



UNIVERSITY OF SOUTHERN MINDANAO
Institute of Sports Physical Education and Recreation
Kabacan, Cotabato

PRELIMINARY SURVEY VISIT

Bachelor of Science in Exercise and Sports Sciences

- Fitness and Sports Coaching
- Fitness and Sports Management

July 14-15, 2025



AREA VI:
EXTENSION AND COMMUNITY INVOLVEMENT



PRELIMINARY SURVEY VISIT

AREA VI:

**EXTENSION AND COMMUNITY
INVOLVEMENT**

A. PRIORITIES AND RELEVANCE

A. Priorities and Relevance

A.1. Copy of the benchmark survey instrument

Community Needs Assessment Instrument

I. Introduction

● Explain the purpose of the needs assessment:

- To gather information about the community's needs, priorities, and resources.
- To inform the development of relevant and effective programs and initiatives.
- To foster a collaborative partnership between [Organization Name] and the community.

● Emphasize the importance of community participation and the confidentiality of responses.

● Explain that the survey includes both multiple-choice and open-ended questions to gather a comprehensive understanding of community needs.

II. Community Profile

(To be completed by interviewer or obtained from existing data, if available)

● Name of Community/Organization: _____

● Location (Municipality, Province/Region): _____

● Date of Assessment: _____

● Name of Interviewer/Facilitator(s): _____

● Key Informants/Participants: _____

● Approximate Population: _____

● Demographics (age, gender, ethnicity, household composition, etc.):

● Socioeconomic Profile (employment sectors, education levels, poverty incidence, etc.):

● Available Resources and Infrastructure (schools, health centers, community facilities, transportation, communication networks, etc.):

● Community Organizations and Networks (types, roles, and capacity):

● Governance Structure and Local Leadership:

© 2023 Needs Assessment Toolkit

III. Needs Assessment Questions

This section is divided into categories to gather comprehensive information. Please adapt or add questions as needed to fit the specific context of the community/organization and the intended project.

A. Core Community Concerns

1. What are the most pressing issues or challenges facing your community/organization? (Please select up to three)
 - ☐ Lack of job opportunities/unemployment
 - ☐ Poverty
 - ☐ Inadequate healthcare services
 - ☐ Lack of access to education
 - ☐ Poor infrastructure (roads, water, etc.)
 - ☐ Environmental problems (pollution, etc.)
 - ☐ Social issues (crime, substance abuse, etc.)
 - ☐ Lack of community facilities (centers, parks, etc.)
 - ☐ Other/s (Please specify): _____
2. What are the underlying causes of these issues? (Select all that apply)
 - ☐ Lack of government support
 - ☐ Limited community resources
 - ☐ Lack of education and skills
 - ☐ Natural disasters or environmental changes
 - ☐ Economic inequality
 - ☐ Poor management of resources
 - ☐ Conflict or social instability
 - ☐ Cultural factors or beliefs
 - ☐ Other/s (Please specify): _____
3. How do these issues affect the daily lives of community members? (Select all that apply)
 - ☐ Difficulty in meeting basic needs
 - ☐ Reduced quality of life
 - ☐ Increased health problems
 - ☐ Limited opportunities for education and employment
 - ☐ Social isolation or exclusion
 - ☐ Increased stress and insecurity
 - ☐ Damage to property or livelihoods
 - ☐ Other/s (Please specify): _____
4. Who are the most affected by these issues? (Select all that apply)
 - ☐ Children
 - ☐ Youth
 - ☐ Women
 - ☐ Elderly
 - ☐ People with disabilities
 - ☐ Low-income households
 - ☐ Specific ethnic or social groups
 - ☐ Other/s (Please specify): _____
5. What are the potential consequences if these issues are not addressed? (Select all that apply)
 - ☐ Further decline in living conditions
 - ☐ Increased poverty and inequality
 - ☐ Social unrest or conflict
 - ☐ Environmental degradation
 - ☐ Loss of cultural heritage
 - ☐ Increased migration or displacement

☐ Long-term negative impact on future generations.

☐ Other(s) (Please specify): _____

6. What are the community's existing coping mechanisms or strategies for dealing with these challenges? (Select all that apply)

☐ Community support networks.

☐ Traditional practices or knowledge.

☐ c) Informal economy or livelihood activities.

☐ d) Assistance from family and relatives.

☐ e) Religious or spiritual practices.

☐ f) Advocacy or community organizing.

☐ g) Reliance on external aid.

☐ h) Other (Please specify): _____

7. What external support or resources are needed to address these concerns effectively? (Select all that apply)

☐ a) Financial assistance.

☐ b) Technical expertise or training.

☐ c) Infrastructure development.

☐ d) Policy change or government support.

☐ e) Access to information and technology.

☐ f) Partnerships with other organizations.

☐ g) Capacity building.

☐ h) Other (Please specify): _____

A. Follow-up Qualitative Questions

1. Of the issues you selected in question 1, which is the most pressing, and why? Please explain in detail.

2. For the primary cause(s) you selected in question 2, can you provide specific examples or stories from the community that illustrate this?

3. In question 3, you indicated how these issues affect daily life. Can you describe one specific instance where you or someone you know experienced this impact?

4. You mentioned the groups most affected in question 4. Why do you think these groups are particularly vulnerable?

5. In your opinion, what is the single most important thing that needs to change to improve the situation in your community?

Sector Specific Needs Assessment Questions

Social and Cultural Dynamics

1. What are the significant cultural traditions, practices, and values in your community? (Select all that apply)
 - ☐ a) Traditional arts and crafts
 - ☐ b) Music and dance
 - ☐ c) Festivals and celebrations
 - ☐ d) Oral traditions and storytelling
 - ☐ e) Religious or spiritual beliefs
 - ☐ f) Customs and social norms
 - ☐ g) Traditional food and cuisine
 - ☐ h) Other (Please specify): _____
2. How are these traditions and values preserved and passed on to younger generations? (Select all that apply)
 - ☐ a) Through family and community gatherings
 - ☐ b) Formal education in schools
 - ☐ c) Religious institutions and practices
 - ☐ d) Community elders and leaders
 - ☐ e) Apprenticeships and skills training
 - ☐ f) Cultural centers and museums
 - ☐ g) Media and the arts
 - ☐ h) Other (Please specify): _____
3. How do cultural traditions and values influence life and social interactions in the community? (Select all that apply)
 - ☐ a) They promote a sense of community and belonging
 - ☐ b) They guide social behavior and expectations
 - ☐ c) They shape gender roles and relationships
 - ☐ d) They influence decision-making processes
 - ☐ e) They contribute to conflict resolution
 - ☐ f) They affect attitudes towards change and development
 - ☐ g) Other (Please specify): _____
4. What is the level of social cohesion and harmony in your community? (Choose one)
 - ☐ a) Very high
 - ☐ b) High
 - ☐ c) Moderate
 - ☐ d) Low
 - ☐ e) Very low
5. What factors contribute to social cohesion or division in your community? (Select all that apply)
 - ☐ a) Strong community leadership
 - ☐ b) Active community organizations
 - ☐ c) Inclusive decision-making processes
 - ☐ d) Respect for diversity and cultural differences
 - ☐ e) Equal access to resources and opportunities
 - ☐ f) History of conflict or division
 - ☐ g) Socioeconomic disparities
 - ☐ h) Discrimination or prejudice
 - ☐ i) Other (Please specify): _____

B. Follow-up Qualitative Questions

ESS Open-End Assessment Tool Kit

1. You mentioned these cultural traditions. Could you describe one tradition that is particularly important to your community and explain why?

2. Why do you think it is important to preserve cultural traditions and pass them on to future generations?

3. Are there any specific cultural practices that are unique to your community? If yes, please describe them.

4. Are there traditional forms of art, music or performance in your community? If yes, please describe them and their significance.

5. Are there any changes or threats to these cultural traditions and values? If yes, what are they and what are the potential consequences?

6. You mentioned the factors that contribute to social cohesion or division. Can you give a specific example of how one of these factors has affected your community?

7. How do you think cultural traditions and values can be used to promote positive development and address challenges in your community?

Economic Conditions and Opportunities

ESS Open-End Assessment 1 outline

1. What are the major environmental challenges or concerns facing the community? (Select all that apply)
 - ☐ a) Pollution (air, water, soil)
 - ☐ b) Deforestation
 - ☐ c) Waste disposal
 - ☐ d) Climate change impacts (droughts, floods)
 - ☐ e) Loss of biodiversity
 - ☐ f) Unsustainable resource use
 - ☐ g) Other (Please specify): _____
2. What are the primary sources of pollution in the community? (Select all that apply)
 - ☐ a) Agricultural runoff (e.g., pesticides, fertilizers)
 - ☐ b) Industrial emissions
 - ☐ c) Household waste and sewage
 - ☐ d) Vehicle emissions
 - ☐ e) Mining activities
 - ☐ f) Open burning of waste
 - ☐ g) Other (Please specify): _____
3. How has the community been affected by changes in weather patterns in recent years? (Select all that apply)
 - ☐ a) Increased frequency of flooding
 - ☐ b) Prolonged periods of drought
 - ☐ c) More intense typhoons or storms
 - ☐ d) Changes in rainfall patterns affecting agriculture
 - ☐ e) Increased temperatures
 - ☐ f) No significant changes observed
 - ☐ g) Other (Please specify): _____
4. What are the common practices of waste disposal in the community? (Select all that apply)
 - ☐ a) Designated landfill or dumpsite
 - ☐ b) Recycling programs
 - ☐ c) Composting of organic waste
 - ☐ d) Open dumping
 - ☐ e) Burning of waste
 - ☐ f) Waste collection services
 - ☐ g) Other (Please specify): _____
5. What is the level of awareness in the community about environmental issues and sustainable practices? (Choose one)
 - ☐ a) High awareness and active participation
 - ☐ b) Moderate awareness with some participation
 - ☐ c) Low awareness with limited participation
 - ☐ d) Very little to no awareness
6. What actions or initiatives are currently being taken in the community to address environmental challenges? (Select all that apply)
 - ☐ a) Reforestation or tree-planting programs
 - ☐ b) Waste segregation and recycling programs
 - ☐ c) Promotion of sustainable agriculture practices
 - ☐ d) Environmental education campaigns
 - ☐ e) Enforcement of environmental regulations
 - ☐ f) Use of renewable energy sources
 - ☐ g) Other (Please specify): _____
7. What resources or support are needed to promote environmental sustainability in the community? (Select all that apply)
 - ☐ a) Financial assistance for environmental projects

1. You mentioned these cultural traditions. Could you describe one tradition that is particularly important to your community and explain why?

2. Why do you think it is important to preserve cultural traditions and pass them on to future generations?

3. Are there any specific cultural practices that are unique to your community? If yes, please describe them.

4. Are there traditional forms of art, music or performance in your community? If yes, please describe them and their significance.

5. Are there any changes or threats to these cultural traditions and values? If yes, what are they and what are the potential consequences?

6. You mentioned the factors that contribute to social cohesion or division. Can you give a specific example of how one of these factors has affected your community?

7. How do you think cultural traditions and values can be used to promote positive development and address challenges in your community?

Economic Conditions and Opportunities

66/096 de Assessment Tool

1. What are the biggest challenges people face in terms of livelihood and income generation?

2. Are there any emerging economic opportunities that you believe the community could pursue? How do you think the community should address these opportunities?

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E. Environmental Factors and Sustainability

66 Climate Assessment Toolkit

- o.b) Technical expertise and training
- o.c) Access to information and educational materials
- o.d) Stronger enforcement of environmental laws
- o.e) Community involvement and participation
- o.f) Partnerships with government agencies and NGOs
- o.g) Other (Please specify): _____

E. Follow-up Qualitative Questions

1. How has [selected environmental challenge] affected the community in recent years?

2. What steps, if any, is the community taking to address these environmental concerns?

3. You mentioned how changes in weather patterns have affected the community. Can you tell us about a specific incident when this happened?

IV. Additional Information

1. What are the community's top three to five priorities for development or change? (Please select up to five)

- a) Improve basic infrastructure
- b) Create more job opportunities
- c) Enhance access to education
- d) Improve healthcare services
- e) Protect the environment
- f) Promote cultural preservation
- g) Strengthen community organizations
- h) Other (Please specify): _____

IV. Follow-up Qualitative Questions

1. Why did you choose these as the top priorities? Please explain your reasoning for each.

2. Are there any specific projects or initiatives that you think would be most effective in achieving these priorities?

V. Closing

- Express gratitude to the participants for their time and valuable input.
- Reiterate USM's commitment to working with the community in a respectful and collaborative manner.
- Explain the next steps in the process (e.g., data analysis, report preparation, feedback to the community, and program/project development).
- Provide contact information for follow-up questions, clarifications, or additional input.

A.2. Evidence of complementation between the curriculum of the program under survey and its extension program.

 University of Southern Mindanao EXTENSION SERVICES OFFICE Kabacan, North Cotabato 
DETAILED PROPOSAL

A. Basic Information

1. Project Title: "YES through SSTAMP: (Youths' Engagement in Sports through Sustainable Sports Training and Management Program)"

2. Proponents

Project Leader:

Name: Elpedio A. Arias	College/Unit/ and address: ISPEAR, Kab. Cot.
Designation: Project Leader	Email Address: eaarias@usm.edu.ph
Contact Number(s): 09464045589	Fax Number:

Component title 1: Skills Training and Management in Volleyball

Name: Elpedio A. Arias

Designation: Component Leader

Contact Number(s): 09464045589

Component 2 Title: Skills Training and Management in Basketball

Component Leader2

Name: Moreno B. Java Jr.	College/Unit/ and address: ISPEAR, Kab. Cot.
Designation: Component Leader	Email Address: mbjavajr@usm.edu.ph
Contact Number(s): 09569770597	Fax Number

Component 3 Title: Skills Training and Management in Taekwondo

Component Leader3:

Name: Vinus P. Java	College/Unit/ and address: ISPEAR, Kab. Cot
Designation: Component Leader	Email Address: vpjava@usm.edu.ph
Contact Number(s): 09053755278	Fax Number:

Component 4 Title: Skills Training and Management in Badminton

Component Leader 4:

Name: Eduard S. Sumera	College/Unit/ and address: ISPEAR, Kab. Cot
Designation: Component Leader 3	Email Address: essumera@usm.edu.ph
Contact Number: 09505708303	

3. Implementing Agency/ies

Lead Agency: University of Southern Mindanao

Collaborating Agency(s): Brgy Council, Brgy Osias, Kabacan, Cotabato

USM-EXT-F05-Rev.3.2021.01.26

4. Project Duration: One (1) Year

5. Project Location: Barangay Osias, Kabacan, Cotabato

6. Total Budget Requirement:

6.1 Budget Requested: Php 100,000.00

6.2. Agency Counterpart: Brgy Council of Brgy Osias

6.3. Other Sources: NONE

B. Technical Description

1. Rationale

With so many external factors nowadays that influence the behavioral patterns of today's generation such as the problems about drugs, addiction to the very enticing games in the internet, and some other juvenile delinquencies, these things will greatly affect the character of our youth of becoming the foundation of building our society and our nation in general. Needless to say, that something should be done to intervene with the current situation and to divert youth's time and attention to hone their given talents and develop skills to make them more productive in the community.

Designing and implementing an organized sports program provides many benefits for our young people. Sports will not only develop motor skills but will also promote healthy habits and enhance social skills towards gaining new friends and acquaintances. Sports teach young people the values of teamwork, discipline, patience and hard work which are all valuable for their success in education and in life in general. Furthermore, sport enhances self-esteem, offers fun and excitement which will provide good influences and a wholesome environment among youths in growing up to become competent and optimistic individuals.

Barangay Osias is an ideal place to foster sports program because of its potentials in terms of facilities and human resources. The area has a sports program which needs harnessing in terms of sports management.

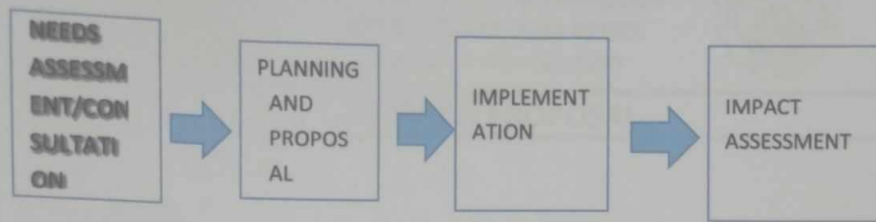
The YES through SSTAMP (Youths' Engagement in Sports through Sustainable Sports Training and Management Project) of the Institute of Sports, Physical Education and Recreations will provide the opportunity for the foregoing challenges

Our vision is to provide opportunities for sporting achievement and personal development for as many children as possible, regardless of their culture, background or financial constraints. We seek to empower the children in their confidence and responsibility as Filipino citizens.

3. Objectives:

- a. Train at least 15 young individuals in basketball skill and management.
- b. Train at least 15 young individuals in volleyball skill and management.
- c. Train at least 15 young individuals in taekwondo skill and management.
- d. Train at least 15 young individuals in badminton skill and management.
- e. Capacitate all Sangguniang Kabataan officials and interested members in sports management especially in tournament formats and scheduling.
- f. Conduct at least once a year their own basketball and volleyball league tournaments officiated by beneficiaries of this extension program.
- g. Train at least 4 potential individuals to become coach in basketball, volleyball, taekwondo and badminton

4. METHODOLOGY



Before designing on what activities that need to be offered in this extension project, consultation and needs assessment in the community is very important in order to address their interests that will also solve common problems being faced by the community. It is more on what they want and not on what the extensionists want.

This activity had been conducted already upon our visit to Brgy Hall of Osias and conducting interviews among Brgy Officials. Though, it needs further confirmation among parents and a house a house survey is already being planned.

Planning and proposal of the extension project had also been done. The sporting events to be introduced for skills acquisition and management had been identified.

What needs to be done would be the implementation and impact assessment of the project.



University of Southern Mindanao
EXTENSION SERVICES OFFICE
Kabacan, North Cotabato



DETAILED PROPOSAL

A. BASIC INFORMATION

1. Title of the Project: "Laro Mo, Sagot Ko": A Sports Management Skills Development Project

Proponent(s)

1.1 Name: Cheeze R. Janito

Designation: Project Leader/Component Leader for Sports Management and Officiating in Basketball and Volleyball

1.2 College/ Unit: ISPEAR

1.3 Address: USM Plang Village, Kabacan, Cotabato

1.4 Telephone Number (s): 09464045589

1.5 Fax Number

1.6 Email Address: Cjanito@usm.edu.ph

Name: Moreno B. Java Jr.

Designation: Component Leader2- Skills Training on Officiating in Basketball

College/ Unit: ISPEAR

Address: Brgy Paco, Kidapawan City

Telephone Number (s): 09569770597

Fax Number

Email Address: mbjavajr@usm.edu.ph

Name: Elpedio A. Arias

Designation: Component Leader3- Skills Training on Officiating in Basketball

College/ Unit: ISPEAR

Address: Plang Village 1, Poblacion Kabacan

Telephone Number (s): 09569770597

Volleyball

College/ Unit: ISPEAR

Address: Kabacan, Cotabato

Telephone Number (s):

Fax Number

Email Address:

2. Implementing Agency

2.1 Lead Agency: University of Southern Mindanao

2.2 Collaborating Agency (s) : Brgy Dagupan, Kabacan, Cotabato

3. **Project Duration:** One (1) Year
4. **Project Location:** Barangay Dagupan, Kabacan
5. **Total Budget Requirement**
 - 6.1. Budget Requested: Php 116, 400
 - 6.2. Agency Counterpart: Playing venues and accommodation, snacks/ meals and sports equipment
 - 6.3. Other Sources: None

B. TECHNICAL DESCRIPTION

Rationale

Considering the impact and importance that it brings to the community; the conduct of sports tournament is becoming more regular nowadays especially during fiesta or foundation anniversary in the locality. In line with this, the necessity to capacitate potential residents, Sangguniang Kabataan officials and members to manage local sports tournaments is also becoming more vital to ensure that objectives of the sports program are being achieved. Along with this, the primary concern that troubles Barangay officials running the sports competition is the limited budget provided to sports program. To make matters worse, looking for a referee to officiate games consumes huge chunk of the finances.

Accordingly, Barangay officials in Brgy. Pisan paid Php 500.00 for referees per game which will total to around Php 40,000.00 for the whole duration of the tournament in basketball alone. Added to this is the volleyball tournaments, with the price for the tournament that ranges to Php80,000.00 not to include meals and snacks and other miscellaneous expenses. Considering again the meager budget, this money could be used to other profitable projects such as improvement of sports facilities or buy some sports equipment to encourage further the youths to go to into sports since high quality sports facilities and equipment are available for them. The recipient barangay Dagupan, of Kabacan

that initiates league however, the officiating officials for their league in the sports of basketball and volleyball are all paid and not solely residents of barangay.

The “Laro Mo, Sagot Ko”: A Sports Management Skills Development Project will provide opportunity for the localities to be trained into sports officiating and sports management as a whole to lessen the financial burden of running the sports tournament. Further, the training for officiating will also provide opportunities for them to get license from accredited association and will have the opportunity to officiate to bigger events that eventually will give them livelihood.

This program will make the residents more independent and capacitated in conducting sports tournament especially in their most cherished local celebrations. Believing in the premise that the engagement of residents into sports specially the youth bring a lot of good contribution towards its development as one community, let not the scarcity of abled officiating officials hinders the conduct of sports league. Instead, further promote among young people the appreciation of the benefits and fun that sports offer. Once implemented, the “Laro Mo, Sagot Ko” project will help in attaining this goal.

1. General Objectives

This extension project will capacitate the Sagguniang Kabataan of Barangay Dagupan and Pisan to be fully capacitated to organize and referring their own basketball and volleyball league

Specific Objectives

- a. To increase the capacity of the participants on sports management and officiating in volleyball and basketball through videos;
- b. To increase skills in officiating and sports management in volleyball and basketball through guided videos and patterned activities; and

- c. To execute learned skills in sports officiating and management through conduct of sports tournament.

2. Methodology

Pre- Implementation Activities

Coordination/ Consultation

Series of scheduled meeting will be done for the presentation of this project to BLGU of barangay Dagupan, Kabacan. There is also discussion of terms and conditions in relevant to the MOA.

Profiling

Barangay, Dagupan, Kabacan holds their own sports tournament through hiring referees often, not resident of their barangay. To capacitate the youth of this barangay in terms of sports management and sports officiating, this project targets seven (7) members of SK Federation of the barangay and eight (8) purok leaders who are physically and mentally fit to perform physical exercises demanded by this project.

Group Organizing

The participants will be organized into two (2) groups to ensure that there will be identified trained leaders of the barangay who will serve as pool of trained leaders that can lead on to transfer of attitude, knowledge, and skills among the future leaders. The Group one (1) participants will be capacitated in sports management and group two (2) participants will be capacitated in sports officiating in basketball and volleyball. This will be done with the assistance of BLGU to maximize opportunities in terms of resources.

Environmental Scanning and Needs Assessment

Environmental scanning will be conducted to ensure the facility such as correct dimension of the basketball court and volleyball court also to ensure the availability of sports equipment. This project

will also be delivered using video production, there is a need to ensure the availability of medias but not limited to LED television and speakers. A needs assessment will be done prior to the actual conduct of the extension project. Particularly on their attitude, knowledge and skills referring to sports management and being an officiating official in basketball and volleyball.

Implementation

Capacity Building

This Extension project comprises of three (3) components. The first component is to increase capacity of the participants on sports management thorough guided videos. The second component is skills training on Officiating in basketball and volleyball. Specifically, the second component will deal with skills needed when officiating a specific game. The third component focuses on assessment as totality of their acquired knowledge, skills, and attitude from the training through the conduct of their own sports tournament in basketball and volleyball.

Skills Training on Sports Management and Officiating in Basketball and Volleyball

Topic	Training Management Team	Responsibility
Sports Management	1. Priscilla Dagoc 2. Bae Kellah Landawe 3. Jemwell Francisco 4. Joanna Caryl Esponja 5. Eduard Sumera 6. Jessa Buisan And 4 BPED students	In-charge of doing the lectures through videos and guided activities. In- charge of video production for sports management In-charge for venue preparation, conduct of evaluation (training) completion report. In-charge Facilitating Registration, Documentation and Food Distribution.
Sports Officiating- Volleyball	1. Elpedio Arias 2. Kristine Abadejos 3. Allysah Macapasir 4. Mark San Pedro 5. Norge Martinez 6. Marlene Orfrecio	In-charge of doing the lectures through videos and guided activities. In- charge of video production for sports officiating- volleyball In-charge for venue

	And 4 BPED students	preparation, conduct of evaluation (training) completion report In-charge Facilitating Registration, Documentation and Food Distribution
Sports Officiating- Basketball	1. Moreno Java Jr. 2. Gennie Rey Rico 3. Emmanuelle Vios 4. Lara Nadela 5. Cheeze Janito And 4 BPED students	In-charge of doing the lectures through videos and guided activities. In- charge of video production for sports officiating- Basketball In-charge for venue preparation, conduct of evaluation (training) completion report. In-charge Facilitating Registration, Documentation and Food Distribution.

IEC Development/ Validation and Dissemination

This project will be utilizing guided video concerning the three (3) components. There will be video for sports management. Another video will be for officiating basketball and a video for officiating volleyball. The faculty of ISPEAR will be creating videos to be approved to concern university offices for validation and assessment of the video produce before dissemination of the video to the partner barangay.

Post Implementation (Community Management)

Sustainability

A part of the sustainability plan will be done as a part of the deliverables and to ensure the continuity of the extension project. One of the plans is, the capacitated youth will train another fifteen (15) youth in their barangay. This project creates leverage opportunities among the beneficiaries, this will offer great assistance to the community in terms of conducting of their own sports tournament not just on their barangay but to be re- modeled to other barangays as well.

Partnership with Social Services

This project builds platform to facilitate networks between USM trained youth, BLGU, PNP, and DSWD.

This project will offer variant community sustainable linkages, the Laro Mo, Sagot ko Extension project is a community-based strategy strengthening youth through sports, the DSWD's Youth Productivity Services is a tied-up program with LGU's with conducting sports- based youth development program including the out of school youth. Further, this project is designed to insulate youth from radicalization efforts, the Philippine National Police Kabataan Kontra Droga at Terrorismo and this project, can be a strategic response towards addressing the threat of illegal drugs on the Philippine youth. This project can be remodeled and duplicate to other sectors as the conduct of sports tournament seeks to empower both youth and student to become resilient to radical ideologies.

Monitoring and Evaluation

Monitoring of the capacitated youth leaders will be monitored in coordination with BLGU of Dagupan, Kabacan. Evaluation will be conducted every time the barangay conducts its sports tournament during the simultaneous youth day in the municipality, the LGU sponsored sports fest for each barangay in the municipality and other sports event as usually held. For this purpose, an evaluation will be crafted.

3. Wok Plan: (see attached form)
4. Budget Summary: (see attached form)
5. Results Framework (see attached form)



University of Southern Mindanao
EXTENSION SERVICES OFFICE
Kabacan, North Cotabato



DETAILED PROPOSAL

A. BASIC INFORMATION

1. Title of the Project

WRAP: Wholistic Recovery Approach for PWUDS: An After Care Project

Component 1. **ISPEAR: Integrating Sports and Physical Education Activities for Recovery**

Component 2. **CASS: Cultivating Alternatives, Support, and Strengths - A Psychosocial Intervention for Relapse Prevention**

Component 3. **CTI - Live: Cultivating Trade Ingenuity for Livelihood**

Component 4. **CHEFS-Recover: Culinary Homemaking Engagement as Foundation for Sustainable Recovery**

Component 5. "The Significance and Effectiveness of Aftercare Programs for Persons Who Use Drugs: A Comprehensive Analysis and Evaluation"-
Research

2. Proponents(s)

Project Leader: **MARLENE E. ORFRECIO**

Component 1 Leader: **VINUS P. JAVA**

Members: **Sports Tournament**

Moreno B. Java Jr.

Marlon A. Mancera

Passive Game

Priscilla P. Dagoc

Helen Grace D. Lopez

Recreational Game

Jerum B. Elumbaring

Norge D. Martinez

College/Unit/ and Address: **Institute of Sports Physical Education and Recreation (ISPEAR)**

Component 2 Leader: **Myka Ivana P. Sorilla**

Members:

Maria Angelika Balungay



University of Southern Mindanao
EXTENSION SERVICES OFFICE
Kabacan, North Cotabato



DETAILED PROPOSAL

College/Unit/ and Address: College of Arts and Social Sciences

Component 3 Leader: Rene C. Cabahug, Jr.
Members: Electronics: Descallar, Zherwin C.
Neral, George Q

Welding: Rapuza, Samson C.
Joel V. Misanes

Automotive: Rene C. Cabahug Jr.
Servicing Roberto L. Gornez

Hollow Block: Solomon L. Presto

College/Unit/ and Address: College of Trades and Industries

Component 4 Leader: Apple R. Ureta
Bread Making: Melchie G. Palapar

Food Processing: Maribelle T. Piamonte
Ian Jade Flores

College/Unit/ and Address: College of Human Ecology and Food Sciences

Component 5 Leader: Marlene E. Orfrecio
Members: Marichu A. Calixtro
Eduard S. Sumera
Gladys Pearl O. Ambrocio

College/Unit/ and Address: Institute of Sports Physical Education and
Recreation (ISPEAR)

3. Implementing Agency

- 3.1 Lead Agency: Institute of Sports Physical Education and Recreation,
University of Southern Mindanao
3.2 Collaborating Agency (s): Local Government Unit of Matalam

4. Project Duration: June 2023- December 2023

5. Project Location: Matalam, Cotabato

6. Total Budget Requirement

- 6.1. Budget Requested: P 1,000,000.00
6.2. Agency Counterpart :
6.3. Other Sources



DETAILED PROPOSAL

B. TECHNICAL DESCRIPTION

1. Rationale:

Drug abuse has been a worldwide concern as its effect goes far beyond individual users, extending to the family, community, and society as a whole. Hence, Republic Act 9165 was promulgated known as the "Comprehensive Dangerous Drugs Act of 2002". Relatively, pursuant to this act is the Board Regulation 6, Series of 2002, which states that the government likewise shall provide mechanisms or measures to re-integrate into society individuals who have fallen victim to drug abuse or dangerous drug dependence through sustainable programs of treatment and rehabilitation. This mechanism is known as the After Care Program (ACP) for Recovering Drug Dependents.

Aftercare Program (ACP) refers to services that help recovering drug-dependent persons to adapt to everyday community life, after completing earlier phases of treatment and rehabilitation. It is composed of medical, psycho-social, and economic programs and the focus is for the client to achieve a "wholistic recovery" and provide support and guidance to prevent relapse into drug use.

In response to this program, the Local Government of Matalam and the University of Southern Mindanao forged a partnership to utilize its available resources and thereby developed a project entitled; WRAP: Wholistic Recovery Approach for PWUDS: An After Care Project. This is a coordinative and collaborative project among Matalam Municipal Police Station (MATMPS), Matalam Social Welfare and Development Office (MSWDO), Institute of Sports Physical Education and Recreation (ISPEAR), College of Trades and Industries (CTI), College of Human Ecology and Food Sciences (CHEFS), College of Arts and Sciences (CASS).

WRAP is an off-shoot of the HAPLOS project conducted last February – March 2023. This project will also carry out wellness and livelihood skills activities, with the integration of psychosocial and research as the new activity included. This project



DETAILED PROPOSAL

is based upon the request and a result of inception and consultation meetings with the partner agency.

2. Objectives

Generally, the training will provide participants the "wholistic" opportunity to complete acquire and develop knowledge, skills, and attitude from the activity provided while they are complying requirements in their recovery process.

Specifically; after the completion of the training the participants will be able to:

- a. increased their level of interest in physical activity as a diversionary activity to prevent drug relapse.
- b. develops an understanding of the importance of a support system and alternative processes to prevent relapse.
- c. demonstrates skills in specific livelihood areas trained.
- d. participates in the research activity

3. Methodology

The training process will employ experiential, coaching-mentoring, and collaborative learning methodologies. For 12 (twelve sessions), participants will achieve the objectives through hands-on activities. Instructors or service providers will be giving suggestions and feedback while they are in the process of learning and enhancing their skills. Through the activities prepared by the instructors, participants in every area will be working together to produce an output.

a. Pre- Implementation Activities

Coordination/ Consultation:

After the success of the previous HAPLOS project, continued coordination was done online between the coordinators from Matalam National Police office and ISPEAR. As a result, a letter signed by the Chief of Police PLTCOL Arniel Melocotones was forwarded to the University extension office for continued service. Thereafter, a meeting was called among the colleges to be involved in the project in reference to the letter forwarded.



University of Southern Mindanao
EXTENSION SERVICES OFFICE
Kabacan, North Cotabato



DETAILED PROPOSAL

Implementation:

Profiling and Team/Group Organizing and Training

The launching of the project will be conducted during an opening program to be attended by the heads or representatives of the agencies involved. After the opening program, the orientation of the participants and registration to each specific area of activities to participate will be done. The schedule of activities to be conducted will be emphasized as it covers, wellness, psychosocial, and livelihood training skills. Attendance will be thoroughly checked during every activity to ensure that participants will be compliant with the requirement relating to the aftercare program implemented by the LGU.

Wellness and psychosocial activities will be done in the morning session while livelihood skills that include: welding, automotive servicing, electronics, hollow blocks making, bread making, and food preservation will be conducted during the afternoon sessions. The project will cover 12 sessions which will run from July-September 2023.

During the closing program, a certificate of completion will be given to the participants who completed the activities and only a certificate of participation for those who are not.

Post – Implementation

With its partner agencies' assistance, training completers will be monitored by Philippine National Police and Municipal Social Welfare Services Office representatives and the USM extensionists as well.

Expected Output:

At the end of the 12 days session, 90% of the participants will be able to demonstrate the skills required in the livelihood training attended, develop an understanding of the significance of physical activity participation as a diversionary activity, and explore alternatives and social support networks to prevent relapse.

- 3 - work plan
- 4 - budget summary
- 5 - results framework



University of Southern Mindanao
EXTENSION SERVICES OFFICE
Kabacan, North Cotabato



DETAILED PROPOSAL

A. BASIC INFORMATION

1. Title of the Project: "Hakbang para sa Pagbabagong Lubos (HAPLOS) para sa PWUDS": (A Community-Based Fitness and Livelihood Project)

2. Proponents(s)

Name: Moreno B. Java Jr.
Designation: Project Leader
Contact Number(s): 09204423225

College/Unit/ and address: ISPEAR, Kab. Cot.
Email Address: mbjavajr@usm.edu.ph
Fax Number:

Name: Marlene E. Orfrecio
Designation: Co-Project Leader
Contact # : 09124129735

College/Unit/ and address: ISPEAR, Kab. Cot.
Email address: meorfrecio@usm.edu.ph

3. Implementing Agency

- 3.1 Lead Agency: University of Southern Mindanao/ Matalam Local Government Unit
- 3.2 Collaborating Agency (s): Matalam Municipal Police Station, Matalam Rural Health Unit, Barangay Local Government Unit

4. Project Duration: 1 Year

5. Project Location: Matalam. Cotabato

6. Total Budget Requirement

- 6.1. Budget Requested: P1,188,000.00.00 (Externally Funded)
- 6.2. Agency Counterpart: Vehicle, Extensionist Services
- 6.3. Other Sources: None

B. TECHNICAL DESCRIPTION

1. Rationale:

Section 2 of RA 9165 provides that the State shall adopt as its policy to safeguard the integrity of its territory and the well-being of its citizenry particularly the youth from the harmful effects of dangerous drugs on their physical and mental well-being and to defend them against acts of commission detrimental to their development and preservation. It shall likewise provide



DETAILED PROPOSAL

2. Objectives

- a. Engaged at least 20% of PWUDS in wellness programs through the conduct of basketball tournaments with an improved level of interest in sports as the venue for the development of well-being.
- b. Develop Information, Education, and Communication (IEC) material about the importance of fitness for detoxification and fitness activity engagement, and procedures on livelihood skills.
- c. Train at least 150 PWUDS for livelihood skills in agriculture and technology.

3. Methodology

An individual and group method approach will be used in the delivery of services among clientele identified by the partner agency as persons Who Use Drugs (PWUDS). The group method will be utilized during the conduct of lectures and wellness activities, while the individual approach will be employed during pre-assessment, post-assessment, and skill-acquisition activities.

The individualized method will provide the participant with a hands-on experience, as well as the opportunity to ask and clarify situations leading to a most productive and meaningful learning experience. Moreover, the group approach will significantly impact participants' ability to interact with other individuals during the conduct of the activity.

In the teaching-learning process, the training will specifically make use of lectures, interactive discussions, demonstrations, and pre-assessment and post-assessment activities to ensure that objectives will be achieved at the end of the training.

Pre- Implementation Activities

Coordination/ Consultation:

A courtesy call to the Chief of Police of Matalam will be done to determine the activities and the clientele to cater. Community consultation per cluster will be conducted to specifically identify services to be delivered. Presentation of proposed activities to the partner agencies and signing of a Memorandum of the Agreement will be accomplished to ensure the success of the project. Submission of the training supplies will also be forwarded to the partner agency for procurement.



University of Southern Mindanao
EXTENSION SERVICES OFFICE
Kabacan, North Cotabato



DETAILED PROPOSAL

effective mechanisms or measures to re-integrate into society individuals who have fallen victim to drug abuse or dangerous drug dependence through sustainable programs of treatment and rehabilitation.

Pursuant to the act, powers were vested in the Dangerous Drugs Board to consult and coordinate with the Department of Health (DOH), Department of Social Welfare and Development (DSWD), and other agencies in drug control, treatment, and rehabilitation, in the implementation of the Aftercare Program for Recovering Drug Dependents.

The government's campaign against the drug problem in the country had come a long way, resulting in a number of drug personalities being either killed or arrested. This had been the regular content of mass media during the Duterte Administration. The intensified police operations were unrelenting in every locality throughout the nation to solve the perennial drug problem in the Philippines.

Fortunately, there were those who voluntarily surrendered to go through a rehabilitation process. With the collaborative efforts of the Philippines National Police, Department of Health, and Department of Social Works and Development, programs are being implemented to save drug dependents which will eventually lead them to be integrated into our society and become productive individuals.

The "Hakbang sa Pagbabagong Lubos (HAPLOS) para sa PWUDS": (A Community-Based Fitness and Livelihood Program of the Institute of Sports, Physical Education, and Recreation in coordination with College of Trades and Industries, College of Agriculture and other government agencies particularly the Matalam Local Government Unit, Matalam Municipal Police Station and Matalam Rural Health Unit, is a holistic approach to address the aftercare program of the Person Who Used Drugs (PWUDS) to complete their rehabilitation program and eventually integrate them in the community without fear or reluctance that they might go back their old ways of being engaged into drugs again.

Looking positively, the synergy of all the agencies will integrate fitness programs through basketball and volleyball tournaments with livelihood programs in skills training in basic automotive, electronics, welding among other technical skills leading to National Certificate II (NCII), and some agricultural training in fisheries will result to a more sustainable and productive recovery for PWUDS.



University of Southern Mindanao
EXTENSION SERVICES OFFICE
Kabacan, North Cotabato



DETAILED PROPOSAL

Implementation:

Profiling and Team/Group Organizing and Training

Profiling of the clientele with the help of the barangay secretaries who are in charge of the monitoring will be done. Lists of names per area will be finalized. The opening program and orientation of the participants on the policies for wellness and livelihood training activities will be delivered on the first day of the activity. Furthermore, pre- assessments activities will also be done among the clientele. Tournament for Basketball, Common and Core competencies for livelihood skills will be delivered in the next 4 days of training. Lecture and demonstration will be the method to be employed for the whole duration. Post-evaluation will also be conducted at the end of the 5 days of training.

Post – Implementation

Monitoring of the clientele in the status of its engagement in wellness activities and the practice of skills to generate income will be conducted along with the Philippine National Police and Municipal Social Welfare Services Office representatives.

Expected Output:

At the end of the 5-day program, at least 20 % of the clientele will have improved interest in engagement to wellness and 200 persons who used drugs will be trained in livelihood skills. The products of the training will be forwarded to the partner agency during the closing program.

Potential Impact:

The implementation of the 5-day program will provide opportunities to improve the physical, emotional, mental, social, and financial aspects. The benefits of engagement in sports, and learned skills in livelihood training will serve as their foundation to have a better, more productive, and meaningful life ahead.

Beneficiaries:

One -hundred fifty (150) identified persons who used drugs who qualify for the aftercare program of the local government of Matalam will be the beneficiaries of the project.



Republic of the Philippines
University of Southern Mindanao
EXTENSION SERVICES CENTER



Activity: "Hakbang para sa Pagbabagong Lubos (HAPLOS) para sa PWUDS":
(A Community-Based Fitness and Livelihood Training Project)

Rationale:

Section 2 of RA 9165 provides that the State shall adopt as its policy to safeguard the integrity of its territory and the well-being of its citizenry particularly the youth from the harmful effects of dangerous drugs on their physical and mental well-being and to defend them against acts of commission detrimental to their development and preservation. It shall likewise provide effective mechanisms or measures to re-integrate into society individuals who have fallen victim to drug abuse or dangerous drug dependence through sustainable programs of treatment and rehabilitation.

Pursuant to the act, powers were vested in the Dangerous Drugs Board to consult and coordinate with the Department of Health (DOH), Department of Social Welfare and Development (DSWD), and other agencies in drug control, treatment, and rehabilitation, in the implementation of the Aftercare Program for Recovering Drug Dependents.

The government's campaign against the drug problem in the country had come a long way, resulting in a number of drug personalities being either killed or arrested. This had been the regular content of mass media during the Duterte Administration. The intensified police operations were unrelenting in every locality throughout the nation to solve the perennial drug problem in the Philippines.

Fortunately, there were those who voluntarily surrendered to go through a rehabilitation process. With the collaborative efforts of the Philippines National Police, Department of Health, and Department of Social Works and Development, programs are being implemented to save drug dependents which will eventually lead them to be integrated into our society and become productive individuals.

The "Hakbang sa Pagbabagong Lubos (HAPLOS) para sa PWUDS": (A Community-Based Fitness and Livelihood Program of the Institute of Sports, Physical Education, and Recreation in coordination with College of Trades and Industries, College of Agriculture and other government agencies particularly the Matalam Local Government Unit, Matalam Municipal Police Station and Matalam Rural Health Unit, is a holistic approach to address the aftercare program of the Person Who Used Drugs (PWUDS) to complete their rehabilitation program and eventually integrate them in the



community without fear or reluctance that they might go back their old ways of being engaged into drugs again.

Looking positively, the synergy of all the agencies will integrate fitness programs through basketball and volleyball tournaments with livelihood programs in skills training in basic automotive, electronics, welding among other technical skills leading to National Certificate II (NCII), and some agricultural training in fisheries will result to a more sustainable and productive recovery for PWUDS.

Objectives:

Generally, the training will provide participants the opportunity to acquire knowledge and skills on wellness and livelihood.

Specifically; after the completion of the training the participants will be able to:

- a. Increased their level of interest in sports as part of their wellness activity.
- b. Demonstrate skills in specific livelihood areas trained.
- c. Appreciate the value of sports and livelihood skills for health and well-being.

Target Beneficiaries

150 Persons Who Used Drugs from Matalam North Cotabato

Methodology

Training Methodology shall include lectures, discussions, demonstrations, and return demonstrations. Equipment and materials will be provided for an effective and productive learning experience.

Training and Management Staff

The training will be coordinated and managed by the designated personnel from the local government unit of Matalam Municipal Police Station, and the University of Southern Mindanao extensionists.

Evaluation and Recognition

To ensure the effectiveness of the training, orientation, pre-assessment, and post-assessment will be conducted. Evaluation of the activity and resource person will also be done.

Completers of the activity will be provided a certificate during the closing program of the activity.



SCHEDULE OF ACTIVITIES

TOPICS	No. of Hours/ day	Resource Speaker/In-charge
Opening program	1 hr/Day 1	Program Committee: ISPEAR Representative & PNP Representative
Orientation and Group Organizing (per skills and team),	3 hrs/Day 1	Resource Speakers
Pre-test/Questionnaire Administration	1.5 hours/Day 1	Resource Speaker
Lectures: • Common competencies • Participate in workplace communication • Working in a team environment • Practice Occupational Health & Safety • Perform mensuration and calculation • Interpret technical drawings • Use hand tools and equipment	2.5 hrs/Day 1	
Wellness Activity	2 hours/Day 2-Day 5	Tournament Organizers
Core Competencies Lectures	2 hrs/Day 2	Resource Speaker
Hands-On Training	4 hrs/Day 2	Resource Speakers
Wellness Activity & Hands-On Training	8 hrs/Day 3 - Day 4	Resource Speakers
Wellness Activity & Hands-On Training	6 hrs/Day 5	Resource Speakers
Closing Program	2 hours/Day 5	Program Committee: ISPEAR Representative & PNP Representative



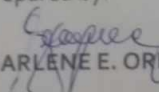
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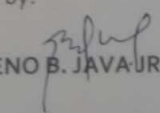
Resource Speakers/Facilitator:

Cluster 1: Poblacion	Cluster 2: Lampayan	Cluster 3: Estado
Electronics Descallar, Zherwin C. Neral, George Q	Electronics Uldarico E. Lavalie Jr	Fish Breeding: Leonila V. Papalid Stephen Dave M. Dupo Noe S. Mamon
Driving: Gomez, Roberto L.	Driving: Sajiran, Julbasar M	
Welding: Rapuza, Samson C. Sadulang, Ariel	Welding: Manuel J. Tayong Joel V. Misanes	
Automotive Servicing: Cabahug, Rene Jr. C. Karl Alvin P. Advincula		
Wellness: Vinus P. Java	Priscilla P. Dagoc	Jerum B. Elumbaring
Over-all Facilitators: Cheeze R. Janito Archie Orville F. Butal Norge D. Martinez Gladys Pearl O. Ambrocio Gennie Rey Rico		
Committee: Secretariat: Marichu A. Calixtro Janice M. Bangoy Documentation: Eduard S. Sumera		

Prepared by:


MARLENE E. ORFRECIO, Ed.D-P.E

Noted by:


MORENO B. JAVA JR. Ed.D-P.E
Dean

will also be delivered using video production, there is a need to ensure the availability of medias but not limited to LED television and speakers. A needs assessment will be done prior to the actual conduct of the extension project. Particularly on their attitude, knowledge and skills referring to sports management and being an officiating official in basketball and volleyball.

Implementation

Capacity Building

This Extension project comprises of three (3) components. The first component is to increase capacity of the participants on sports management thorough guided videos. The second component is skills training on Officiating in basketball and volleyball. Specifically, the second component will deal with skills needed when officiating a specific game. The third component focuses on assessment as totality of their acquired knowledge, skills, and attitude from the training through the conduct of their own sports tournament in basketball and volleyball.

Skills Training on Sports Management and Officiating in Basketball and Volleyball

Topic	Training Management Team	Responsibility
Sports Management	1. Priscilla Dagoc 2. Bae Kellah Landawe 3. Jemwell Francisco 4. Joanna Caryll Esponja 5. Eduard Sumera 6. Jessa Buisan And 4 BPED students	In-charge of doing the lectures through videos and guided activities. In- charge of video production for sports management In-charge for venue preparation, conduct of evaluation (training) completion report. In-charge Facilitating Registration, Documentation and Food Distribution.
Sports Officiating- Volleyball	1. Elpedio Arias 2. Kristine Abadejos 3. Allysah Macapasir 4. Mark San Pedro 5. Norge Martinez 6. Marlene Orfrecio	In-charge of doing the lectures through videos and guided activities. In- charge of video production for sports officiating- volleyball In-charge for venue

UNIVERSITY OF SOUTHERN MINDANAO
 Kabacan, Cotabato
 Philippines

INSTITUTE OF SPORTS, PHYSICAL EDUCATION AND RECREATION
Bachelor of Exercise and Sports Science (BESS)
 Major in Fitness and Sports Coaching
 Revised Curriculum based on CMO No. 81 s. 2017 and CMO No. 20 s. 2013
 BOR Res. No. 102 s. 2022, 99-D s. 2024
 Effective 1st Semester AY 2024-2025

CHED RO XII:
RECORDS SECTION
RECEIVED

First Year – First Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GE 01	Understanding the Self	3	0	3	None
GE 02	Readings in Philippine History	3	0	3	None
GE 03	The Contemporary World	3	0	3	None
ESS 01	Anatomy of Human Movements and Performance	3	0	3	None
ESS 02	Philosophical and Anthropological Foundations of Physical Education and Sports	3	0	3	None
GE 05	Purposive Communication	3	0	3	None
PE 01	PATHFit 1: Movement Competency Training	2	0	2	None
NSTP 01	Civic Welfare Training Service 1/Reserved Officers Training Corps 1	3	0	3	None
TOTAL		23	0	23	

First Year – Second Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GE 06	Art Appreciation	3	0	3	None
GE 04	Mathematics in the Modern World	3	0	3	None
GE 07	Science, Technology and Society	3	0	3	None
ESS 03	Physiology of Exercise and Physical Activity	2	3	3	ESS 01
ESS 04	Principles of Motor Control and Learning of Exercise, Sports and Dance	2	3	3	None
PE 02	PATHFit 2: Exercise-based Fitness Activities	2	0	2	PE 01
NSTP 02	Civic Welfare Training Service 2/Reserved Officers Training Corps 2	3	0	3	NSTP 01
TOTAL		21	6	20	

Second Year – First Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GE 08	Ethics	3	0	3	None
GE 09	The Life and Works of Rizal	3	0	3	None
FSC 02	Strength and Conditioning	2	3	3	ESS 03
FSC 03	Prevention and Management of Exercise and Sports Related Injuries	2	3	3	None
ESS 05	Swimming and Aquatics	1	6	3	None
FSC 01	Biomechanics	2	3	3	None
PE 03	PATHFit 3: Menu of Dance, Sports, Martial Arts, Group Exercises, Outdoor and Adventure Activities	2	0	2	PE 02
TOTAL		18	15	20	

Second Year – Second Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GEESP 03	Gender and Society	3	0	3	None
GEESP 04	The Entrepreneurial Mind	3	0	3	None
ESS 06	Individual and Dual Sports I (Racket Sports)	1	6	3	None
ESS 07	Individual and Dual Sports II (Athletics or Martial Arts)	1	6	3	None
ESS 08	Musculoskeletal Fitness/Resistance Training Methods	2	3	3	None
PE 04	PATHFit 4: Menu of Dance, Sports, Martial Arts, Group Exercises, Outdoor and Adventure Activities	2	0	2	PE 02
TOTAL		18	15	20	

Third Year – First Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GEMST 03	Living in the IT Era	3	0	3	None
FSC 04	Fundamentals of Management Practice	3	0	3	None
ESS 09	Sports and Exercise Psychology	3	0	3	None
ESS 10	Team Sports I	1	6	3	None
ESS 11	Team Sports II (Ultimate/Hand ball/Floor ball/Sepak Takraw)	1	6	3	None
FSC 05	Sports Ethics and Law	3	0	3	None
ESS 12	Ergogenics and Healthy Eating in Exercise and Sports	3	0	3	None
TOTAL		17	12	21	

Third Year – Second Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
FSC 06	Movement Education	2	3	3	None
FSC 07	Motivation and Group Dynamics	3	0	3	None
FSC 08	Cardiorespiratory Fitness / Aerobic Training Methods	2	3	3	ESS 03
ESS 13	Contemporary Issues in Exercise and Sports	3	0	3	None
ESS 14	Outdoor and Adventure Education	2	3	3	None
ESS 15	Assessment of Fitness and Sports Performance	2	3	3	None
ESS UT 01	Undergraduate Thesis A	3	0	3	Stat 01
TOTAL		17	12	21	





UNIVERSITY OF SOUTHERN MINDANAO
Kabacan, Cotabato
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INSTITUTE OF SPORTS, PHYSICAL EDUCATION AND RECREATION
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GE 03	The Contemporary World	3	0	3	None
ESS 01	Anatomy of Human Movements and Performance	3	0	3	None
ESS 02	Philosophical and Anthropological Foundations of Physical Education and Sports	3	0	3	None
GE 05	Purposive Communication	3	0	3	None
PE 01	PATHFit 1: Movement Competency Training	2	0	2	None
NSTP 01	Civic Welfare Training Service 1/Reserved Officers Training Corps 1	3	0	3	None
TOTAL		23	0	23	

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Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GE 06	Art Appreciation	3	0	3	None
GE 04	Mathematics in the Modern World	3	0	3	None
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ESS 03	Physiology of Exercise and Physical Activity	2	3	3	ESS 01
ESS 04	Principles of Motor Control and Learning of Exercise, Sports and Dance	2	3	3	None
PE 02	PATHFit 2: Exercise-based Fitness Activities	2	0	2	PE 01
NSTP 02	Civic Welfare Training Service 2/Reserved Officers Training Corps 2	3	0	3	NSTP 01
TOTAL		21	6	20	

Second Year – First Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GE 08	Ethics	3	0	3	None
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FSC 03	Prevention and Management of Exercise and Sports Related Injuries	2	3	3	None
ESS 05	Swimming and Aquatics	1	6	3	None
FSC 01	Biomechanics	2	3	3	None
PE 03	PATHFit 3: Menu of Dance, Sports, Martial Arts, Group Exercises, Outdoor and Adventure Activities	2	0	2	PE 02
TOTAL		18	15	20	

Second Year – Second Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GEESP 03	Gender and Society	3	0	3	None
GEESP 04	The Entrepreneurial Mind	3	0	3	None
ESS 06	Individual and Dual Sports I (Racket Sports)	1	6	3	None
ESS 07	Individual and Dual Sports II (Athletics or Martial Arts)	1	6	3	None
ESS 08	Musculoskeletal Fitness/Resistance Training Methods	2	3	3	None
PE 04	PATHFit 4: Menu of Dance, Sports, Martial Arts, Group Exercises, Outdoor and Adventure Activities	2	0	2	PE 02
TOTAL		18	15	20	

Third Year – First Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
GEMST 03	Living in the IT Era	3	0	3	None
FSC 04	Fundamentals of Management Practice	3	0	3	None
ESS 09	Sports and Exercise Psychology	3	0	3	None
ESS 10	Team Sports I	1	6	3	None
ESS 11	Team Sports II (Ultimate/Hand ball/Floor ball/Sepak Takraw)	1	6	3	None
FSC 05	Sports Ethics and Law	3	0	3	None
ESS 12	Ergogenics and Healthy Eating in Exercise and Sports	3	0	3	None
TOTAL		17	12	21	

Third Year – Second Semester

Course Code	Course Title	Lec Hours	Lab Hours	Unit Credit	Pre-requisite
FSC 06	Movement Education	2	3	3	None
FSC 07	Motivation and Group Dynamics	3	0	3	None
FSC 08	Cardiorespiratory Fitness / Aerobic Training Methods	2	3	3	ESS 03
ESS 13	Contemporary Issues in Exercise and Sports	3	0	3	None
ESS 14	Outdoor and Adventure Education	2	3	3	None
ESS 15	Assessment of Fitness and Sports Performance	2	3	3	None
ESS UT 01	Undergraduate Thesis A	3	0	3	Stat 01
TOTAL		17	12	21	



Curriculum or prospectus

A.3. List of Linkages established with extension-oriented agencies.

1. Philippine National Police (PNP) of Makilala and Matalam
2. Local Government of Makilala and Matalam
3. Municipal Drug Abuse Council of Matalam and Makilala
4. Barangay Council of different Barangays involved
5. Department of Social Welfare and Development (DSWD)
6. Sangguniang Kabataan (SK)

A.4. Copies of MOA or MOU with partner or collaborating GA's, NGO's and institution.



Republic of the Philippines
Province of Cotabato
MUNICIPALITY OF MAKILALA
OFFICE OF THE SANGGUNIANG BAYAN

EXCERPT FROM THE MINUTES OF THE 41st REGULAR SESSION OF THE SANGGUNIANG BAYAN OF MAKILALA, COTABATO HELD AT THE SANGGUNIANG BAYAN TEMPORARY SESSION HALL, MUNICIPAL TRIBAL BUILDING, MAKILALA, COTABATO ON THE 11th DAY OF AUGUST, 2020.

PRESENT:

Hon. Ryan D. Tabanay.....	Presiding Officer.....	Vice Mayor
Hon. Katherine D. dela Cruz, RN.....		Councilor
Hon. Cesar Rafael L. Ipong, RN.....		-do-
Hon. Rex G. Pinsoy, RN.....		-do-
Hon. Adelwisa V. Cruz.....		-do-
Hon. Rene G. Molina.....		-do-
Hon. Lutero E. Pampangan, IPMR.....		-do-
Hon. Ryl John C. Caoagdan, ABC President.....		-do-

ABSENT:

Hon. Teodoro F. Orbita.....		Councilor
Hon. William A. Apostol.....		-do-
Hon. Kristine Margret A. Malaluan.....		-do-
Hon. Kim Richard G. Migalbin, SK Fed.Pres.....		-do-

RESOLUTION NO. 327-2020

RESOLUTION AUTHORIZING HON. ARMANDO M. QUIBOD, MUNICIPAL MAYOR TO ENTER INTO A MEMORANDUM OF AGREEMENT IN BEHALF OF THE LOCAL GOVERNMENT UNIT OF MAKILALA WITH THE UNIVERSITY OF SOUTHERN MINDANAO REGARDING THE PARTNERSHIP IN VARIOUS COMMUNITY DEVELOPMENT INITIATIVES.

Presented to the body was the letter of the Municipal Mayor requesting for an authority to enter into a Memorandum of Agreement in behalf of the Local Government Unit of Makilala with the University of Southern Mindanao regarding the Partnership for various Community Development Initiatives.

WHEREAS, the University of Southern Mindanao will provide necessary experts and technologies based on the identified priority needs of the municipality for its constituents;

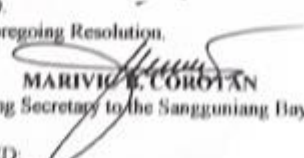
WHEREAS, the partnership of the two vital institutions, effected by the said Memorandum of Agreement is beneficial to the people of the municipality in developing various community development initiatives;

WHEREFORE, premises considered on motion of Hon. Katherine D. dela Cruz duly seconded by Hon. Rene G. Molina, the Sanggunian;

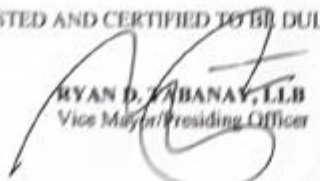
RESOLVED, as it is resolved, to authorize Hon. Armando M. Quibod, Municipal Mayor to enter into a Memorandum of Agreement in behalf of the Local Government Unit of Makilala with the University Of Southern Mindanao regarding the partnership in various Community Development Initiatives.

UNANIMOUSLY ADOPTED, August 11, 2020.

I HEREBY CERTIFY to the correctness of the foregoing Resolution.


MARIVIC E. COROTAN
Acting Secretary to the Sangguniang Bayan

ATTESTED AND CERTIFIED TO BE DULY ADOPTED:


RYAN D. TABANAY, LL.B
Vice Mayor/Presiding Officer



Republic of the Philippines
Province of Cotabato
MUNICIPALITY OF MAKILALA
OFFICE OF THE SANGGUNIANG BAYAN

EXCERPT FROM THE MINUTES OF THE 41st REGULAR SESSION OF THE SANGGUNIANG BAYAN OF MAKILALA, COTABATO HELD AT THE SANGGUNIANG BAYAN TEMPORARY SESSION HALL, MUNICIPAL TRIBAL BUILDING, MAKILALA, COTABATO ON THE 11th DAY OF AUGUST, 2020.

PRESENT:

Hon. Ryan D. Tabanay.....	Presiding Officer.....	Vice Mayor
Hon. Katherine D. dela Cruz, RN.....		Councilor
Hon. Cesar Rafael L. Ipong, RN.....		-do-
Hon. Rex G. Pinsoy, RN.....		-do-
Hon. Adelwisa V. Cruz.....		-do-
Hon. Rene G. Molina.....		-do-
Hon. Lutero E. Pampangan, IPMR.....		-do-
Hon. Ryl John C. Caongdan, ABC President.....		-do-

ABSENT:

Hon. Teodoro F. Orbita.....		Councilor
Hon. William A. Apostol.....		-do-
Hon. Kristine Margret A. Malaluan.....		-do-
Hon. Kim Richard G. Migalbin, SK Fed.Pres.....		-do-

RESOLUTION NO. 327-2020

RESOLUTION AUTHORIZING HON. ARMANDO M. QUIBOD, MUNICIPAL MAYOR TO ENTER INTO A MEMORANDUM OF AGREEMENT IN BEHALF OF THE LOCAL GOVERNMENT UNIT OF MAKILALA WITH THE UNIVERSITY OF SOUTHERN MINDANAO REGARDING THE PARTNERSHIP IN VARIOUS COMMUNITY DEVELOPMENT INITIATIVES.

Presented to the body was the letter of the Municipal Mayor requesting for an authority to enter into a Memorandum of Agreement in behalf of the Local Government Unit of Makilala with the University of Southern Mindanao regarding the Partnership for various Community Development Initiatives.

WHEREAS, the University of Southern Mindanao will provide necessary experts and technologies based on the identified priority needs of the municipality for its constituents;

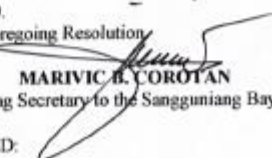
WHEREAS, the partnership of the two vital institutions, effected by the said Memorandum of Agreement is beneficial to the people of the municipality in developing various community development initiatives;

WHEREFORE, premises considered on motion of Hon. Katherine D. dela Cruz duly seconded by Hon. Rene G. Molina, the Sanggunian;

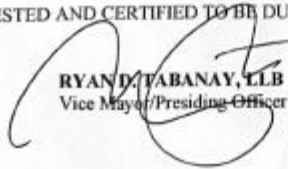
RESOLVED, as it is resolved, to authorize Hon. Armando M. Quibod, Municipal Mayor to enter into a Memorandum of Agreement in behalf of the Local Government Unit of Makilala with the University Of Southern Mindanao regarding the partnership in various Community Development Initiatives.

UNANIMOUSLY ADOPTED, August 11, 2020.

I HEREBY CERTIFY to the correctness of the foregoing Resolution


MARIVIC B. COROTAN
Acting Secretary to the Sangguniang Bayan

ATTESTED AND CERTIFIED TO BE DULY ADOPTED:


RYAN D. TABANAY, LLB
Vice Mayor/Presiding Officer

MEMORANDUM OF AGREEMENT

KNOW ALL MEN BY THESE PRESENTS:

This Memorandum of Agreement entered into and executed by:

The **Municipality of Makilala**, a local government unit with principal address at Poblacion, Makilala represented herein by the Municipal Mayor **HON. ARMANDO M. QUIBOD**, and herein after referred to as "**LGU MAKILALA**".

-and-

The **UNIVERSITY OF SOUTHERN MINDANAO**, a level IV State University, created and operating under the laws of the Republic of the Philippines with official address at USM, Kabacan, Cotabato, represented by the University President **FRANCISCO GIL N. GARCIA, Ph. D.**, hereinafter referred to as **USM**;

Jointly, **LGU MAKILALA** and the **USM** are hereinafter referred to as "**PARTNERS**".

WITNESSETH:

WHEREAS, the **LGU MAKILALA** is the lead agency in the implementation of the Kabataan Kontra Droga at Terorismo (KKDAT) program and the reformation of Person Who Use Drugs (PWUD) in their locality;

WHEREAS, the **LGU MAKILALA**, Province of North Cotabato recognizes the need of technical assistance, particularly in health and wellness activities, sports management and livelihood programs;

WHEREAS, the **USM**, through the University Extension Services Office, has technical experts and specialists who may undertake extension and research activities for the benefit of their clientele;

WHEREAS, the **USM**, through the University Extension Services Office, tapped the services of the Institute, of Sports, Physical Education and Recreation (ISPEAR) and the College of Trades and Industries (CTI) through their extension program, "**Edukasyong Pangkatawan, Pangkalusugan at Pangkabuhayan (E3P): A Community-based Intervention Program for Persons Who Use Drugs**" to spearhead in the conduct of health and wellness activities, sports management and livelihood programs with the following components;

Project 1: KKDAT: KKK (Kabataan Kontra Droga at Terorismo: Kasama, Kalinga, Kasangga)

Project 2: I-FIGHT for PWUD (Intensifying Fitness Interventions for Greater Health Transformation for Person Who Used Drugs)

Project 3: Skills Training and Livelihood

NOW THEREFORE, for and in consideration of the foregoing premises and strong commitment of the partners for communities to promote health and wellness and improve the socio-economic status of life, the partners hereby agree to join forces in the planning and management of an extension program that shall enhance the community assets and opportunities with the following provision, to wit;

I. RESPONSIBILITIES

A. The LGU MAKILALA shall:

1. *Work in tandem with USM in the administration, supervision, monitoring of USM extension and research projects/activities;*
2. *Provide funding to various wellness, sports and livelihood training activities with the amount of PhP 800,000.00 for KKDAT KKK and PhP 400,000.00 for health and livelihood training program for PWUDS.*
3. *Provide venue for the conduct of trainings and other activities as needed;*
4. *Ensure the safety of the resource persons while in their custody; and*

B. The USM shall:

1. *Provide services in the conduct of health and wellness activities and sports management and livelihood programs;*
2. *Conduct follow up activities to ensure and sustain the productive outputs of the training program; and*
3. *Acknowledge Makilala LGU in publication of output related to this project.*

II. CANCELLATION/TERMINATION

This agreement may be cancelled or terminated due to unforeseen emergencies or events beyond the control of either party. Any violation of the above stipulation of the either party may subject for pre-termination of the agreement, subject to remuneration of liability that it may incurred during the effectivity of the agreement.

III. SEPARABILITY CLAUSE

In the event that one or more provisions contained herein shall be held invalid, illegal or unenforceable in any respect and for any reason, the remaining provisions shall remain valid, legal and enforceable.

IV. EFFECTIVITY OF THE AGREEMENT

This Memorandum of Agreement shall take effect upon the Parties set their signatures on this document and shall remain in effect from September 2020 up to December 2020 unless otherwise revoked/amended by the parties of this Agreement.

IN WITNESS WHEREOF, the parties, through their representatives, have hereunto set their hands on this ___ day of ___ 2020 at the University Extension Services Office, Kabacan, Cotabato Philippines.

MUNICIPALITY OF MAKILALA

UNIVERSITY OF SOUTHERN MINDANAO

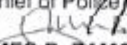

HON. ARMANDO M. QUIBOD
Municipal Mayor


FRANCISCO GIL N. GARCIA, Ph. D.
USM President

WITNESSED BY:


PMAJ. ARNIEL O. MELOCOTONES
Chief of Police Makilala


JUDY L. GARCIA, Ed. D. - PE
Dean, ISPEAR


JAMES B. ZAMORA
MADAC Focal Person


SOLOMON L. PRESTO, MATIA
Dean, CTI

ACKNOWLEDGMENT

REPUBLIC OF THE PHILIPPINES)
_____) S.S.

CITY OF RIDACATEAT
BEFORE ME, a notary public for and in the Municipality of _____, Province
of _____ this _____ day of _____, 2020, personally appeared:

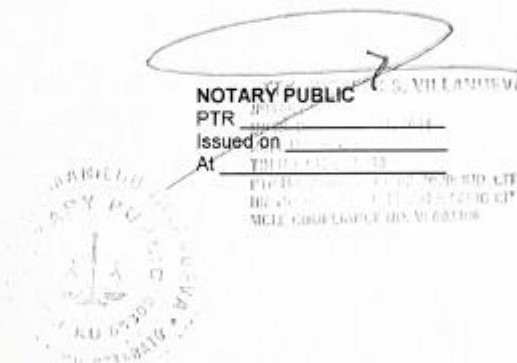
Name	ID No. /CTC	Date Issued	Place Issued
HON. ARMANDO M. QUIBOD	09438550	01-10-2020	MTD. MARALIA
FRANCISCO GIL N. GARCIA, Ph.D.	_____	_____	_____

All known to me to be the same persons who executed the foregoing instrument and they
acknowledged to me that the same is their free and voluntary acts and deeds.

This instrument pertains to the Memorandum of Agreement consisting of three (3) pages,
including this page where the Acknowledgment is written and all the attachments hereof, and
which has been signed by the parties together with their witnesses, on each and every page.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed my Notarial Seal at
the place and the date stated above.

Doc. No. 101
Page No. 22
Book No. VIII
Series of 102





Republic of the Philippines
UNIVERSITY OF SOUTHERN MINDANAO
Kabacan, Cotabato
ols@usm.edu.ph

OFFICE OF LEGAL SERVICES

July 16, 2024

FRANCISCO GIL N. GARCIA, PhD

President

University of Southern Mindanao

Kabacan, Cotabato

RE: Approval of the "MEMORANDUM OF AGREEMENT" with the MATALAM LOCAL GOVERNMENT.

Recommended Action: For the signing of the "MEMORANDUM OF AGREEMENT".

Sir:

I recommend the signing of this attached "MEMORANDUM OF AGREEMENT" (MOA) with the MATALAM LOCAL GOVERNMENT to collaborate and cooperate in non-formal education, health and wellness, skills acquisition and enhancement, and capability building for community development within its area of responsibility. Their purpose, objectives, and provisions stipulated in the "MEMORANDUM OF AGREEMENT" are not violative of any existing laws, rules, or regulations of the University and the Republic of the Philippines. Moreover, this MOA has already been confirmed by the Board of Regents by virtue of Board Resolution No. 16-M.

Very truly yours,


ATTY. MARIONA JOHN C. SETO
Attorney IV
Office of the Legal Services

**"UNITY IN DIVERSITY AND
SUSTAINABLE DEVELOPMENT IN
MINDANAO THROUGH QUALITY AND RELEVANT EDUCATION."**





MEMORANDUM OF AGREEMENT

KNOW ALL MEN BY THESE PRESENTS:

This Memorandum of Agreement (MOA) is entered into by and between:

The **MATALAM LOCAL GOVERNMENT UNIT (LGU)**, a local government unit with a principal address at Poblacion Matalam, represented herein by the Municipal Mayor **HON. OSCAR M. VALDEVIESO** hereinafter referred to as "**FIRST PARTY**"

---and---

The **UNIVERSITY OF SOUTHERN MINDANAO (USM)**, former Mindanao Institute of Technology (MIT), a level IV State University, created and existing under and by virtue of the laws of the Republic of the Philippines, with office and postal address at Kabacan, Cotabato herein represented by its President, **FRANCISCO GIL N. GARCIA, Ph.D.**, hereinafter referred to as "**SECOND PARTY**".

WITNESSETH:

WHEREAS, both parties are committed in recognizing the complementary nature of the programs of the Matalam Local Government Unit – Philippines and the University of Southern Mindanao to define the roles, responsibilities, and procedures for collaboration, and cooperation and terms of engagement between Matalam Local Government Unit – Philippines and the University of Southern Mindanao for technical assistance; particularly, in the non-formal education, health, and wellness, skills acquisition and enhancement, and capability building for community development within its area of responsibility.

NOW THEREFORE, for and in consideration of the foregoing premises and strong commitment of the partners, agree on the following terms and conditions with the following provisions, to wit:

I. ROLES AND RESPONSIBILITIES

The Matalam LGU shall:

- A. lead in the conduct of social preparation and mobilization activities in targeted communities or project areas.
- B. lead in the coordination of Barangay Local Government Unit/Municipal Local Government Unit.
- C. organize and support the implementation, assessments, and evaluations of the project.
- D. provide logistics arrangements i.e., transportation, accommodation, travel and fieldwork support, venue, meals, and materials for capacity-building activities and other necessary needs.
- E. lead, support and assist in the development and production of knowledge products.
- F. implement, supervise, monitor, and assess the progress of the project.
- G. conduct a series of meetings with partners for the updates and status of the project implementation.
- H. share data, reports, and information with partners on the identified areas of the project implementation.

LGU- Matalam by:

HON. OSCAR M. VALDEVIESO
Mayor

USM by:

FRANCISCO GIL N. GARCIA, PhD
SUC President IV



- I. provide technical inputs for the partner project implementation and sustainability.
- J. support the finalization of project reports.

The University of Southern Mindanao (USM):

The University of Southern Mindanao (USM) shall be working with the Matalam Local Government Unit and project rightsholders and provide technical support in the implementation of its development. The following units in the University shall have the following responsibilities:

The Institute of Sports Physical Education and Recreation (ISPEAR) shall;

1. provide services on wellness programs/activities, consultancy in sports and fitness-related activities;
2. coordinate with the other colleges for the services related to their respective expertise.

The College of Agriculture (CA) shall:

1. provide training in the production and management of crops like vegetable, sugarcane, corn, rice, and plantation crops (rubber, coconut, oil palm, banana), livestock, and fisheries;
2. provide expert services in plant breeding and tissue culture;
3. assist in soil fertility management.

The College of Arts and Social Sciences (CASS) shall:

1. provide expert services in the development of intellectual capabilities, skills, and the right attitude through training, symposiums, and forums.

The College of Human Ecology and Food Sciences (CHEFS) shall;

1. provide expert services in nutrition and dietetics, food technology, hotel and restaurant management, travel management, and tourism through seminars, training, and consultancy.

The College of Trades and Industries (CTI) shall;

1. provide expert services in various technical skills such as basic automotive, electronics, welding, hollow block making, and other related areas.

II. ETHICAL CONDUCT OF EXTENSION ACTIVITIES

The **FIRST PARTY** has the responsibility of ensuring that the conduct of the activities is in accordance with ethical standards especially those affecting vulnerable and marginalized sectors and communities.

III. DATA PRIVACY

The collection, processing, and use of any personal information in relation to this agreement shall be undertaken in accordance with RA 10173 (*Data Privacy Act of 2012*), its Implementing Rules and Regulations, and issuances of the National Privacy Commission. The Parties shall enter into a separate Data Sharing Agreement as may be necessary to implement this requirement.

LGU- Matalam by:

HON. OSCAR M. VALDEVIESO
Mayor

FRANCISCO GIL N. GARCIA, PhD
SUC President IV

USM by:



IV. TERMINATION AGREEMENT OR NOTICE

Any party may issue a notice of intent to terminate the grant agreement for justifiable cause subject to approval of all parties concerned.

V. SEPARABILITY CLAUSE

In the event that one or more provisions contained herein shall be held invalid, illegal or unenforceable in any respect and for any reason, the remaining provisions shall remain valid, legal, and enforceable.

VI. DOCUMENTS COMPRISING THIS AGREEMENT

All appendices hereto attached are hereby expressly made an integral part of this agreement by reference, excluding inconsistencies with any/ all part, terms, and conditions contained in this Memorandum of Agreement.

VII. AMENDMENTS

No amendment or modification of any of the terms and conditions of this Agreement shall be valid unless evidenced by a written Agreement executed by the parties respective authorized representatives.

VIII. ARBITRATION CLAUSE

If any dispute or difference of any kind whatsoever shall arise between the parties in connection with the implementation of this Agreement, the parties shall make an effort to resolve such dispute or difference by mutual agreement. Accordingly, the parties may resort to court only after all efforts to settle the dispute amicably have been exhausted.

IX. BINDING EFFECT

The agreement shall be effective immediately upon signing hereof and shall remain in full force and effect for the duration of the activities under this Agreement unless sooner terminated in writing by either of the parties with written consent from the other party.

HON. OSCAR M. VALDEVIESO
Mayor

LGU - Matalam 11/1/24

FRANCISCO GIL N. GARCIA, PhD
SUC President IV

USM by:



IN WITNESS WHEREOF, the parties hereunto have affixed their respective signatures this _____ day of _____, 2024, at _____, Philippines.

LOCAL GOVERNMENT OF MATALAM
First Party

UNIVERSITY OF SOUTHERN MINDANAO-Kabacan
Second Party

By:

By:

HON. OSCAR M. VALDEVIESO
Officer-In-Charge

FRANCISCO GIL N. GARCIA, PhD
SUC President IV

SIGNED IN THE PRESENCE OF:

URDUJA G. NACAR, Ed.D
Dean - CHEFS

NORGE D. MARTINEZ, Ed.D-P.E
Dean - ISPEAR

MANUEL L. TAYONG, PhD
Dean- CTI

EFREN E. MAGULAMA, PhD
Dean - CA

CLAIRE JOY L. FAELDONIA, RSW
SWO III/OIC-MSWDO

MARLYN A. RESURRECCION, PhD
Dean-CASS

PLTCOL ARNIEL C MELOCOTONES
Chief of Police-Matalam

GLYN G. MAGBANUA, PhD
Director-Extension Services Office

DEBBIE MARIE B. VERZOSA, PhD
VP for Research, Development, and Extension

IMPC