH, DEVELOPMENT, AND EXTENSION
	XX ISA WORLD CONGRESS OF SOCIOLOGY (PAPER PRESENTER)	25/06/2023	1/7/2023	-	TECHNICAL	INTERNATIONAL SOCIOLOGICAL ASSOCIATION, UNIVERSITY OF MELBOURNE - GRADUATE SCHOOL OF EDUCATION
	WSF/ISA RC-55 CONFERENCE(PAPER PRESENTER)	23/06/2023	24/06/2023	16 HOURS	TECHNICAL	WORLD SOCIETY FOUNDATION, ISA RC-55
	USM 8TH IN-HOUSE REVIEW (WORKING COMMITTEE)	25/05/2023	25/05/2023	8 HOURS	TECHNICAL	UNIVERSITY OF SOUTHERN MINDANAO - RESEARCH, DEVELOPMENT, AND EXTENSION
	CASS STUDENT IN-HOUSE REVIEW (FACILITATOR)	22/05/2023	22/05/2023	8 HOURS	TECHNICAL	COLLEGE OF ARTS AND SOCIAL SCIENCES, UNIVERSITY OF SOUTHERN MINDANAO
	HOW TO WRITE A CAPSULE PROPOSAL FOR FUNDING	25/04/2023	25/04/2023	8 HOURS	TECHNICAL	COLLEGE OF ARTS AND SOCIAL SCIENCES, UNIVERSITY OF SOUTHERN MINDANAO
	USM 2022 YEAR-END IN-HOUSE REVIEW (MODERATOR)	2/12/2022	2/12/2022	4 HOURS	TECHNICAL	UNIVERSITY OF SOUTHERN MINDANAO - RESEARCH, DEVELOPMENT, AND EXTENSION
	PSYCHOLOGICAL ASSOCIATION OF THE PHILIPPINES 58TH ANNUAL CONVENTION (PAPER PRESENTER/PARTICIPANT)	22/09/2022	24/09/2022	18 HOURS	TECHNICAL	PSYCHOLOGICAL ASSOCIATION OF THE PHILIPPINES (PAP)
	NOTHING FOLLOWS					

(Continue on separate sheet if necessary)

VIII. OTHER INFORMATION

31.	SPECIAL SKILLS and HOBBIES	32.	NON-ACADEMIC DISTINCTIONS / RECOGNITION (Write in full)	33.	MEMBERSHIP IN ASSOCIATION/ORGANIZATION (Write in full)
	TABLE TENNIS		WORLD SOCIETY FOUNDATION (WSF) - INTERNATIONAL SOCIOLOGICAL ASSOCIATION RC 55 RESEARCH CONFERENCE TRAVEL GRANTEE (2023)		PSYCHOLOGICAL ASSOCIATION OF THE PHILIPPINES (PAP; PROFESSIONAL)
	BADMINTON		ASEAN-INDIA STUDENTS EXCHANGE PROGRAM (AISEP) GRANTEE (BATCH 2018)		NOTHING FOLLOWS
	PUBMAT EDITING		BEST UNDERGRADUATE THESIS AWARDEE - PSYCHOLOGICAL ASSOCIATION OF THE PHILIPPINES JUNIOR AFFILIATES (PAPJA) NATIONAL CONVENTION (2015)		
	NOTHING FOLLOWS		CHIEF GIRL SCOUT OF THE PHILIPPINES (2011)		
			NOTHING FOLLOWS		

(Continue on separate sheet if necessary)

SIGNATURE		DATE	
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34. Are you related by consanguinity or affinity to the appointing or recommending authority, or to the chief of bureau or office or to the person who has immediate supervision over you in the Office, Bureau or Department where you will be appointed,
 a. within the third degree?
 b. within the fourth degree (for Local Government Unit - Career Employees)?

YES NO
 YES NO
 If YES, give details: _____

35. a. Have you ever been found guilty of any administrative offense?
 b. Have you been criminally charged before any court?

YES NO
 If YES, give details: _____

YES NO
 If YES, give details: _____
 Date Filed: _____
 Status of Case/s: _____

36. Have you ever been convicted of any crime or violation of any law, decree, ordinance or regulation by any court or tribunal?

YES NO
 If YES, give details: _____

37. Have you ever been separated from the service in any of the following modes: resignation, retirement, dropped from the rolls, dismissal, termination, end of term, finished contract or phased out (abolition) in the public or private sector?

YES NO
 If YES, give details: _____
 FINISHED CONTRACT IN SUC (PUBLIC AND PRIVATE SECTOR) _____

38. a. Have you ever been a candidate in a national or local election held within the last year (except Barangay election)?
 b. Have you resigned from the government service during the three (3)-month period before the last election to promote/actively campaign for a national or local candidate?

YES NO
 If YES, give details: _____

YES NO
 If YES, give details: _____

39. Have you acquired the status of an immigrant or permanent resident of another country?

YES NO
 If YES, give details (country): _____

40. Pursuant to: (a) Indigenous People's Act (RA 8371); (b) Magna Carta for Disabled Persons (RA 7277, as amended); and (c) Expanded Solo Parents Welfare Act (RA 11861), please answer the following items:
 a. Are you a member of any indigenous group?
 b. Are you a person with disability?
 c. Are you a solo parent?

YES NO
 If YES, please specify: _____

YES NO
 If YES, please specify ID No: _____

YES NO
 If YES, please specify ID No: _____

41. REFERENCES (Person not related by consanguinity or affinity to applicant /appointee)

NAME	OFFICE / RESIDENTIAL ADDRESS	CONTACT NO. AND/OR EMAIL
MELISSA LUCIA LOPEZ REYES	DE LA SALLE UNIVERSITY, MALATE, MANILA, METRO MANILA 1004	9232569065
CHARITY MULIG-CRUZ	MINDANAO STATE UNIVERSITY - ILAGAN INSTITUTE OF TECHNOLOGY, ILAGAN CITY	9273767978
KHRISTINE JOY B. GARCIA-ARELLANO	UNIVERSITY OF SOUTHERN MINDANAO - MAIN CAMPUS, KABACANMI COTABATO 9407	9384319321



PHOTO

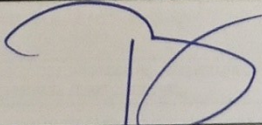
42. I declare under oath that I have personally accomplished this Personal Data Sheet which is a true, correct, and complete statement pursuant to the provisions of pertinent laws, rules, and regulations of the Republic of the Philippines. I authorize the agency head/authorized representative to verify/validate the contents stated herein. I agree that any misrepresentation made in this document and its attachments shall cause the filing of administrative/criminal case/s against me.

Government Issued ID (i.e. Passport, GSIS, SSS, PRC, Driver's License, etc.)
 PLEASE INDICATE ID Number and Date of Issuance

Government Issued ID: **PASSPORT**

ID/License/Passport No.: **P4454044B**

Date/Place of Issuance: **01/20/2020 / DFA DAVAO**

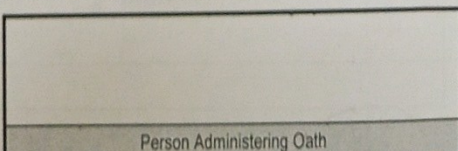


Signature (Sign inside the box)

Date Accomplished

Right Thumbmark

SUBSCRIBED AND SWORN to before me this _____, affiant exhibiting his/her validly issued government ID as indicated above.



Person Administering Oath



Special Order No. 1606G
Series of 2025

TO: MS. IMELDA D. SILAO

SUBJECT: Designation as OIC-HEAD, COUNSELING AND CAREER DEPARTMENT OF OFFICE OF STUDENT AFFAIRS (OSA)

DATE: Tuesday, 8 July 2025

=====

In the exigency of the service and pursuant to the policy of harnessing the capabilities of faculty member/employee in managing the affairs of the University, you are hereby designated as **OIC-HEAD, COUNSELING AND CAREER DEPARTMENT OF OFFICE OF STUDENT AFFAIRS (OSA)**, in addition to your appointive position.

As Head, you are hereby directed and expected to perform the following functions:

1. Assist the Director in the implementation and provision of guidance and counselling services including individual and/or group intervention and implementation of mental health laws;
2. Plan ways to enhance students' psychological well being through academic achievement, personal growth and social development;
3. Provide integrated approach to the development of well-functioning individuals primarily by helping them to utilize their potentials to the fullest;
4. Assist the Director in the implementation and provision of information and orientation services including development of information material on the institutional profile, personal/social materials including those relevant to Anti-VAWC Act, Drug Abuse and Prevention, Sexual Harassment, HIV-AIDS, Self-care and healthy lifestyles;
5. Ensure that information materials are accesible and available to all students;
6. Conduct comprehensive orientation program for new and continuing students responsive to students' needs;
7. Assist the Director in the implementation and provision of career guidance and job advisory services including assistance to career competencies enhancement, vocational and occupational fitness and employment;
8. Lead in the conduct of job fairs and career seminars, resume and e-portfolio clinics;
9. Lead in the Skills Training and Development activities;
10. Liaise with the Department of Labor and Employment and serve as the PESO Manager of the University;
11. Assist the Director in his secretariat function to the Student Welfare Committee;
12. Attend to various programs and meetings related to work assignment and designation;
13. Attend seminar workshop, training and conferences within the evaluation period on time with complete attendance;and,

Page 1 of 2

**"UNITY IN DIVERSITY AND
SUSTAINABLE DEVELOPMENT IN
MINDANAO THROUGH QUALITY AND RELEVANT EDUCATION."**

USM-SYS-F70-Rev.1.2020.07.14





Republic of the Philippines
UNIVERSITY OF SOUTHERN MINDANAO
 Kabacan, Cotabato
 Tel No. 63 (64) 572 - 2138
 email address: op@usm.edu.ph
OFFICE OF THE PRESIDENT



14. Perform such other functions as may be assigned by higher authorities.

Furthermore, by virtue of this designation, you shall be entitled to a load displacement of six (6) units and on Vacation/Sick Leave Status.

This designation shall take effect on July 08, 2025 until otherwise sooner revoked by the undersigned or any competent authority. All issuances that are inconsistent with any of the provisions hereof are deemed revoked, amended or superseded.

JONALD L. PIMENTEL | PhD
 SUC President IV

Conforme:

- ___
- Copy Furnished
- ___ records
- ___ HRMDO/201 file
- ___ File
- ___ COA file
- ___ Board Secretary



**"UNITY IN DIVERSITY AND
 SUSTAINABLE DEVELOPMENT IN
 MINDANAO THROUGH QUALITY AND RELEVANT EDUCATION."**





Republic of the Philippines
PROFESSIONAL REGULATION COMMISSION
PROFESSIONAL IDENTIFICATION CARD



LAST NAME ▶ SILAO
FIRST NAME ▶ IMELDA
MIDDLE NAME ▶ DAGUMAN
REGISTRATION NO. ▶ 0001358
REGISTRATION DATE ▶ 05/18/2009
VALID UNTIL ▶ 01/06/2027

GUIDANCE COUNSELOR



23

Professional Regulation Commission
www.prc.gov.ph

CERTIFICATION

23-6564504

This is to certify that the person whose name, photograph, and signature appear herein is a duly registered professional, legally authorized to practice his/her profession with all the rights and privileges appurtenant thereto.

This is to certify further that he/she is a professional in good standing and that his/her certificate of registration/professional license has not been suspended, revoked or withdrawn.

Signature of Professional


CHARITO A. ZAMORA
Chairperson

Republic of the Philippines
PROFESSIONAL REGULATION COMMISSION
PROFESSIONAL IDENTIFICATION CARD



LAST NAME ▶ **BALUNGAY**
FIRST NAME ▶ **MARIA ANGELIKA**
MIDDLE NAME ▶ **TOLENTINO**
REGISTRATION NO. ▶ **0004405**
REGISTRATION DATE ▶ **08/11/2015**
VALID UNTIL ▶ **11/19/2026**

PSYCHOMETRICIAN



Professional Regulation Commission
www.prc.gov.ph

CERTIFICATION

23-5935141

This is to certify that the person whose name, photograph, and signature appear herein is a duly registered professional, legally authorized to practice his/her profession with all the rights and privileges appurtenant thereto.

This is to certify further that he/she is a professional in good standing and that his/her certificate of registration/professional license has not been suspended, revoked or withdrawn.

Signature of Professional


CHARITO A. ZAMORA
Chairperson



Republic of the Philippines
PROFESSIONAL REGULATION COMMISSION
PROFESSIONAL IDENTIFICATION CARD



LAST NAME ▶ NICOR
 FIRST NAME ▶ SHEILA ROSE
 MIDDLE NAME ▶ PIQUERO
 REGISTRATION NO. ▶ 0002278
 REGISTRATION DATE ▶ 09/24/2012
 VALID UNTIL ▶ 02/07/2028

GUIDANCE COUNSELOR



#24

Professional Regulation Commission
www.prc.gov.ph

CERTIFICATION

24-7837717

This is to certify that the person whose name, photograph, and signature appear herein is a duly registered professional, legally authorized to practice his/her profession with all the rights and privileges appurtenant thereto.

This is to certify further that he/she is a professional in good standing and that his/her certificate of registration/professional license has not been suspended, revoked or withdrawn.

Signature of Professional

CHARITO A. ZAMORA
 Chairperson

Republic of the Philippines
PROFESSIONAL REGULATION COMMISSION
PROFESSIONAL IDENTIFICATION CARD




LAST NAME	▶ YONGQUE
FIRST NAME	▶ ROCELLE JEAN
MIDDLE NAME	▶ JAVIER
REGISTRATION NO.	▶ 0018317
REGISTRATION DATE	▶ 12/12/2018
VALID UNTIL	▶ 04/13/2027

PSYCHOMETRICIAN



Professional Regulation Commission
www.prc.gov.ph

CERTIFICATION

23-7035165 This is to certify that the person whose name, photograph, and signature appear herein is a duly registered professional, legally authorized to practice his/her profession with all the rights and privileges appurtenant thereto.

This is to certify further that he/she is a professional in good standing and that his/her certificate of registration/professional license has not been suspended, revoked or withdrawn.


 Signature of Professional


CHARITO A. ZAMORA
 Chairperson



SHEILA ROSE PIQUERO NICOR

2013 Purok Miracle, Kabacan, Cotabato

srpnicor@usm.edu.ph

(+63) 9177272780



EDUCATIONAL BACKGROUND

Graduate Studies	Masters of Arts in Education Major in Educational Management Notre Dame of Dadiangas University, General Santos City	(candidate)
	Masters in Guidance and Counseling Ateneo de Davao University, Davao City	April 2012
College	Bachelor of Arts Major in Psychology Ateneo de Davao University, Davao City	March 2007
Secondary	University Laboratory School University of Southern Mindanao, Kabacan, Cotabato	April 2003
Elementary	Mindanao Wesleyan Academy, Kabacan, Cotabato	March 1999

PROFESSIONAL HISTORY

Guidance Counselor III	University of Southern Mindanao – main (USM-Main), Kabacan, Cotabato	2020 – present
	University of Southern Mindanao – Kidapawan City Campus (USM-KCC), Kidapawan City	2017 – 2020
Guidance Counselor I	USM – KCC, Kidapawan City	2012 – 2017
	USM – Main, Kabacan, Cotabato	2012 – 2014
Guidance Counselor	College of Health Sciences – University of Southern Mindanao Kabacan, Cotabato	2008 – 2012
Guidance Counselor	Philippine Nikkei Jin Kai International School Lanang, Davao City	2007 - 2008

ELIGIBILITY

Licensure Examination for Professional Teachers	84.00	March 24, 2018
Licensure Examination for Guidance Counselors	79.70	August 29 – 30, 2012
Civil Service Exam (Professional)	80.27	November 17, 2009

AFFILIATIONS

- Philippines Guidance and Counseling Association
- Davao Association of Guidance Counselors, Inc.

WEBINARS

November 18, 2023	"Counseling through the Storm: Integrating CBT Techniques for Trauma Resilience"
September 20-22, 2022	"Training of Trainers on the Universal Prevention Curriculum for Substance Use (UPC) - Core Course for Guidance Counselors of Higher Education Institutions"
December 2-3, 2021	"The Filipino Counselor Amidst the Challenges of the Times"
November 22-24, 2021	"Managing Suicidal Clients"
November 29-30, 2021	"The Evolving Role of Guidance Counselors: Challenges and Opportunities"
October 30, 2021	"Maintaining Positivity Amidst Covid – 19"
August 19-20, 2021	"Quality of Life in Times of Crisis"
July 15, 2020	"Becoming Relevant: Issues and Challenges of Guidance Counselors"
June 26, 2020	"Mental Health: Lessons From the Masters"
June 23, 2020	
June 18, 2020	

SEMINARS/TRAININGS ATTENDED

February 12 – 14, 2025	"Training on ASSIST (Alcohol, Smoking, Substance Involvement Screening Test) and Mental Health Self-Assessment Tool" - The Farm, Carpenter Hill, Koronadal City
May 16 – 18, 2024	"Live, Laugh, Love & Lead" - Manila Hotel Tent City and La Consolacion College, Mendiola, Manila
November 10-11, 2023	"What do these scores mean? Understanding and interpreting group administered tests." - Ateneo de Davao University, Davao City
March 16-17, 2023	"Race Against Suicide: A Gatekeepers' Training for Suicide Prevention in the Schools" - NDDU, General Santos City
September 23, 2022	Regional Career Advocacy Congress - The Farm, Carpenter Hill, Koronadal City
September 19, 2019	2019 Regional Career Advocacy Congress - EMR Convention Center, Koronadal City
May 16-18, 2018	"Respecting Diversity, Inclusiveness and Social Justice" - Elements @ ETON Centris, Quezon City
October 23-24, 2017	"Advocating Change, Healing Lives." - Sison Auditorium, Lingayen, Pangasinan
November 23-24, 2015	"Nurturing Counselors' Wellness: Key to Effective Helping Relationship" - REALC-NEAP, Davao City
October 20-23, 2015	"Global Young Ministers Network Training - Level 1" - Mindanao Regional bible College, General Santos City
February 17-18, 2015 Prevention	"Training for Trainers on Life Skills Enhancement in Drug Abuse Prevention" - AJ Hi Time Hotel, Kidapawan City
May 13 - 14, 2014	"PGCA @ 50: Towards Globally Competitive Counselors" - Sofitel Philippine Plaza, Manila

May 12, 2014	"35 Techniques A Counselor Should Know" - Sofitel, Philippine Plaza, Manila
April 23 – 24, 2014	Psychosocial Support for Survivors of Calamities Training - Notre Dame of Dadiangas, General Santos City
January 23, 2014	Capability Building Activity in Career Guidance & Advising - Fred Ann's Restaurant, Koronadal City
October 18 – 19, 2013	"PGCA @ 50: Towards Globally Competitive Counselors" - Holy Trinity, Puerto Princesa, Palawan
September 16 – 18, 2013	Fostering a Safe, Healthy and Protective Learning Environment - Davao Doctor's College, Davao City
October 11 – 12, 2012	"Beyond Knowledge, Wisdom in Counseling" - Notre Dame of Dadiangas, General Santos City
July 18 – Aug. 12, 2012	Enhancement Program for Guidance Counselors - San Pedro College, Davao City
October 14 – 16, 2009	"Transcending the Challenges of the Counseling Profession" - Siliman University, Dumaguete City, Negros Oriental

SKILLS AND PERSONALITY TRENDS

- I am proficient in written and oral English communication.
- I am competent in using computer programs such as MS Word, Excel and Power Point.
- I have skills in counseling and psychological test administration, scoring, and interpretation.